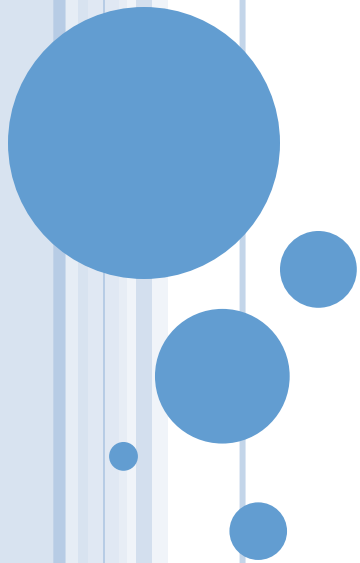


**THE SOUTH EAST  
LHIN - BSS:  
NEW PROJECTS ON  
THE HORIZON**



# AGENDA

## ○ **The Virtual Lived Experience Network**

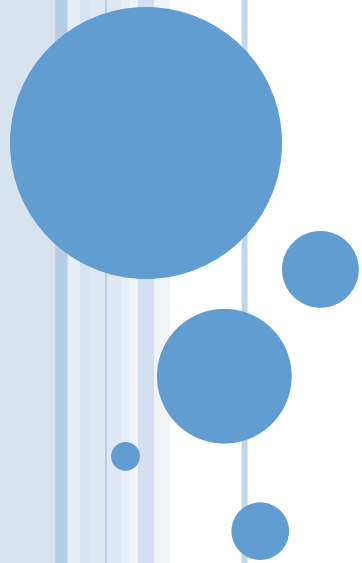
- What is it and Who runs it?
- Why? What are the benefits?
- Progress (so far)
- Moving Forward
- Contact info

## ○ **The South East Knowledge Translation & Exchange Network**

- What is it and Who runs it?
- Why?
- Tour of the site
- Progress (so far)
- Moving Forward and Contact info



# THE VIRTUAL LIVED EXPERIENCE NETWORK



# THE VIRTUAL LIVED EXPERIENCE NETWORK – WHO?

- As a result of feedback provided by local BSS teams and through a partnership between Behavioural Support Services of South East Ontario (SEO) and the SEO Alzheimer Societies, a network has been created to provide an avenue to hear “real” people who use our services and discover – together, what is needed.
- This network is being coordinated by **Sharon Osvald** - an elder care advocate, the daughter of a mother with dementia and author of [mymotherscaregiver.com](http://mymotherscaregiver.com) blog.



# THE VIRTUAL LIVED EXPERIENCE NETWORK – WHAT?

- This network will provide a **voice of advocacy** for care partners across South Eastern Ontario.
- We believe that in order to create meaningful services and supports for care partners and those diagnosed, the voice and experience of those who are meant to use the service must be heard.
- This includes “the good, the bad and the ugly” stories of those who have lived through it and want to make a better experience for those who come after them.



# THE VIRTUAL LIVED EXPERIENCE NETWORK – WHY?

- Benefits to the system
- Benefits to the care partner
- Benefits to clients (both now and in the future)



# THE VIRTUAL LIVED EXPERIENCE NETWORK – BENEFITS TO SYSTEM

- Create partnerships and draws on the experience of the regional Alzheimer Societies to develop a collaborative partnership between all five SE Alzheimer Societies for the recruitment and development of those who wish to share their experience and give suggestions.
- Design and implementation of BSO projects, education, training and capacity enhancement of BSO staff are enhanced when involving those with lived experience.
- The evaluation process is enhanced and provides a true reflection of experiences.



# THE VIRTUAL LIVED EXPERIENCE NETWORK – BENEFITS TO THE CARE PARTNER

- Care partners of those experiencing responsive behaviours as a result of a dementia or other related diagnoses often report that:
  - They don't know where to find answers or services
  - No one is listening to them
  - They are frightened and feels that no one seems to care
  - They feel helpless and full of guilt





# THE VIRTUAL LIVED EXPERIENCE NETWORK – BENEFITS TO THE CARE PARTNER

- Giving care partners a platform to not only voice their “stories” but also make recommendations for “ideas for change” and be an advocate for their family members, is **empowering!**
- This process emphasizes that care partners and those diagnosed are **heard, acknowledged, respected and valued.**



