The Lived Experience Network – How It Works?

Gathering Input and Building Relationships: CONSULT

1. Face to Face Advisory Conversations: co-facilitated with the Alzheimer Societies (all across the South East), and other arranged advisory conversations via LTC Family Council or independent groups.

2. **Phone Calls**: Received through referrals from Providence Care, the Alzheimer Societies, Long Term Care Homes, BSTU, online finds and word of mouth from lived experience network participants.

3. Online Conversations: Monthly online themed lived (typed) chat events (The Lived Experience Café) and discussion boards www.dementiacrossroads.ca





Sharing the Findings: INFORM

1. BSS Leadership Team: Sharing key themes regarding the system and items specific to Providence Care BSS and the Alzheimer Societies directly with leadership team for knowledge translation.

2. The Lived Experience Resource Exchange: Sharing key themes surfaced from advisory conversations in monthly email to 60+ community partners and service providers who wish to participate.

3. Engage: Creating conversations by gathering questions from BSS , community partners and service providers to ask lived experience network participants in live chat events and sharing back those findings .

4. System and Community Design: Participation in ongoing local, regional and provincial committees, working/ research groups as lived experience/family/patient engagement rep, sharing the voice of the lived experience network in the planning and evaluation of services.

Networking and Knowledge Exchange: GROW

1. Knowledge Exchange: Sharing the findings of the lived experience network as invited to speak or co-facilitate community educational events, conferences and workshops.

2. **Networking:** Sustaining and developing relationships and partnerships with existing / new community partners through face to face meetings and an online presence.

3. **Recruitment:** Continuously sustaining and recruiting new lived experience network membership.

The S.E. Ontario Lived Experience Network is meaningfully engaging older adults and their families and care partners, living with dementia and similar diagnoses, in the development and evaluation of programs and services.