

# Therapeutic Equipment & Supplies for Supporting People with Responsive Behaviours

Category	Examples of Equipment & Supplies
<b>Multisensory Stimulation</b>	<p><b>Visual:</b></p> <ul style="list-style-type: none"><li>Bubble tubes, fiber optic light curtains, light therapy products (lamps, tables, filters), other dynamic lighting, projectors, virtual simulation therapy (videos, storybooks)</li></ul> <p><b>Tactile:</b></p> <ul style="list-style-type: none"><li>Blanket warmers, body pillows, fidget aprons, fiber optics, hand massage products (hand cream, manicure kit, etc.), interactive panels, putty, rummaging cupboard, tactile books, textile / interactive boards (latches, switches, buttons, zippers, locks), vibrating foot slippers, vibrating pillows, weighted blankets, lap-pads</li></ul> <p><b>Auditory:</b></p> <ul style="list-style-type: none"><li>Music products (see below), noise dampening textiles, noise-off headset, pillow speaker, pocket-talkers, sensory chair, sound machines, virtual assistant technology, wooden sound puzzles</li></ul> <p><b>Gustatory &amp; Olfactory:</b></p> <ul style="list-style-type: none"><li>Baking supplies, bath / spa supportive materials, cotton balls, essential oils, essential oil diffusers, herbal teas, lotions, spices</li></ul>
<b>Doll, Pet &amp; Robot-Assisted Interactions</b>	<ul style="list-style-type: none"><li>Bassinets, blankets, bottles, strollers, baby clothing in doll sizes</li><li>Dolls, robotic animals, therapeutic robots</li><li>Pet brush and food bowls</li><li>Plush / stuffed animals</li><li>Retractable clotheslines, laundry baskets, clothespins and clothespin bags</li></ul>
<b>Horticulture</b>	<ul style="list-style-type: none"><li>Raised gardens</li><li>Planting/gardening supplies for indoors and outdoors</li><li>Faux flowers, silk plants, vases, foam planters</li></ul>



Find practical implementation strategies for using therapeutic equipment and supplies within:

- [Behavioural Supports 5 STaR Programs: Specialized Training and Resources](#)
- [Clues, Causes and Care to Consider for Responsive Behaviours](#)
- [Meaningful Engagement Resource Guide: Evidence-based activities for older adults](#)



Behavioural Supports Ontario  
Soutien en cas de troubles du comportement en Ontario

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Retained Ability	<ul style="list-style-type: none"> <li>• Busy / fidget boards</li> <li>• Cleaning kits / kitchen utensils</li> <li>• Communication tools (whiteboard, flip cards)</li> <li>• Fake money, receipts, envelopes, stamps, and ink</li> <li>• Mental aerobics games, flash cards, sorting activities, matching activities</li> <li>• Montessori readers</li> <li>• Puzzles &amp; puzzle tables/mats, round mazes, seriation products, sorting activities</li> <li>• Sequencing gel pads</li> </ul>
Creative Expressions	<ul style="list-style-type: none"> <li>• Therapeutic art supplies:</li> <li>• Adult colouring books &amp; colouring / drawing supplies</li> <li>• Beading supplies</li> <li>• Hairdressing mannequin and hair supplies (brush/comb, curlers, clips, etc.)</li> <li>• Knitting needles / crocheting hooks and yarn</li> <li>• Painting supplies</li> <li>• Photo albums, scrapbooking material</li> <li>• Quilting material</li> <li>• Sewing kits / machines</li> <li>• Woodworking kits / sandpaper blocks and wood</li> </ul>
Movement / Physical Activity	<ul style="list-style-type: none"> <li>• Adapted sports kits/ equipment</li> <li>• Beach balls, bean bags, pool noodles, therabands / tubes, yoga blocks,</li> <li>• Game tables</li> <li>• Therapeutic Exercise Equipment (group or individual)</li> </ul>
Technology	<ul style="list-style-type: none"> <li>• Cameras</li> <li>• Movie players, connections/adaptors to stream from tablet/laptop</li> <li>• Tablets and therapeutic programming applications</li> <li>• Video games &amp; systems</li> <li>• Videos (DVDs, streaming subscriptions)</li> <li>• Virtual reality equipment</li> </ul>



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<b>Therapeutic Environment Design Enhancement</b>	<ul style="list-style-type: none"> <li>• Door wraps / diversion doors</li> <li>• Low shine floor wax</li> <li>• Paint, textured wallpaper</li> <li>• Painting / mural development, exit disguising equipment and supplies for residents' room entrances, hallways, bathrooms, bathing/shower rooms, dining rooms, home entrances, multisensory rooms, and other common spaces</li> <li>• Way-finding material and signage</li> </ul>
<b>Activities of Daily Living</b>	<p><b>Personal Care and Bathing:</b></p> <ul style="list-style-type: none"> <li>• Long-handled sponge</li> <li>• No-rinse soap</li> <li>• Shower/bath capes or cover-ups</li> <li>• Towel warmer</li> <li>• Waterproof dolls</li> </ul> <p><b>Personal Grooming:</b></p> <ul style="list-style-type: none"> <li>• Built-up grooming tools (toothbrush &amp; hairbrush)</li> <li>• Dressing</li> <li>• Button hook and zipper pull</li> <li>• Dressing stick/reacher</li> <li>• Long-handled show horn</li> <li>• Sock aid</li> </ul> <p><b>Eating:</b></p> <ul style="list-style-type: none"> <li>• Adapted utensils (built up, weighted, or angled handles)</li> <li>• Colourful Dishware</li> <li>• Plate guards</li> <li>• Non-skid/non-slip mats for under plates and bowls</li> <li>• Nosey cup</li> </ul>

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Additional support in the selection of products is available. Please contact us at [provincialBSO@nbrhc.on.ca](mailto:provincialBSO@nbrhc.on.ca).



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