



## Behavioural Supports Ontario Provincial Lived Experience Network Meeting

### Meeting Information

Date: Tuesday, September 20, 2016

Time: 12:30pm – 2:00pm (EST)

**Minutes recorded by:** Sasha Frost, Regional/Provincial Project Assistant, North East Behavioural Supports Ontario & BSO Provincial Coordinating Office

	<b>Agenda Item &amp; Description</b>	<b>Action Items</b>
<b>-1-</b>	<p><b>Welcome &amp; Introductions</b></p> <ul style="list-style-type: none"> <li>Sharon Osvald welcomed all members to the meeting and thanked everyone for joining. Sharon noted that there are a few new members on the network and welcomed new participants from across the province.</li> </ul>	
<b>-2-</b>	<p><b>Canadian Dementia Priority Setting Questionnaire Feedback</b></p> <ul style="list-style-type: none"> <li>At the previous Lived Experience Network Advisory Meeting, participants answered the 'Canadian Dementia Priority Setting Questionnaire' which was circulated to inform research priorities for Canadian Researchers in the field of Dementia affiliated with the Alzheimer Society of Canada. Sharon Osvald shared with the group that the Lived Experience Network Advisory's responses to the questions were very similar to those provided by other groups. In all, there appeared to be a focus on research geared toward improving the quality of life of those living with dementia and less interest in research on cures and medications. Sharon Osvald expressed sincere thanks to those who participated in this questionnaire.</li> </ul> <p><b>Review of Live Chat Summary from August 17</b></p> <ul style="list-style-type: none"> <li>The last Lived Experience Live Chat was held on August 17 and focused on the theme of Navigation. Participants all expressed a feeling of being in the dark regarding medication, services, and processes when caring for a person living with dementia. Participants expressed that the healthcare system was difficult to navigate. Informative, up to date and simple online resources are needed. Participants expressed that along with tailored resources, there is a need for one local point of contact (i.e., an advocate/navigator) for all services that could help guide people through the dementia journey.</li> </ul>	<ul style="list-style-type: none"> <li>Sharon Osvald to share web link for Shifting Focus Guide which is available in many languages. Sharon to also include the link to the numerous Shifting Focus Web Videos.</li> </ul>

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<p style="text-align: center;">-3-</p>	<p><b>Establishment of Short and Long-Term Goals</b></p> <p>Following the last live chat, it became apparent that some of the goals identified by members of the Lived Experience Network Advisory may not be in line with some of the themes identified at the Live Chats. Therefore, the purpose of this agenda item was to explore both short and long-term goals for the Lived Experience Network Advisory.</p> <p><b>Short Term Goals:</b></p> <ul style="list-style-type: none"> <li>• Further collaboration with Ministry of Health and Long-Term Care (MOHLTC) Capacity Planning and Priorities Branch on the development of the Ontario Dementia Strategy: <ul style="list-style-type: none"> <li>○ Advisory members emphasized their interest in sharing their input with the MOHLTC regarding the need to enhance system navigation and care partner education with the development of the Ontario Dementia Strategy. Sharon Osvald has spoken with a member of the MOHLTC Capacity Planning &amp; Priorities Branch who has expressed interest in having the next Live Chat center around the Ontario Dementia Strategy.</li> <li>○ The MOHLTC will also soon be releasing a discussion paper which will include questions to inform needs across sectors. The Lived Experience Network Advisory members will be provided with an opportunity to respond to the questions collectively in the coming weeks and will also be invited to submit their answers separately.</li> </ul> </li> <li>• The exploration and promotion of Personhood tools across sectors is often suggested as a primary goal of this advisory. Members on the call mentioned a variety of tools including the All About Me tool and the North East BSO's PIECES of my PERSONHOOD tool. In promoting the use of these tools, it may be helpful to partner with the Ontario Association of Residents' Councils &amp; Family Councils of Ontario.</li> </ul> <p><b>Long-Term Goals:</b></p> <ul style="list-style-type: none"> <li>• Exploration of ways to enhance training for health care professionals. Members noted that there is a considerable difference in quality of care provided to those living with dementia by health care professionals who have specific training geared towards developing skills to care for those living with dementia versus those who do not.</li> <li>• Members also emphasized the need to enhance the availability of training and education for informal care partners/family "caregivers" of those living with dementia and other mental health disorders. One member noted that had she been able to access education and training that she would have been able to care for her husband at home for a longer period of time before placement in LTC.</li> <li>• Members shared that they are aware of great training that is available to health care professionals (e.g., P.I.E.C.E.S. and Gentle</li> </ul>	<ul style="list-style-type: none"> <li>• Sharon Osvald to circulate Ontario Dementia Strategy Discussion Paper once released by the MOHLTC.</li> <li>• Sharon Osvald to circulate Personhood Tools for members to review for discussion at next meeting.</li> <li>• Katelynn Viau and Sharon Osvald to follow-up with Advanced Gerontological Education Organization for more information about the Gentle Persuasive Approaches (GPA)- Care Partner Edition that is being developed.</li> </ul>

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	<p>Persuasive Approaches (GPA)) but that this training is not available for family care partners.</p> <p><b>Accelerated Collaborative Updates</b></p> <p>As it has been one year since the official launch of the Ontario Best Practice Exchange and the associated Collaboratives, Jillian McConnell provide an update on the three Collaboratives that are receiving support from the brainXchange and BSO Provincial Coordinating Office:</p> <ol style="list-style-type: none"> <li>1. <b>Behavioural Supports Transition Unit (BSTU) Collaborative:</b> <ul style="list-style-type: none"> <li>• Environmental Scan of all BSTUs across the province including admission criteria, staffing complement, etc.</li> <li>• Identification of critical elements in successful BSTUs in 6 areas: before admission, on admission, during stay, upon discharge, human resource skill mix and environment.</li> </ul> </li> <li>2. <b>Substance Use and Geriatric Addictions Collaborative:</b> <ul style="list-style-type: none"> <li>• Geriatric Addictions Rounds (now archived on the brainXchange with links to listen to each event)</li> <li>• Exploring the possibility of sharing and promoting the use of the Seniors Alcohol Misuse Indicator (SAMMI) tool</li> <li>• Supporting the development of Low-Risk Drinking Guidelines for older adults</li> </ul> </li> <li>3. <b>Behavioural Supports Integrated Teams Collaborative:</b> <ul style="list-style-type: none"> <li>• Aims to improve the quality of transitional care and integrated care with the focus being on teams supporting teams</li> <li>• Developed a draft discussion paper which is currently under review which includes a conceptual model to promote safe and smooth transitions across sectors</li> </ul> </li> </ol>	
-4-	<p><b>Idea Sharing: Live Chat Promotion Strategies</b></p> <ul style="list-style-type: none"> <li>• Two live chats have been held to date. Membership has been growing from across the province.</li> <li>• Idea to create a one page poster (PDF document) that would include information regarding the live chat that people could share with their local and regional networks.</li> </ul>	<ul style="list-style-type: none"> <li>• Sharon Osvald to distribute poster that others can circulate regarding the upcoming October Live Chat.</li> </ul>
-5-	<p><b>Review of Next Steps &amp; Conclusion</b></p>	<ul style="list-style-type: none"> <li>• Sharon Osvald will circulate a link to a membership survey to update the list of Lived Experience Network Advisory Members and gain a better understand of how members have become connected with the network.</li> </ul>