# THE VIRTUAL LIVED EXPERIENCE NETWORK – BENEFITS TO THE CLIENT

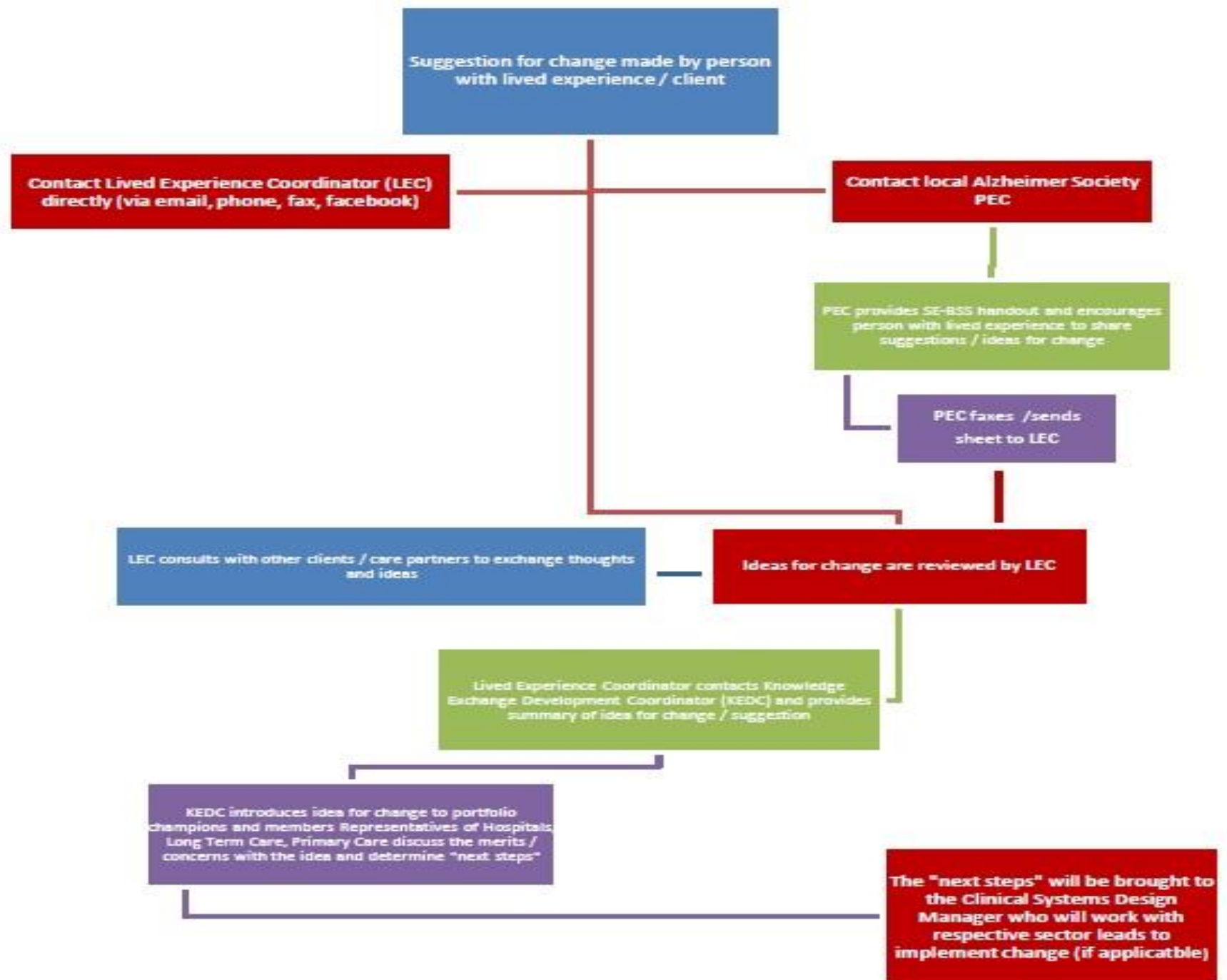
- Modifications, adaptations or amendments to various protocols, procedures and / or policies that are made as a result of these “ideas for change” will directly impact our present and future clients.
- Resulting in an ongoing experience that is grounded in compassion, understanding, consistency and respect.



# THE VIRTUAL LIVED EXPERIENCE NETWORK – HOW?

**What is the process?**





# THE VIRTUAL LIVED EXPERIENCE NETWORK – PROGRESS

We are making strides since our beginning in mid-September:

- **Alzheimer Society of Quinte / HPE:**
  - 8 caregiver groups are receiving information about this network, and beginning in January in person meetings will take place in Brighton, Trenton, Belleville, Bancroft and Madoc.
  - Have received 3 direct referrals



# THE VIRTUAL LIVED EXPERIENCE NETWORK – PROGRESS

## ○ **Alzheimer Society of KFL&A:**

- Have made introductions with both a care partners and early stages support group in Kingston and begin regular bi-monthly meetings with them starting January.

## ○ **Alzheimer Society of Lanark, Leeds & Grenville:**

- Information is being given to their members and plans are in place to meet with those who are interested in March.



