

Get to Know Me!

The importance of personhood in tailoring approaches to prevent or reduce responsive behaviours/ personal expressions.

Get to Know Me!

My wife Marla and I were married 53 years and share 4 children and 7 grandchildren.

Call me José!

I speak Spanish and English.

I am a retired accountant.

I like listening to Spanish music!

I love to salsa dance.

Holding the rosary brings me comfort.

By understanding my personhood, you can tailor your approach to prevent or reduce responsive behaviours / personal expressions.

Contact Us
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@BSOprovOffice

brainXchange
Behavioural Supports Ontario
Soutien en cas de troubles du comportement en Ontario

We want to hear from you!

Developed by: Behavioural Supports in Acute Care Collaborative

What are responsive behaviours/ personal expressions?



- Associated with dementia, complex mental health, substance use and/or other neurological conditions.
- Words or actions that are a form of meaningful communication, often in response to unmet needs.
- Result of changes in the brain that may be affecting mood, judgment, perception and memory and/or changes in the person's environment

(Alzheimer Society of Canada, 2019; Behavioural Supports Ontario, n.d.).



Responsive Behaviours/Personal Expressions



4	Vocal Expressions (Repetitive)
<input type="checkbox"/> Crying	<input type="checkbox"/> Questions
<input type="checkbox"/> Grunting	<input type="checkbox"/> Requests
<input type="checkbox"/> Humming	<input type="checkbox"/> Sighing
<input type="checkbox"/> Moaning	<input type="checkbox"/> Words
<input type="checkbox"/> Other:	

5	Motor Expressions (Repetitive)
<input type="checkbox"/> Banging	<input type="checkbox"/> Grinding teeth
<input type="checkbox"/> Collecting/Hoarding	<input type="checkbox"/> Pacing
<input type="checkbox"/> Disrobing	<input type="checkbox"/> Rattling
<input type="checkbox"/> Exploring/Searching	<input type="checkbox"/> Rocking
<input type="checkbox"/> Fidgeting	<input type="checkbox"/> Rummaging
<input type="checkbox"/> Other:	

6	Sexual Expression of Risk
<input type="checkbox"/> Explicit sexual comments	
<input type="checkbox"/> Public masturbation	
<input type="checkbox"/> Touching others - genitals	
<input type="checkbox"/> Touching others - non-genitals	
<input type="checkbox"/> Other:	

7	Verbal Expression of Risk
<input type="checkbox"/> Insults	<input type="checkbox"/> Swearing
<input type="checkbox"/> Screaming	<input type="checkbox"/> Threatening
<input type="checkbox"/> Other:	

8	Physical Expression of Risk
<input type="checkbox"/> Biting	<input type="checkbox"/> Punching
<input type="checkbox"/> Choking others	<input type="checkbox"/> Pushing
<input type="checkbox"/> Grabbing	<input type="checkbox"/> Scratching
<input type="checkbox"/> Hair pulling	<input type="checkbox"/> Self-injurious
<input type="checkbox"/> Hitting	<input type="checkbox"/> Slapping
<input type="checkbox"/> Kicking	<input type="checkbox"/> Spitting
<input type="checkbox"/> Pinching	<input type="checkbox"/> Throwing
<input type="checkbox"/> Other:	

(DOS Working Group, 2019)



What is personhood and why is it important?

- ‘Personhood’ refers to information about a person which ultimately leads to recognition, respect and trust that is given from one person to another within a caring relationship (Kitwood, 1997; McCormack & McCance, 2017).
- Knowing the individual as a unique person is an essential part of providing person and family-centred care (RNAO, 2015).
- Knowing the individual’s history, likes, dislikes, interests and usual routines is essential in order for clinical teams to find the meaning behind responsive behaviours/personal expressions (RNAO, 2016).



Meet José!



Utilizing Personhood Information



- How is personhood information collected and shared within the organization?
- How have you used personhood information in caring for your patients?
- What could you do today to utilize personhood information for one of your patients?



Want to learn more?

 brainxchange.ca/BSO

Behavioural Education and Training Supports Inventory (BETSI)

- Delirium, Dementia, and Depression in Older Adults
- DementiAbility Methods
- Geriatric Essentials E-Learning Modules
- Gentle Persuasive Approaches (GPA)
- LIVING the Dementia Journey
- Mental Health First Aid for Seniors
- P.I.E.C.E.S.™ Learning and Development Program
- U-First!
- Validation Communication



We want your feedback!

- Use the QR code on the 'My Behaviour Has Meaning!' poster to provide feedback on the poster and the QR code below to provide feedback on today's session.
- Your confidential input will be added to others' and be provided to the Behavioural Supports in Acute Care Collaborative. This helps us know the value in this type of education and will help inform any future updates.

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SCAN ME



Wrap Up

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References

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- DOS Working Group. (2019). *Behavioural Supports Ontario-Dementia Observation System (BSO-DOS®) Resource Manual: Informing Person and Family-Centred Care through Objective and Measurable Direct Observation Documentation*. Behavioural Supports Ontario. <https://brainxchange.ca/Public/BSO/Files/DOS/BSO-DOS-Resource-Manual-FINAL-May-2019.aspx>
- Kitwood, T. (1997). *Dementia Reconsidered: The Person Comes First*. Open University Press.
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- Registered Nurses' Association of Ontario. (2015). *Clinical Best Practice Guidelines Person- and Family-Centred Care*. https://rnao.ca/sites/rnao-ca/files/FINAL_Web_Version_0.pdf
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