



Canadian Home Care Association
Association canadienne de soins et services à domicile

The National Voice of Home Care

Home Care

An Integral Component of an Effective Seniors Strategy

Marg McAlister
May 16, 2012



Canadian Home Care Association
Association canadienne de soins et services à domicile

The National Voice of Home Care

The Canadian Home Care Association, as a national voice, **promotes** excellence in home care through **leadership, awareness** and **knowledge** to shape strategic directions.

On behalf of our membership across Canada we work to promote our vision of **accessible, responsive home care and community supports** which enable people to stay in their homes with **safety, dignity and quality of life.**



Home Care

An array of services, provided in the home and community setting, that encompass health promotion and teaching, curative intervention, end-of-life care, rehabilitation, support and maintenance, social adaptation and integration, and support for the family caregiver.



Vision for Home Care

- Recognized and valued by society
- Comprehensive, flexible and accessible to all Canadians
- Seamlessly integrated into the broader array of health and social services

"The next essential service"
Romanow



Guiding Principles

- Home care is a critical component of an integrated system through the provision of collaborative and interdisciplinary care
- Caregivers and volunteers are vital and respected members of the home care team and should be provided with necessary supports
- A national framework – harmonized principles for home care will provide consistency across the country




Drivers of Health System Change

- Aging Population
- Health Human Resources
- Technology
- Economy

Canadian Home Care Association
Association canadienne de soins
et services à domicile

The National Voice of Home Care

Seniors in need, caregivers in distress: What are the home care priorities for seniors in Canada?



Seniors in need, caregivers in distress: What are the home care priorities for seniors in Canada?

Health Council of Canada
Conseil canadien de la santé

Canadian Home Care Association
Association canadienne de soins
et services à domicile

The National Voice of Home Care

Key Findings

- 1/3 of seniors have high needs
- Client needs and home care services do not increase in tandem
- Funding on long-term care is greater than on home care
- Integrating home care into the health care system helps to achieve right care in the right place



Challenges

- Availability of caregivers
- Recruiting and retaining a home care workforce
- Determining value for money
- Standardized assessment and data



Family Caregivers


- The Canadian Caregiver Coalition (CCC)
Caregiver Strategy:
 - Safeguard health and wellbeing
 - Minimize excessive financial burden
 - Enable access to user friendly information
 - Create flexible workplace environments
 - Invest in research



 Canadian Home Care Association
 Association canadienne de soins et services à domicile


The National Voice of Home Care

Integration Initiatives


- Identify risk factors
- Lead to better health and well-being
- Improve independence and satisfaction
- Reduce demand for more expensive care
 - Linkage with primary care
 - Post-acute support
 - Palliative care
 - Mental health linkage


 Canadian Home Care Association
 Association canadienne de soins et services à domicile


The National Voice of Home Care

Addressing ALC

- An estimated 30-50 % of ALC patients could benefit from supportive home care and be discharged from hospital (CIHI)
- Home First





Technology

- An enabler for improving linkages
- Active and passive monitoring
- Self-management



Conclusions and Recommendations

- Home care has become a cornerstone of the health care system.... that must be integrated
- Provide ongoing support for family caregivers
- Share, adapt or expand what is working
- Consider new home care options before investing in facility based care



Canadian Home Care
Association
canadienne de soins
et services à domicile



The National Voice of Home Care



Vision – Leadership - Action
Embracing the Future
*Building a strong home care for
today and tomorrow.*

www.cdnhomecare.ca