

Southeast C.A.R.E. Network

COORDINATED ACCESS TO RESOURCES ELECTRONICALLY

Supporting Residents with Cognitive and/or Communication Disorders



Southeast C.A.R.E. Network

Agenda

1 **Welcome**

2 **Announcements:**

- Upcoming Capacity Enhancement Activities for LTC staff

3 **Panel Discussion:**

“Supporting Residents with Cognitive and/or Communication Disorders”

Adam Hedberg

Speech Language Pathologist (Kaymar)

Deanna Porter

Occupational Therapist

Seniors Mental Health Behavioural Support Services (Providence Care)

Gwen Brown

Regional Community and LTC Coordinator (Stroke Network of SEO)

4 **Closing Remarks:**

- Upcoming Webinar: January 20, 2021 from 1200-1300

Upcoming Capacity Enhancement for LTC

- Every SE LTCH has \$500 for capacity enhancement education and resources.
- Four different packages have been developed based on different education themes and the number of staff who may attend:
 - Gentle Persuasive Approaches - \$25/staff member
 - P.I.E.C.E.S. - \$265/person
 - U-First! (\$75/person)
 - Dementiability course (\$400/person) plus \$100 in resources
 - Mental Health First Aid – Basic (\$190/person)
- You can **mix and match** these packages, to a **maximum of \$500**.
(For example, LTCH may choose to send an RN to P.I.E.C.E.S. and 3 PSWs to U-First!).
- You pick whichever dates and time that suit your staff schedules and home's needs.
- All courses are being offered virtually, attendees **must** have access to stable internet capable of streaming video (e.g. Zoom) and a device with a camera and microphone.
- Please use this survey link to indicate your preferences and identify the person with whom we can communicate about your education choices:
<https://www.surveymonkey.com/r/HX7PJBK>
- The **survey will close Thursday January 21, 2021**.

Supporting Residents with Cognitive and/or Communication Disorders

APHASIA is
when your brain holds
your words hostage.



aphasia
NATIONAL
APHASIA
ASSOCIATION

kaymar
REHABILITATION

STROKE NETWORK
of Southeastern Ontario

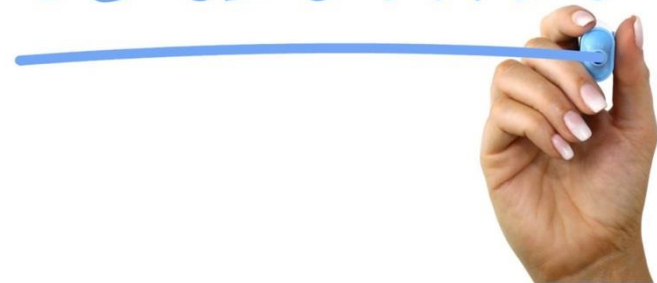
Providence
Care

Objectives

Enhance understanding of:

- ✓ communication disorders
- ✓ cognitive communication disorders
- ✓ intervention and supportive strategies

OBJECTIVES



Panel

- Adam Hedberg, SLP, Kaymar
- Deanna Porter, Occupational Therapist, PCH



Communication Disorders

- What is a communication disorder?
- Are there different types of communication disorders?
- Can communication disorders be resolved/cured?



Question#1: Causes

What causes communication disorders?

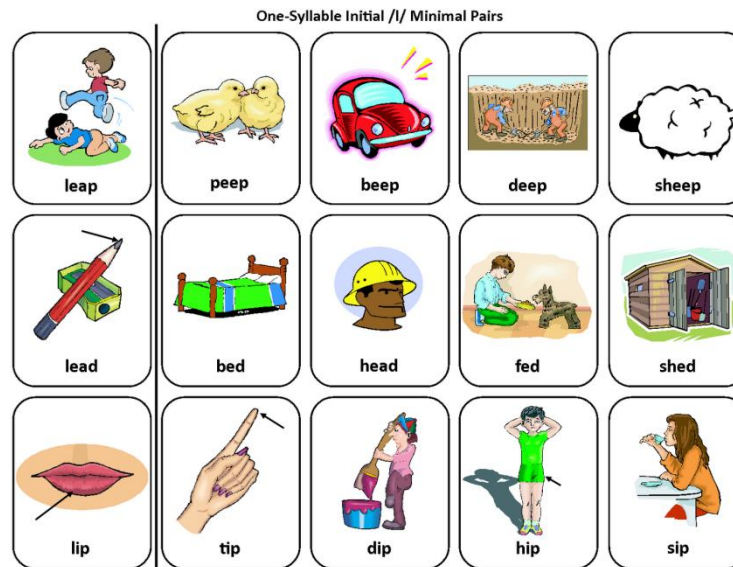
Why do cognitive communication issues occur?

The word "CAUSE" is displayed in a stylized, graphic font. Each letter is contained within a thick, overlapping circular shape. The circles are arranged in a horizontal line, with each circle overlapping the one to its left and right. The colors of the circles transition from dark purple on the left to bright orange on the right. The letters themselves are a solid, dark purple color.

