



Recommended reading list from your health sciences library: October 2019

**The best exercise is the one you
actually do.**

Alice Cohen, M.D. oncologist, (2017)

Aphasia

1. Armour M, Brady S, Sayyad A, Krieger R. **Self-reported quality of life outcomes in aphasia using life participation approach values: 1-year outcomes.** Arch Rehab Res Clin Trans 2019: epub ahead of print. [abstract](#)

Behavioural health

2. Goldhammer H, Krinsky L, Keuroghlian AS. **Meeting the behavioral health needs of LGBT older adults.** J Am Geriatr Soc 2019;67(8):1565-1570 [abstract](#)
3. Orth J, Li Y, Simning A, Temkin-Greener H. **Providing behavioural health services in nursing homes is difficult: findings from a national survey. (US).** J Am Geriatr Soc 2019;67(8):1713-1717 [abstract](#)
4. Simpson M, Tejada JM, Driscoll A, Singh M, Klein M, Maline M. **The Bundled Hospital Elder Life Program–HELP and HELP in Home Care – and its association with clinical outcomes among older adults discharged to home healthcare.** J Am Geriatr Soc 2019;67(8):1730-1736 [abstract](#)

Better healthcare

5. Valluru G, Yudin J, Patterson CL, Kubisiak J, Boling P, Taler G. et al. **Integrated home and community based services improve community survival among Independence at Home Medicare beneficiaries without increasing Medicaid costs.** J Am Geriatr Soc 2019;67(7):1495-1501 [abstract](#)

Caregivers

6. Cagle JG. **Compelling results that a problem-solving intervention improves hospice family caregiver outcomes.** J Am Geriatr Soc 2019;67(7):1325-1326 no abstract
7. Davis ML, Hendrickson J, Wilson N, Shrestha S, Amspoker AB, Kunik M. **Taking care of the dyad: frequency of caregiver assessment among veterans with dementia.** J Am Geriatr Soc 2019;67(8):1604-1609 [abstract](#)

8. Demiris G, Oliver DP, Washington K. **A problem solving intervention for hospice family caregivers: a randomized clinical trial.** J Am Geriatr Soc 2019;67(7): 1345-1352 [abstract](#)
9. Han S, Chi NC, Han C, Oliver DP, Washington K, Demiris G. **Adapting the Resilience Framework for family caregivers of hospice patients with dementia.** Am J Alzheimer's Dis Oth Dem 2019;34(6):399-411 [abstract](#)

Client experience

10. Deagle H. **Technology in healthcare: differing points of view.** Can J Nurs Lead 2019;321(2):46-47 no abstract
11. Feder SL, Kiwak E, Costello D, Dindo L, Hernandez-Bigos K, Vo L, et al. **Perspectives of patients in identifying their values based health priorities.** J Am Geriatr Soc 2019;67(7):1379-1385 [abstract](#)
12. Jayakumar P, Bozic KJ, Lee TH. **Information asymmetry: the untapped value of the patient.** NEJM Catalyst 2019; epub ahead of print at [link](#)
13. Kihoshi-Teo H, Northup-Snyder K, Cohen DJ, Dieckmann N, Stoyles S, Eckstrom Em Winters-Stone K. **Feasibility of motivational interviewing to engage older inpatients in fall prevention: a pilot randomized controlled trial.** J Geront Nurs 2019;45(9):19-29 [abstract](#)

Clinical practice

14. Agusti A, Hogg JC. **Update on the pathogenesis of chronic obstructive pulmonary disease.** New Eng J Med 2019;381(13):1248-1256 no abstract
15. Celli BR, Wdzyka JA. **Update on clinical aspects of chronic obstructive pulmonary disease.** New Eng J Med 2019;381(13):1257-1266 no abstract
16. Keck S. **Spotlight on ostomy care.** Nurs Made Incredibly Easy 2019;17(5):32-41 [abstract](#)
17. Lyu WB, Gao Y, Cheng KY, Wu R, Zhou WQ. **Effect of self-acupoint massage on blood glucose level and quality of life in older adults with type 2 diabetes mellitus.** J Geront Nurs 2019;45(8):43-48 [abstract](#)
18. Perkins A. **Measles: resurgence of a once eliminated disease.** Nurs Made Incredibly Easy 2019;17(5):27-31 [abstract](#)
19. Pfeiffer ML. **Polycystic ovary syndrome: an update.** Nurs 2019;49(8):35-41 [abstract](#)

