

1. See the Person First

I will focus on the person's wholistic well-being by respecting the role of culture and other influences such as personal experiences and the environment.



2. Build Trusting Relationships

I will be open and compassionate about each person's unique experiences and establish a trusting relationship by honouring what matters to them and their care partners.



3. Consider All Forms of Communication

I will develop a strong understanding of the person's health condition(s) and consider verbal and non-verbal means of communication (e.g. responsive behaviours / personal expressions, body language) to be forms of meaningful communication.



4. Advocate for Person-Centred Language

I will continuously reflect on and advocate for person-centred language and its potential impacts. I will be open to discussions regarding language choices for myself and others, respectfully challenge those that are not person-centred and celebrate positive language choices.



A most heartfelt thanks to the Person-Centred Language Initiative Expert Panel for their thoughtful contributions.