



Canadian Home Care Association
Association canadienne de soins et services à domicile

The National Voice of Home Care

Home Care

An Integral Component of an Effective Seniors Strategy

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The National Voice of Home Care

The Canadian Home Care Association, as a national voice, **promotes** excellence in home care through **leadership, awareness** and **knowledge** to shape strategic directions.

On behalf of our membership across Canada we work to promote our vision of **accessible, responsive home care and community supports** which enable people to stay in their homes with **safety, dignity and quality of life.**



Home Care

An array of services, provided in the home and community setting, that encompass health promotion and teaching, curative intervention, end-of-life care, rehabilitation, support and maintenance, social adaptation and integration, and support for the family caregiver.



Vision for Home Care

- Recognized and valued by society
- Comprehensive, flexible and accessible to all Canadians
- Seamlessly integrated into the broader array of health and social services

"The next essential service"
Romanow



Guiding Principles

- Home care is a critical component of an integrated system through the provision of collaborative and interdisciplinary care
- Caregivers and volunteers are vital and respected members of the home care team and should be provided with necessary supports
- A national framework – harmonized principles for home care will provide consistency across the country



Drivers of Health System Change

- Aging Population
- Health Human Resources
- Technology
- Economy

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Seniors in need, caregivers in distress: What are the home care priorities for seniors in Canada?



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Health Council of Canada
Conseil canadien de la santé

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Key Findings

- 1/3 of seniors have high needs
- Client needs and home care services do not increase in tandem
- Funding on long-term care is greater than on home care
- Integrating home care into the health care system helps to achieve right care in the right place



Challenges

- Availability of caregivers
- Recruiting and retaining a home care workforce
- Determining value for money
- Standardized assessment and data



Family Caregivers

- The Canadian Caregiver Coalition (CCC)
Caregiver Strategy:
 - Safeguard health and wellbeing
 - Minimize excessive financial burden
 - Enable access to user friendly information
 - Create flexible workplace environments
 - Invest in research


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Integration Initiatives

- Identify risk factors
- Lead to better health and well-being
- Improve independence and satisfaction
- Reduce demand for more expensive care
 - Linkage with primary care
 - Post-acute support
 - Palliative care
 - Mental health linkage


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Addressing ALC

- An estimated 30-50 % of ALC patients could benefit from supportive home care and be discharged from hospital (CIHI)
- Home First





Technology

- An enabler for improving linkages
- Active and passive monitoring
- Self-management



Conclusions and Recommendations

- Home care has become a cornerstone of the health care system.... that must be integrated
- Provide ongoing support for family caregivers
- Share, adapt or expand what is working
- Consider new home care options before investing in facility based care

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Vision – Leadership - Action

Embracing the Future

*Building a strong home care for
today and tomorrow.*

www.cdnhomecare.ca