Communication

20. Hooper E, Abrams H, Camacho E, Charalambous AP, Collin F, Constantinidou F, et al. **Feasibility of an intervention to support hearing and vision in dementia: the SENSE-Cog Field Trial.** J Am Geriatr Soc 2019;67(7):1472-1477 [abstract](#)

21. Leniz J, Higginson IJ, Stewart R, Sleeman KE. **Understanding which people with dementia are at risk of inappropriate care and avoidable transitions to hospital near the end-of-life: a retrospective cohort study.** Age Ageing 2019;48(5):672-679 [abstract](#)
22. Warren O. **Mike's labels.** New Eng J Med 2019;381(7):600-601 no abstract

Dementia care and delivery

23. Baillon S, Gasper A, Wilson-Morkeh F, Pritchard M, Jesu A, Velayudhan L. **Prevalence and severity of neuropsychiatric symptoms in early – versus late – onset Alzheimer's disease.** Am J Alzheimer's Dis Oth Dem 2019;34(7-8):433-438 [abstract](#)
24. Boscart VM, McNeill S, Grinspun D. **Dementia care in Canada: nursing recommendations.** Can J Aging 2019;38(3):407-418 [abstract](#)
25. Kovach CR, Putz M, Guslek B, McInnes R. **Do warmed blankets change pain, agitation, mood or analgesic use among nursing home residents?** Pain Man Nurs September 2019; epub ahead of print [abstract](#)
26. Lancioni GE, Singh NN, O'Reilly MF, Sigafos J, D'Amico F, Turnone B, Laporta D, Scordamaglia A, Pinto K. **Smartphone based interventions to foster simple activity and personal satisfaction in people with advanced Alzheimer's disease.** Am J Alzheimer's Dis Oth Dem 2019;34(7-8):478-485 [abstract](#)
27. Surr CA, Griffiths AW, Kelley R, Holloway I, Walwyn REA, Martin A, McDermid J, Chenoweth L, Farrin AJ. **The implementation of dementia care mapping in a randomized controlled trial in long term care: results of a process evaluation.** Am J Alzheimer's Dis Oth Dem 2019;34(6):390-398 [abstract](#)

Dementia risk

28. Gao S, Burney HN, Callahan CM, Purnell CE, Hendrie HC. **Incidence of dementia and Alzheimer disease over time: a meta-analysis.** J Am Geriatr Soc 2019;67(7):1361-1369 [abstract](#)
29. Prabhakaran S. **Blood pressure, brain volume and white matter hyperintensities, and dementia risk.** JAMA 2019;322(6):512-513 no abstract
30. Rui-hua C, Yong-de P, Xiao-zhen J, Chen J, Bin Z. **Decreased levels of serum IGF-1 and vitamin D are associated with cognitive impairment in patients with type 2 diabetes.** Am J Alzheimer's Dis Oth Dem 2019;34(7-8):450-456 [abstract](#)
31. Schubert CR, Fischer ME, Pinto AA, Chen Y, Klein BEK, Klein R, et al. **Brain aging in midlife: the Beaver Dam Offspring study.** J Am Geriatr Soc 2019;67(8):1610-1616 [abstract](#)

32. SPRINT MIND investigators for the SPRINT Research Group. **Association of intensive vs standard blood pressure control with cerebral white matter lesions.** JAMA 2019;322(6):524-534 [abstract](#)

Design and dementia

33. Kooshari MJ, Nakaya T, McCormack GR, Shibata A, Ishii K, Yasunaga A, Oka K. **Cognitive function of elderly persons in Japanese neighbourhoods: the role of street layout.** Am J Alzheimer's Dis Oth Dem 2019;34(6):381-389 [abstract](#)

The emergency department

34. Hughes JM, Freiermuth CE, Shepherd-Banigan M, Ragsdale L, Eucker SA, Goldstein K, et al. **Emergency department interventions for older adults: a systematic review.** J Am Geriatr Soc 2019;67(7):1516-1525 [abstract](#)

Exercise

35. Adelnia F, Urbanek J, Osawa Y, Shardell M, Brennan N, Fishbein KW et al. **Moderate to vigorous physical activity is associated with higher muscle oxidative capacity in older adults.** J Am Geriatr Soc 2019;67(8):1695-1699 [abstract](#)

Ethics and end of life

36. Brooks L. **Health care provider experiences of and perspectives on medical assistance in dying: a scoping review of qualitative studies.** Can J Aging 2019;38(3):384-396 [abstract](#)
37. Harrison KL, Hunt LJ, Ritchie CS, Yaffe K. **Dying with dementia: under recognized and stigmatized.** J Am Geriatr Soc 2019;67(8):1548-1551 no abstract
38. Hill C, Duggleby W, Venturato L, Durepos P, Kulasegaram P, Hunter P, et al. **An analysis of documents guiding palliative care in five Canadian provinces.** Can J Aging 2019;38(3):281-295 [abstract](#)
39. Momeyer MA, Mion LC. **Crucial conversations: discussing advance care planning with older adults and their families.** Geriatr Nurs 2019;40(4):437-440 no abstract
40. Silvius, Memon A, Arain M. **Medical assistance in dying: Alberta approach and policy analysis.** Can J Aging 2019;38(3):397-406 [abstract](#)
41. Sutherland N, Wiersma E, Vangel P. **Barriers to staff involvement in end-of-life decision making for long term care residents with dementia.** Can J Aging 2019;38(3):255-267 [abstract](#)
42. Wiersma E, Marcella J, McAnulty J, Kelley ML. **'That just breaks my heart': moral concerns of direct care workers providing palliative care in LTC homes.** Can J Aging 2019;38(3):268-280 [abstract](#)

Frailty and fall prevention

43. Blythe R, Kularatna S, White N, Graves N, Clark K, Middleton H, Grimley R. **Fits, faints, falls and funny turns: cost and capacity savings in Queensland from the accelerated transient attach pathway initiative (ATAP).** Age Ageing 2019;48(5):745-750 [abstract](#)
44. Hamel C, Hekmatjah N, Hakakian B, Banooni M, Lalezari J, Simino MS, et al. **Evidence-based community fall prevention programs at senior centers near 10 US academic centers.** J Am Geriatr Soc 2019;67(7):1484-1488 [abstract](#)
45. Watson J, Bandeen-Roche K, Buta B, Bergman H, Gill TM, Morley JE, et al. **Moving frailty toward clinical practice: NIA Intramural Frailty Science Symposium summary.** J Am Geriatr Soc 2019;67(8):1559-1564 [abstract](#)

Kindness

46. Arnetz JE, Fitzpatrick L, Cotton SR, Jodoin C, Chang CD. **Workplace bullying among nurses: developing a model for intervention.** Violence Vict 2019;34(2):346-362 [abstract](#)
47. Teasdale J. **Empathy: person-centredness and social connection.** Rehab & Comm Care 2019;26(3):9-10 no abstract

Living longer, living well

48. Ballin M, Lundberg E, Sorlen N, Nordstrom P, Hult A, Nordstrom A. **Effects of interval training on visceral adipose tissue in centrally obese 70 year old individuals: a randomized controlled trial.** J Am Geriatr Soc 2019;67(8):1625-1631 [abstract](#)
49. Gignac MAM, Smith PM, Ibrahim S, Kristman V, Beaton DE, Mustard AC. **Retirement expectations of older workers with arthritis and diabetes compared with those of workers with no chronic diseases.** Can J Aging 2019;38(3):296-314 [abstract](#)
50. Katz A. **Obesity related cancer in women: a clinical review.** Am J Nurs 2019;119(8):34-41 [abstract](#)

Lung disease

51. Christiani DC. **Vaping induced lung injury.** New Eng J Med 2019; epub ahead of print [full text](#)
52. Henry TS, Kanne JP, Kligerman SJ. **Imaging of vaping associated lung disease.** New Eng J Med October 10, 2019;381(15):1486-1487 [full text](#)
53. Layden JE, Ghinai I, Pray I, Kimball A, Layer M, Tenforde M, et al. **E-cigarettes and vaping-related disease.** New Eng J Med September 2019; epub ahead of print [abstract](#)

54.Maddock SD, Cirulis MM, Callaghan SJ, Keenan LM, Pirozzi CS, Raman SM, Aberegg SK. **Pulmonary lipid-laden macrophages and vaping.** New Eng J Med 2019;381(15):1488-1489 no abstract

55.Miech R, Johnston L, O'Malley PM. **Trends in adolescent vaping, 2017-2019.** New Eng J Med 2019;381(15):1490-1491 no abstract

Medication and resources management

56.Born K, Huynh T, Levinson W. **Reflecting on Choosing Wisely Canada at five years: accomplishments, challenges and opportunities for reducing overuse and improving quality.** Healthcare Papers 2019;18(1):9-17 [abstract](#)

57.Edelman LS, Hemmert R. **Opioid use in long-term care.** J Geront Nurs 2019;45(9):5-10 [abstract](#)

58.Feinstein A, Meza C, Stefan C, Staines RW. **Coming off cannabis: a cognitive and magnetic resonance imaging study in patients with multiple sclerosis.** Brain 2019;142(9):2800–2812 [abstract](#)

59.Ivers NM, Desveaux L. **De-implementation of low-value care: use audit and feedback wisely.** Healthcare Papers 2019;18(1):41-47 [abstract](#)

Mental health and addictions

60.Conn CA. **Unsteady thoughts – telling the truth of psychosis.** New Eng J Med 2019;381(13):119+8-1199 [abstract](#)

61.Jutkowitz E, Halladay C, McGeary J, O'Toole T, Rudolph JL. **Homeless veterans in nursing homes: care for complex medical, substance use and social needs.** J Am Geriatr Soc 2019;67(8):1707-1712 [abstract](#)

62.Reib L. **New Canadian guidelines for opioid use disorders among older adults.** BrainXchange 2019;Vimeo [link](#) slides [link](#)

63.Sobieraj DM, Martinez BK, Hernandez AV, Coleman CI, Ross JS, Berg KM, et al. **Adverse effects of pharmacologic treatments of major depression in older adults.** J Am Geriatr Soc 2019;67(8):1571-1581 [abstract](#)

Nutrition

64.Mann K, Lengyel CO, Slaughter SE, Carrier N, Keller H. **Resident and staff mealtime actions and energy intake of long term care residents with cognitive impairment.** J Geront Nurs 2019;45(8):32-42 [abstract](#)

Person centred care

65.Allison TA, Balbino RT, Covinsky KE. **Caring community and relationship centred care on an end stage dementia special care unit.** Age Ageing 2019;48(5):727-734 [abstract](#)

66.Reuben DB, Jennings LA. **Putting goal oriented patient care into practice.** J Am Geriatr Soc 2019;67(7):1342-1344 [abstract](#)

Rehabilitation

67. Hwang I, Song R, Ahn S, Lee M, Wayne PM, Sohn MK. **Exploring the adaptability of Tai Chi to stroke rehabilitation.** Rehab Nurs 2019;44(4):221-229 [abstract](#)
68. Jarvis HL, Brown SJ, Price M, Butterworth C, Groenevelt R, Jackson K, Walker L, Rees N, Clayton A, Reeves ND. **Return to employment after stroke in young adults how important is the speed and energy cost of walking?** Stroke 2019;September 26; epub ahead of print [abstract](#)
69. Ouellet JA, Ouellet GM, Romegialli AM, Hirshch M, Berardi L, Ramsey CM, Cooney LM, Walke LM. **Functional outcomes after hip fracture in independent community dwelling patients.** J Am Geriatr Soc 2019;67(7):1386-1392 [abstract](#)
70. Simoes JL, Soares S, Sa-Couto P, Lopes C, Magina D, Melo E, Vegeli D, Bolhao I. **The influence of pre surgical factors on the rehabilitation outcome of patients following hip arthroplasty.** Rehab Nurs 2019;44(4):189-202 [abstract](#)
71. Wintersgill C. **Back to gardening: active rehab twice a day pays off.** Rehab & Comm Care 2019;26(3):20 no abstract
72. Young JK, Lee J, Oh E, Choi M, Kim C, Sung K, Baek S. **Older adults with hip arthroplasty: an individualized transitional care program.** Rehab Nurs 2019;44(4):203-212 [abstract](#)

Sleep

73. Brewster GS, Hirschman KB, Riegel BJ, Hanlon AL, Huang L, McPhillips MV, et al. **Association of health related quality of life domains with daytime sleepiness among elderly recipients of long term services and supports.** Geriatr Nurs 2019;40(4):417-423 [abstract](#)
74. Fine L, Weinborn M, Ng A, Loft S, Ryan Y, Hdgson E, et al. **Sleep disruption explains age-related prospective memory deficits: implications for cognitive aging and intervention.** Ag Neuropsych Cog 2019;26(4):621-636 [abstract](#)
75. Kovach CR, Putz M, Guslek B, McInnes R. **Do warmed blankets change pain, agitation, mood or analgesic use among nursing home residents?** Pain Man Nurs September 2019; epub ahead of print [abstract](#)
76. Shang B, Yin H, Jia Y, Zhao J, Meng X, Chen L, Liu P. **Non pharmacological interventions to improve sleep in nursing home residents: a systematic review.** Geriatr Nurs 2019;40(4):405-416 [abstract](#)

Technology

77. Deagle H. **Technology in healthcare: differing points of view.** Can J Nurs Lead 2019;321(2):46-47 no abstract

78. Risling TL, Low C. **Advocating for safe, quality and just care: what nursing leaders need to know about artificial intelligence in healthcare delivery.** Can J Nurs Lead 2019; 32(2):31-45 no abstract

79. Ronquillo C, Dahinten VS, Bungay V, Currie L. **The Nurse LEADership for Implementing Technologies – mobile Health model (Nurse LEAD-IT – mHealth).** Can J Nurs Lead 2019; 32(2):71-84 no abstract

Transformational leadership

80. Harper KJ, Benson LS. **The importance and impact of nurses serving on boards.** Nurse Econ 2019;37(4):209-212 [abstract](#)

81. Prybil LD, Popa GJ. **Building the case for including nurse leaders on healthcare organization boards.** Nurse Econ 2019;37(4):169-178 [abstract](#)

82. Remus S, Danelle L. **Big data: why should Canadian nurse leaders care?** Can J Nurs Lead 2019; 32(2):19-30 no abstract

Work life

83. Petriglieri J. **How dual career couples make it work.** Harv Bus Rev 2019;97(5):44-53 no abstract

84. Stevenson J. **One couple's perspective.** Harv Bus Rev 2019;97(5):54-55 no abstract

85. Stevenson J. **The spouse factor.** Harv Bus Rev 2019;97(5):56-58 no abstract

Emerging themes

Boscart VM, McNeill S, Grinspun D. **Dementia care in Canada: nursing recommendations.** Can J Aging 2019;38(3):407-418 [abstract](#)

Brooks L. **Health care provider experiences of and perspectives on medical assistance in dying: a scoping review of qualitative studies.** Can J Aging 2019;38(3):384-396 [abstract](#)

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Links

American Journal of Nursing blog **Off the Charts** is at this [link](#)

Alzheimer Society Canada [link](#)

Alzheimer's Society UK [link](#)

Dementia Australia [link](#)

Alzheimer's Association US [link](#)

Institute for Healthcare Improvement (IHI) [link](#)

National Library of Medicine's National Information Center on Health Services Research and Health Care Technology (NICHSR): choose your area of research and sign up for email alerts at this [link](#)

Canadian Patient Safety week: Oct 28 to Nov 1, 2019
webinars [link](#) CPSI [link](#)

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