# THE VIRTUAL LIVED EXPERIENCE NETWORK – MOVING FORWARD

To successfully move forward, we are asking:

- Alzheimer Societies' PEC's
- CCAC
- MRT teams
- Any BSS team member that comes in contact with care partners of those who are presenting with a responsive behaviour

to refer this service. This may also include *your* own personal story / suggestions.



# THE VIRTUAL LIVED EXPERIENCE NETWORK – MOVING FORWARD

- Created an electronic newsletter that is distributed to members to keep everyone connected.
- Looking at developing a Virtual Lived Experience Café – enable online conversations.





# HOW TO CONTACT THE VIRTUAL LIVED EXPERIENCE NETWORK



Facebook: Virtual Lived Experience Network



Twitter: @SharonOsvald



Email: [sosvald@alzking.com](mailto:sosvald@alzking.com)

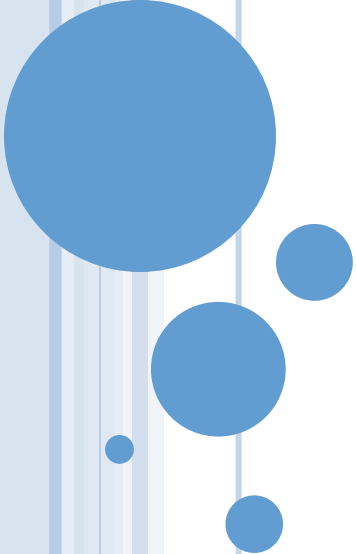


Discussion: South East Behavioural Supports  
Knowledge Exchange Network  
(**seontario.net**)



Blog: [mymotherscaregiver.com](http://mymotherscaregiver.com)





# THE SOUTH EAST BEHAVIOURAL SUPPORTS KNOWLEDGE EXCHANGE NETWORK

# THE S.E. BEHAVIOURAL SUPPORTS KNOWLEDGE EXCHANGE NETWORK – WHO?

- This network is being run by Knowledge Development Coordinator – Jillian McConnell
  - Former Public Relations Coordinator & PEC with the Alzheimer Society of KFL&A
  - Trainer / Coach for U-First! and GPA
  - Involved in the development and integration of the MRT training for the local BSO
  - Knowledge Mobilization Lead & Project Coordinator for CDRAKE and a Knowledge Broker for the AKE



# THE S.E. BEHAVIOURAL SUPPORTS KNOWLEDGE EXCHANGE NETWORK – WHAT?

- Created in response to the feedback provided by portfolio champions from the South East region (which represent hospitals, long term care and primary care sectors).
- An online network that will provide knowledge translation and exchange (KTE) within South Eastern Ontario - drawing upon provincial BSO developments to interface, foster and advance knowledge exchange events within and across sectors and regions.



# THE S.E. BEHAVIOURAL SUPPORTS KNOWLEDGE EXCHANGE NETWORK – WHAT?

- This network is meant to allow you - a member of the South East BSS to:
  - co-create
  - develop and test concepts, designs, tools, resources, protocols and frameworks
  - implement new approaches
  - access those that others across the province and / or country have developed.



