



Lived Experience Network South East Ontario

Who we are

The Lived Experience Network South East Ontario is an open community of older adults and families/care partners living with dementia, complex mental health, substance use or other neurological disorders, sharing their lived experiences, advise and input with the medical community and with each other.

Our goal

Exchanging Knowledge, Partnering for Change.

Lived Experience Network South East Ontario members can engage in both regular group and individual conversations, acting as a “knowledge bank”, in hopes of enhancing services across the region. Input and suggestions for change will be shared with healthcare professionals who provide, plan and evaluate services in the community, hospitals, long term and primary care.

Lived Experience Facilitator

Sharon Osvald, our Lived Experience Facilitator, was the first Facilitator and part of the launch of the Lived Experience Network South East Ontario from 2013-2018, drawing

on her ten years of lived experiences supporting her mother through dementia in the home, hospital and long-term care. In the past five years, Sharon has gained experience working for the Alzheimer Society and she continues to work part time at an Adult Day Program.

Sharon is excited to be returning to her role as the Lived Experience Facilitator and understands from both a lived experience and professional perspective how great the needs are in this community.

Get involved

Online: Visit livedexperiencenetworkseo.ca for info about how to join one of our regular Advisory Zoom Lived Experience chats.

Phone or email: Contact Sharon by phone on Mondays or Fridays at 343-645-6240 or email your own personal lived experience story and suggestions for change.

Contact

You can phone or leave a message with Sharon Osvald at 343-645-6240 OR leave a message for her with the Alzheimer Society of KFLA office at: 1-800-266-7516

Email: sosvald@alzking.com