Therapeutic Equipment & Supplies for Supporting People with Responsive Behaviours

Category	Examples of Equipment & Supplies
Multisensory Stimulation	**Visual:** • Bubble tubes, fiber optic light curtains, light therapy products (lamps, tables, filters), other dynamic lighting, projectors, virtual simulation therapy (videos, storybooks) **Tactile:** • Blanket warmers, body pillows, fidget aprons, fiber optics, hand massage products (hand cream, manicure kit, etc.), interactive panels, putty, rummaging cupboard, tactile books, textile / interactive boards (latches, switches, buttons, zippers, locks), vibrating foot slippers, vibrating pillows, weighted blankets, lap-pads **Auditory:** • Music products (see below), noise dampening textiles, noise-off headset, pillow speaker, pocket-talkers, sensory chair, sound machines, virtual assistant technology, wooden sound puzzles **Gustatory & Olfactory:** • Baking supplies, bath / spa supportive materials, cotton balls, essential oils, essential oil diffusers, herbal teas, lotions, spices
Doll, Pet & Robot-Assisted Interactions	• Bassinets, blankets, bottles, strollers, baby clothing in doll sizes • Dolls, robotic animals, therapeutic robots • Pet brush and food bowls • Plush / stuffed animals • Retractable clotheslines, laundry baskets, clothespins and clothespin bags
Horticulture	• Raised gardens • Planting/gardening supplies for indoors and outdoors • Faux flowers, silk plants, vases, foam planters

Find practical implementation strategies for using therapeutic equipment and supplies within:

- Behavioural Supports 5 STaR Progams: Specialized Training and Resources
- Clues, Causes and Care to Consider for Responsive Behaviours
- Meaningful Engagement Resource Guide: Evidence-based activities for older adults

Behavioural Supports Ontario
Soutien en cas de troubles du comportement en Ontario
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Category	Examples of Equipment & Supplies
Retained Ability	• Busy / fidget boards • Cleaning kits / kitchen utensils • Communication tools (whiteboard, flip cards) • Fake money, receipts, envelopes, stamps, and ink • Mental aerobics games, flash cards, sorting activities, matching activities • Montessori readers • Puzzles & puzzle tables/mats, round mazes, seriation products, sorting activities • Sequencing gel pads
Creative Expressions	• Therapeutic art supplies: • Adult colouring books & colouring / drawing supplies • Beading supplies • Hairdressing mannequin and hair supplies (brush/comb, curlers, clips, etc.) • Knitting needles / crocheting hooks and yarn • Painting supplies • Photo albums, scrapbooking material • Quilting material • Sewing kits / machines • Woodworking kits / sandpaper blocks and wood
Movement / Physical Activity	• Adapted sports kits/ equipment • Beach balls, bean bags, pool noodles, therabands / tubes, yoga blocks, • Game tables • Therapeutic Exercise Equipment (group or individual)
Technology	• Cameras • Movie players, connections/adaptors to stream from tablet/laptop • Tablets and therapeutic programming applications • Video games & systems • Videos (DVDs, streaming subscriptions) • Virtual reality equipment

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Category	Examples of Equipment & Supplies
Therapeutic Environment Design Enhancement	• Door wraps / diversion doors • Low shine floor wax • Paint, textured wallpaper • Painting / mural development, exit disguising equipment and supplies for residents' room entrances, hallways, bathrooms, bathing/shower rooms, dining rooms, home entrances, multisensory rooms, and other common spaces • Way-finding material and signage
Activities of Daily Living	**Personal Care and Bathing:** • Long-handled sponge • No-rinse soap • Shower/bath capes or cover-ups • Towel warmer • Waterproof dolls **Personal Grooming:** • Built-up grooming tools (toothbrush & hairbrush) • Dressing • Button hook and zipper pull • Dressing stick/reacher • Long-handled show horn • Sock aid **Eating:** • Adapted utensils (built up, weighted, or angled handles) • Colourful Dishware • Plate guards • Non-skid/non-slip mats for under plates and bowls • Nosey cup

Prepared by the Behavioural Supports Ontario Provincial Coordinating Office in collaboration with:

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Additional support in the selection of products is available. Please contact us at provincialBSO@nbrhc.on.ca.

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