CAUSE

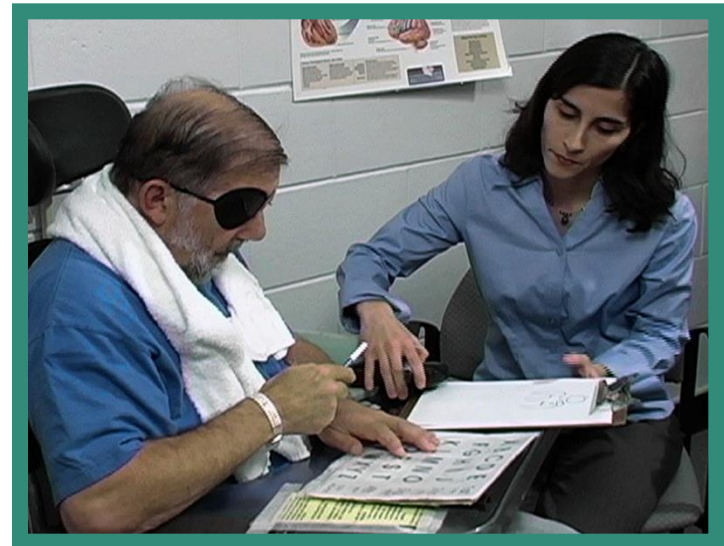
Question #4: Engagement

- Are there any treatments or exercises that may restore or compensate for communication issues?



Question #5: Interventions

- Are there any strategies, aids or apps that can assist staff in communicating with individuals with cognitive communication issues and how can you determine which aids will work for a specific resident?



Question 6: Accessing SLP

- How do you access SLP support and what type of assessments/service should we request?



Resources – Aphasia & Cognition

- South East LHIN Home & Community Care
Call 310-2222 (SLP & OT services)
- Community Stroke Rehab Program (SE LHIN)
(SLP & OT services) Call 310-2222
- Shared Work Day (SLP and/or OT)
<http://strokenetworkseo.ca/events-registration>
- The Brain, the Body and You (Education)
<http://strokenetworkseo.ca/best-practice-education/long-term-care-community>

Resources – Aphasia & Cognition

- Taking Action for Optimal Community & Long Term Stroke Care (TACLS) (Guide)
<https://www.heartandstroke.ca/what-we-do/publications>
- Your Stroke Journey (Guide)
<https://www.heartandstroke.ca/what-we-do/publications>
- Education Posters (including communication & cognition/perception)
<http://strokenetworkseo.ca/best-practice-education/long-term-care-community>

Resources – Aphasia & Cognition

- Stroke Best Practice Care Plans for LTC (including communication, cognition & perception)

<http://strokenetworkseo.ca/best-practice-education/long-term-care-community>

- Canadian Partnership for Stroke Recovery (videos & resources)

<https://www.canadianstroke.ca/en/tools-resources/videos>

- Sinai Health (video)

<https://www.youtube.com/watch?v=Kf23mreNxoQ>

Resources – Aphasia & Cognition

- Stroke Engine (Resources)

[Aphasia](#)

[Executive Functioning](#)

[Cognitive Rehabilitation](#)

- Champlain Stroke Network (Videos)

<https://www.youtube.com/playlist?list=PLILH6D8gy0OzvkefSjsooYWgTppWZOt7K>

- Toronto Stroke Network (Guide)

[My Guide to Stroke Recovery](#)

- National Health Service (Scotland) (Guide)

[Stroke4Carers](#)

Resources – Aphasia & Cognition

- Stroke Foundation (Australia) (fact sheets, podcasts, videos)

[Speech and Language](#)

[Thinking and Perception](#)

- Stroke Association (United Kingdom) (includes audio and braille formats)

[A Complete Guide to Communication](#)

[Problems after Stroke](#)

[A Complete Guide to Cognitive Problems after Stroke](#)

[Problems with Memory & Thinking](#)

Resources - Aphasia

- Aphasia Supportive Conversation Groups (in-person and virtual groups)
<https://www.strokenetworkseo.ca/community-supports>
- The Aphasia Institute (Resources)
<https://www.aphasia.ca/>
- March of Dimes Aphasia Guide
<https://afterstroke.marchofdimes.ca/resources/guides>
- Therapy Focus (Australia) (Guide)
[Helping Someone with Communication Problems](#)

Resources - Aphasia

- Stroke Recovery Association of BC (video & handout)
[7 Steps to Stroke Recovery: Communication and Language](#)
- March of Dimes (virtual group)
[Aphasia Connect](#)
- West GTA Stroke Network (Resources)
[Aphasia Resources for Persons with Stroke](#)

Resources - Aphasia

- National Aphasia Association (US) (apps, therapy guides, picture communication books, fact sheets, online communities and videos)
[National Aphasia Association](#)
- Tactus Therapy (US) (downloadable fact sheets and a searchable app finder)
[Tactus Therapy](#)
- Aphasia Recovery Connection (US) (on-line community)
[Aphasia Recovery Connection](#)

Resources - Cognition

- Heart & Stroke
[Emotions and Thinking Problems](#)
- Stroke Alliance of Europe
[18 Ways to Improve Cognitive Problems after Stroke](#)

CONTACT

Gwen Brown

Regional Community & LTC Coordinator
Stroke Network of Southeastern Ontario

gwen.brown@kingstonhsc.ca

613-549-6666 X 6867



Upcoming SE KEN Webinar

Wednesday, January 20, 2021 from 1200-1300

“The Capacity Assessment Office”

Shelley Toland - Coordinator of the Capacity Assessment Office

This webinar will provide an overview of:

- Capacity Assessment
- Continuing Power of Attorney
- Capacity Assessor Roster
- Cost of Assessment
- Financial Assistance Program (FAP)
- Letter of Opinion

Registration link:

<https://tinyurl.com/SECAOJAN20>

