



St. Joseph's  
HEALTH CENTRE GUELPH  
Serving with Compassion, Care and Courage

Alzheimer Society  
CANADA



## Recommended reading list From your health sciences library: May 2019: focus on climate action

In May we acknowledge  
**Physiotherapy month** [link](#)  
**Speech and Hearing month** [link](#)

### Assessment

1. O'Connor M, Duncanson H, Hollis AM. **Use of the MMSE in the prediction of driving fitness: relevance of specific subtests.** J Am Geriatr Soc 2019;67(4):790-793 [abstract](#)
2. Perissinotto C, Holt-Lunstad J, Periyakoil VS, Covinsky K. **A practical approach to assessing and mitigating loneliness and isolation in older adults.** J Am Geriatr Soc 2019;67(4):657-662 [abstract](#)
3. Petty LS, Foster JEG, Rigby P. **Identifying community dwelling older adults' vision loss during mobility assessments: a scoping review.** Can J Occup Ther 2019;86(2):95-105 [abstract](#)

### Caregivers

4. McCusker J, Lambert SD, Yaffe MJ, Cole MG, Hidalgo M, Amir E, de Raad M, Belzile E. **Pilot study of a transitional intervention for family caregivers of older adults.** Can J Aging 2019;38(2):210-221 [abstract](#)

### Client experience

5. Lower AD. **The other side: as her father's hospital stay is prolonged, a nurse struggles with a newfound sense of helplessness.** Am J Nurs 2019;119(5):72 no abstract

### Climate action

6. Cook C, Demorest SL, Schenk E. **Nurses and climate action: opportunities to lead national efforts.** Am J Nurs 2019;119(4):54-60 no abstract

7. Dossey BM, Rosa WE, Beck DM. **Nursing and the Sustainable Development Goals: from Nightingale to now.** Am J Nurs 2019;119(5):44-50 [abstract](#)
8. Nicholas PK, Breakey S. **The economics of climate change and the intersection with conflict, violence and migration: implications for the nursing profession.** Nurs Econ 2019;37(1):23-34 [abstract](#)
9. Schenk EC. **Addressing climate change: we can't afford not to.** Nurs Econ 2019;37(1):6-12 no abstract
10. Travers JL, Schenk EC, Rosa WE, PK Nicholas. **Climate change, climate justice, and a call for action.** Nurs Econ 2019;37(1):9-12 [abstract](#)
11. Wald A. **Emergency department visits and costs for heat-related illness due to extreme heat or heat waves in the United States: an integrated review.** Nurs Econ 2019;37(1):35-48 [abstract](#)

## Clinical practice

12. Buck HG, Mcghee S, Polo RL, Zambroski C. **Hypercholesterolemia management in older adults: a scoping review of recent evidence.** J Geront Nurs 2019;45(3):31-42 [abstract](#)
13. Rariden C. **Prediabetes: a wake-up call.** Nursing 2019;49(4):38-45 [abstract](#)

## Dementia care delivery

14. Allison TA, Smith AK. **"Now I write songs": growth and reciprocity after long-term nursing home placement.** Gerontol 2019; epub ahead of print [abstract](#)
15. Asadollahi M, Ataxadeh M, Noroozian M. **Seizure in Alzheimer's disease: an underestimated phenomenon.** Am J Alzheimer's Dis Oth Dement 2019;34(2):81-88 [abstract](#)
16. Borges-Machado F, Ribeiro O, Sampaio A, Marques-Aleixo I, Meireles J, Carvalho J. **Feasibility and impact of a multicomponent exercise intervention in patients with Alzheimer's disease: a pilot study.** Am J Alzheimer's Dis Oth Dement 2019;34(2):95-103 [abstract](#)
17. Borson S. **Dementia-capable healthcare: one step closer.** (editorial) J Am Geriatr Soc 2019;67(3):419-420 no abstract
18. Jacobson GC, Hollander M, Beck AP, Gilmore-Bykovskyi A, Werner N, Shah MN. **Factors influencing emergency care by persons with dementia: stakeholder perceptions and unmet needs.** J Am Geriatr Soc 2019;67(4):711-718 [abstract](#)

