

Youth In Action:

A Toolkit for Young Dementia Supporters

March 4, 2025



Overview of Project



- **The Gap:** a lack of age-appropriate resources that provide children / youth with strategies to support people living with dementia in their families and communities.
- **The Solution:** A toolkit to help youth identify support strategies and create more inclusive communities for people living with dementia! The Toolkit was made possible through funding from the RTOERO Foundation

Youth - What makes their power special?



- Most do not hold fear or stigma about dementia
- Youth know lots of other young people and can tell them about dementia in a way that they can understand
- They can help other youth who have experience with dementia feel understood
- Spending time with and supporting people living with dementia, even in small ways, can make a BIG difference

The Design Process



- ASO and MAREP at the RIA partnered with youth, people living with dementia, care partners, and other experts to create the toolkit
- Monthly, virtual meetings to gather the perspectives of all team members
- In-person event to meet one another and see the very first draft of the toolkit!

Youth in Action

A Toolkit for Young Dementia Supporters



In this toolkit you will find:

- Information about dementia
- Strategies for supporting a person living with dementia in your community
- Strategies for supporting a person living with dementia in your family
- Communication tips
- An Action Plan to help youth act on key takeaways
- Resources for further learning and support

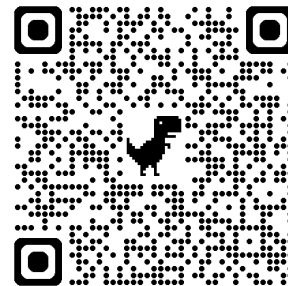
The Youth in Action Toolkit is coming soon!

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