# THE S.E. BEHAVIOURAL SUPPORTS KNOWLEDGE EXCHANGE NETWORK – WHAT?

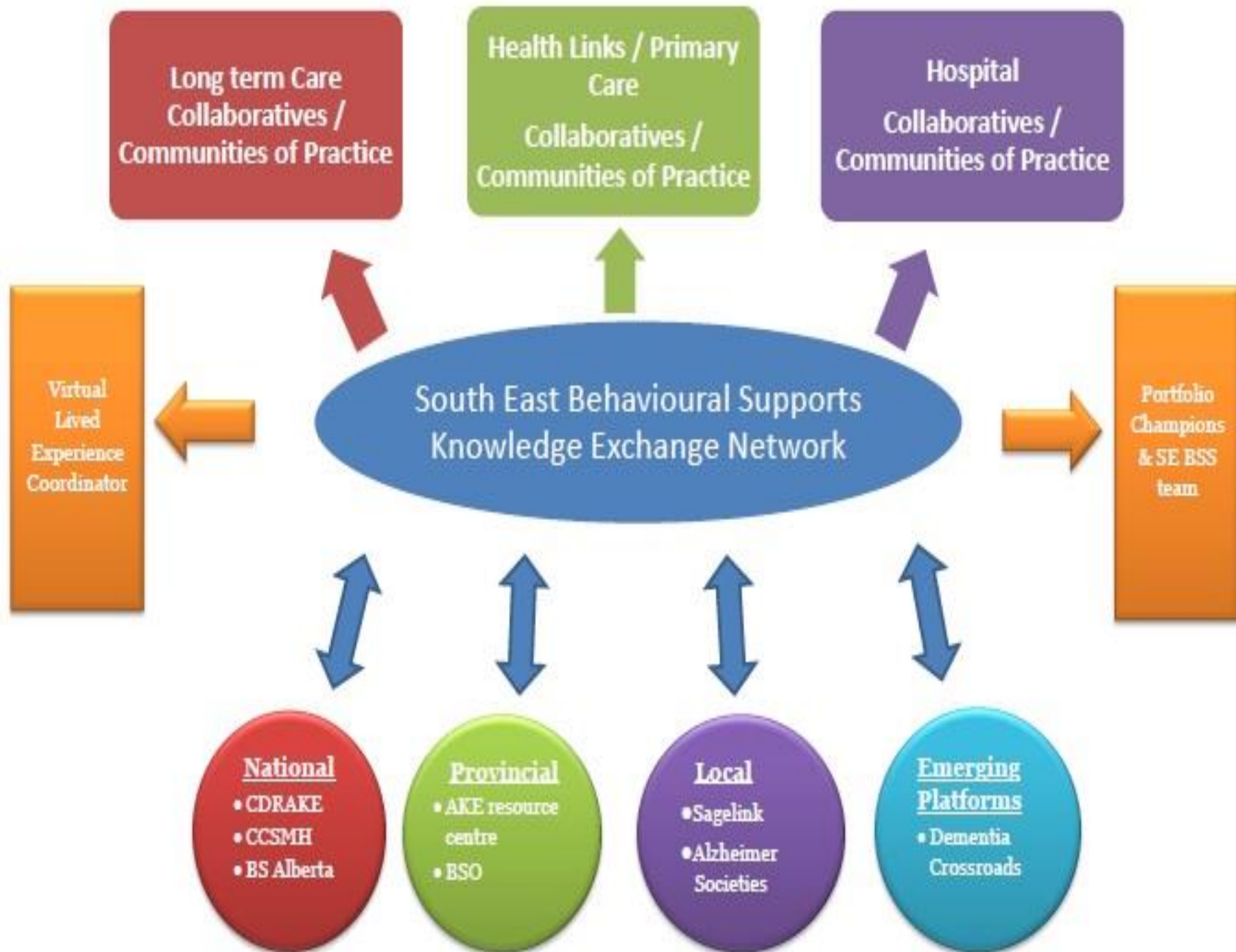
- The goal of the South East Behavioural Supports Knowledge Exchange Network is to support learning collaboratives by providing and making accessible, not only the very best information, but also a way to manage resources.
- This network is designed to support three learning collaboratives (Long Term Care, Primary Care / Health Links, Hospital)



# WHAT ARE LEARNING COLLABORATIVES / COMMUNITIES OF PRACTICE (CoP's)

- A community or group of people who have made a commitment to be available to each other, offer support to share learning, and to consciously develop new knowledge (Wheatley, 2007).
- A CoP makes the intentional commitment to advance the field of practice and to share those discoveries with anyone engaged in similar work (Wheatley, 2007)







# THE S.E. BEHAVIOURAL SUPPORTS KNOWLEDGE EXCHANGE NETWORK – WHY?

- Provide a quick, easy to access, one stop shop where you can:
  - Share what you know
  - Learn from others
  - Access resources / tools
  - Links to other great organizations

And then...

- Translate that knowledge into practice – so that we work effectively and efficiently, yet compassionately *with / for* our clients.



# THE SOUTH EAST BEHAVIOURAL SUPPORT NETWORK: TOUR!

[seontario.net](http://seontario.net)



# THE S.E. BEHAVIOURAL SUPPORTS KNOWLEDGE EXCHANGE NETWORK – PROGRESS

Webinars made available thus far:

- Shifting Focus: Introducing a guide for care partners and co-residents of those with family members presenting with responsive behaviours in LTC homes.
- Ambiguous Loss and Grief
- Strategic Engagement of Primary Care to Improve Care for Seniors with Complex Care Needs
- Making Decisions - Dementia and Living at Home |



# THE S.E. BEHAVIOURAL SUPPORTS KNOWLEDGE EXCHANGE NETWORK – MOVING FORWARD

- To successfully move forward, we need **you** to spread the word! The success of this site depends on you!
- This network was created for you and as such, its success depends on you using it and making it relevant.



# HOW TO CONTACT THE S.E. BEHAVIOURAL SUPPORTS KNOWLEDGE EXCHANGE NETWORK



[mcconnell@dementiaknowledgebroker.ca](mailto:mcconnell@dementiaknowledgebroker.ca)



South East Behavioural Supports  
Knowledge Exchange Network:

[seontario.net](http://seontario.net)



# THANK YOU!

