

Supporting the Sexual Health of People with Dementia Online Program

Frequently Asked Questions

Why should I complete the online program?

Supporting sexual health is part of providing holistic care for older adults with dementia. This program helps you strengthen your skills and confidence in discussing, advocating for, and assessing sexual health and responsive sexual behaviours using a person-centred approach.

What will I learn?

Module 1 explores how dementia can affect the way people communicate their unmet needs, debunks myths and stereotypes, about sexuality and dementia.

Module 2 focuses on effective communication with long-term care (LTC) home residents about their sexual needs and guides learners to apply best practice principles to support residents' sexual health.

Module 3 supports understanding and responding to the responsive sexual behaviours of residents living in LTC homes, including identifying helpful tools and resources for observing and assessing these behaviours.

Where can I go to complete the online program?

The program can be accessed online, by a computer, tablet, or smart phone.

There are two platforms through which it can be accessed:

AlZeducate.ca is a platform hosted by the Alzheimer Society of Ontario. To access it, you will need to create a free account. Once logged in, the program can be found under the Education tab, under Courses for Health Care Providers. As the courses must be completed in order, select Dementia and Sexuality: An Introduction to start. Upon completion, you will be provided with a code to unlock the next module.

For those who are part of an organization with a [Surge Learning](#) subscription, the program can be accessed in the course library, under Behavioural Supports Ontario Provincial Coordinating Office.



Learn more and access the program at brainXchange.ca/BSOSexualHealth



Is the program available in French?

Module 1 of the program, Dementia and Sexuality: An Introduction, is available fully in French. On ALZeducate and Surge, it can be accessed as an independent course, separate from the English stream.

For modules 2 and 3, only the accompanying resources are currently translated. These can be accessed within the English versions of the course or by e-mailing us at provincialbso@nbrhc.on.ca.

Are there any prerequisites for the program?

As Modules 2 and 3 reference the PIECES framework and acronym, we encourage learners to complete the [PIECES Learning & Development Program](#) or [U-First](#) prior to completing module 2 of the online program.

Do I have to complete each module in order?

Yes. The modules were created to build on one another. Module 1 provides foundational knowledge which is required for the remaining two courses. Module 2 provides guidance on effectively and respectfully discussing sexual health, which is a necessary skill to have before assessing responsive sexual behaviours the focus of module 3.

Additionally, the case studies follow the same characters across modules. Moving through the program in order helps their stories make sense and gives you the context needed to critically reflect on each scenario.

How can I access the accompanying resources?

Modules 2 and 3 include accompanying resources designed to help you put your learning into practice. These resources are embedded directly within the modules and can be accessed from within the course. On ALZeducate they can also be accessed in the course shell, which is the main landing page for each module, and on Surge Learning they can also be found in the program stream prior to entering each course.



Behavioural Supports Ontario
Soutien en cas de troubles du comportement en Ontario

Provincial Coordinating Office, North Bay Regional Health Centre
Bureau de coordination provincial, Centre régional de santé de North Bay

BSO Provincial Coordinating Office:



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