

# Your Approach Matters!

Reduce distractions

Be adaptable and creative

Introduce yourself each time

Use a calm tone

Smile  
(with your eyes!)

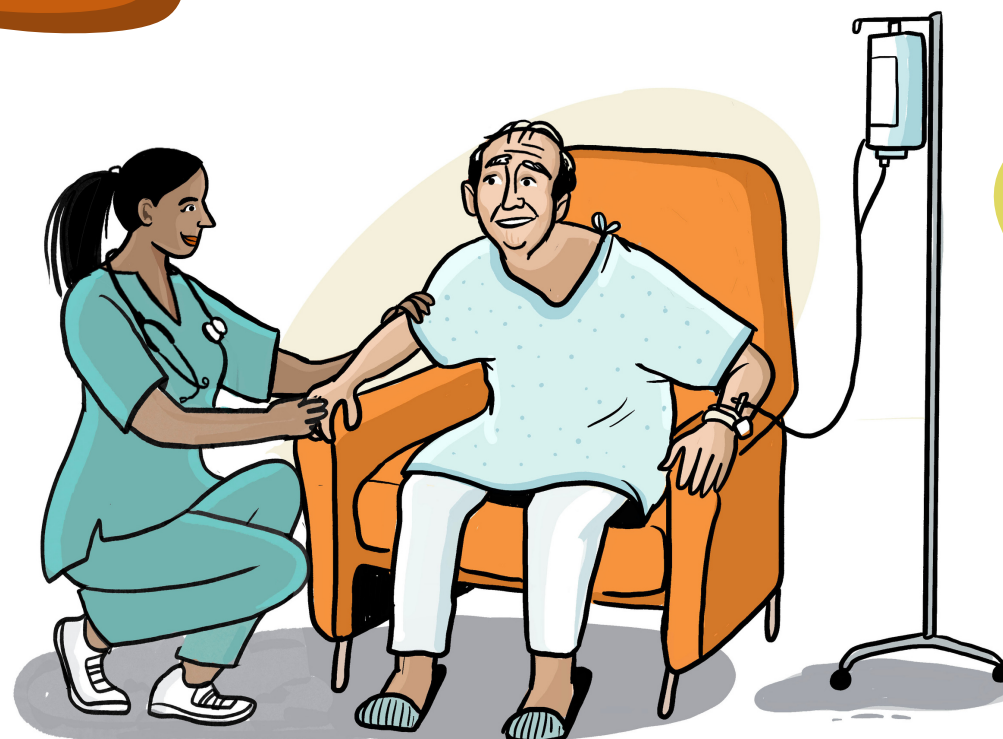
Use visual cues

Use simple phrases

Explain step by step

Validate emotions

Take your time



**Being intentional in your approach  
may prevent or reduce  
responsive behaviours / personal expressions.**

## Contact Us

✉ provincialBSO@nbrhc.on.ca  
🌐 brainxchange.ca/BSO  
🐦 @BSOprovOffice



brainXchange

Behavioural Supports Ontario  
Soutien en cas de troubles du comportement en Ontario

We want to  
hear from you!