19. Maltais M, Rolland Y, Vellas B, Hay PE, Armaingaud D, Cestac P, Rouch L, Cesari M, de Souto Barreto P. **Effect of exercise on behavioral symptoms and pain in patients with dementia living in nursing homes.** *Am J Alzheimer's Dis Oth Dement* 2019;34(2):89-94 [abstract](#)
20. Tak SH, Kim JY, Ko H, Yoo YM. **Feasibility of an integrative activity program for older adults with low education and mild dementia.** *J Geront Nurs* 2019;45(3):13-20 [abstract](#)

## Ethics and end of life

21. Epley N, Kumar A. **How to design an ethical organization.** *Harv Bus Rev* 2019;97(3):144-150 [abstract](#)
22. Jennings LA, Turner M, Keebler C, Burton CH, Romero T, Wenger NS, Reuben DB. **The effect of a comprehensive dementia care management program on end-of-life care.** *J Am Geriatr Soc* 2019;67(3):443-448 [abstract](#)
23. Shelton W, Tenenbaum E, Costello K, Hoffman D. **Empowering patients with Alzheimer's disease to avoid unwanted medical care: a look at the dementia care triad.** *Am J Alzheimer's Dis Oth Dement* 2019;34(2):131-136 [abstract](#)

## Frailty and fall prevention

24. Maïano C, Hue O, Lepage G, Morin AJS, Tracey D, Moullec G. **Do exercise interventions improve balance for children and adolescents with Down syndrome? A systematic review.** *Phys Ther* 2019;99(5):507-518 [abstract](#)
25. Margolis KL, Buchner DM, LaMonte MJ, Zhang Y, Di C, Rillamas-Sun E, Hunt J, et al. **Hypertension treatment and control and risk of falls in older women.** *J Am Geriatr Soc* 2019;67(4):726-733 [abstract](#)
26. Zanker J, Duque G. **Osteoporosis in older persons: old and new players.** *J Am Geriatr Soc* 2019;67(4):831-840 [abstract](#)
27. Zullo AR, Zhang T, Lee Y, McConeghy KW, Daiello LA, Kiel DP, Mor V, Berry SD. **Effects of bisphosphonates on fracture outcomes among frail older adults.** *J Am Geriatr Soc* 2019;67(4):768-776 [abstract](#)

## Funding

28. Roblin B, Deber R, Kuluski K, Silver MP. **Ontario's retirement homes and long term care homes: a comparison of care services and funding regimes.** *Can J Aging* 2019;38(2):155-167 [abstract](#)

## House calls

29. Brody AA, Arbaje AI, DeChjerrie LV, Federman AD, Leff B, Siu AL. **Starting up a hospital at home program: facilitators and barriers to implementation.** J Am Geriatr Soc 2019;67(3):588-595 [abstract](#)
30. Daaleman TP, Ernecoff NC, Kistler CE, Reid A, Reed D, Hanson LC. **The impact of a community based serious illness care program on healthcare utilization and patient care experience.** J Am Geriatr Soc 2019;67(4):825-830 [abstract](#)
31. DeCherrie LV, Wajnberg A, Soones T, Escobar C, Catalan E, Lubetsky S, Leff B, Federman, Siu AL. **Hospital at home-plus: a platform of facility based care.** J Am Geriatr Soc 2019;67(3):596-602 [abstract](#)

## Leadership

32. Edmondson AC, Casciaro T, Jang S. **Cross-silo leadership: how to create more value by connecting experts from inside and outside the organization.** Harv Bus Rev 2019;97(3):130-139 [abstract](#)
33. Fuller JB, Raman M, Wallenstein JK, de Chalendar A. **Your workforce is more adaptable than you think.** Harv Bus Rev 2019;97(3):118-126 [abstract](#)

## Living longer, living well

34. Brooks L, Ngan KH, Townsend AF, Backman CL. **"I just love it": avid knitters describe health and well-being through occupation.** Can J Occup Ther 2019;86(2):114-124 [abstract](#)
35. Mellum JS, Martsoff DS, Glazer G, Tobias B, Martsoff G. **How older adults with multimorbidity manage their own care within a formal care coordination program.** Geriatr Nurs 2019;40(1):56-62 [abstract](#)
36. Richards KC, Gooneratne N, Diccico B, Hanlon A, Moelter S, