

My
**Personhood
Summary**



About My Past

Blank space for writing about the past.

Birthday:

Language(s):

Who I Am Now

Blank space for writing about the present self.

Important People and/or Pets

Blank space for writing about important people and pets.

My Preferences

Sleep & Wake

Blank space for writing preferences related to sleep and wake.

Meals & Mealtime

Blank space for writing preferences related to meals and mealtime.

Activities & Interests

Blank space for writing preferences related to activities and interests.

**Social
Preferences**

Blank space for writing social preferences.

**Emotional
Preferences**

Blank space for writing emotional preferences.

**Environmental
Preferences**

Blank space for writing environmental preferences.

**Other things you
should know**

Blank space for writing other things you should know.