

Southeast C.A.R.E. Network Meeting

"Coordinated Access to Resources Electronically"



Meeting Topic: Moral Distress within Staff during the COVID-19 Pandemic

Date (Time): Wednesday, May 20, 2020 (2:00 - 3:00 pm)

Videoconference Meeting Link: <https://providencecare.webex.com/meet/elliots1>

Time	Agenda Items	Facilitator
2:00-2:10 pm	Welcome & Introductions <ul style="list-style-type: none">Overview of the Previous MeetingSharing in Chat:<ul style="list-style-type: none">➤ <i>"How have you increased resident engagement through the implementation of activities & approaches discussed in the last C.A.R.E. meeting?"</i>Review Meeting Agenda	Kelly Davies Psychogeriatric Resource Consultant Providence Care
2:10-2:40 pm	Moral Distress within Staff during the COVID-19 Pandemic <ul style="list-style-type: none">Scenarios (see attached quotes below)Building Resilience	Neil Elford Director of Spiritual Health, Mission & Ethics Providence Care
2:40-2:50 pm	Follow-up Discussion	Neil Elford
2:55-3:00 pm	<u>Closing Remarks</u> <ul style="list-style-type: none">Next Meeting Date: June 3, 2020	Kelly Davies

Moral Distress Caregiver Quotes:

- "We're not able to provide the level of care that we are used to due to COVID restrictions. There is an increasing gap between what we can do and what we believe we should do as health care providers in LTC. I am not sure that I want to stay in this career after everything settles."
- "I have been having difficulty sleeping at night, because I can't stop thinking about how I can balance the needs of my loved ones with the needs of patients. I also worry that I am potentially causing harm to my family by coming home from work every day?"
- "I find it really challenging when I see when I see a resident or family struggle to cope because of visitor restrictions. I know that we need social distancing to happen, however, I don't know how many more times I can watch a resident dying alone."
- "I love being a PSW and have had to privilege to care for and build relationships with many amazing individuals for over the past 20 years. It really bothers me that I now currently dread going to work, because I know that every shift we will be short staffed, I will be asked to work extra shifts and I probably will be reassigned to an area where I am not familiar with the residents. Many people currently do not have jobs, so I shouldn't be complaining about my work environment."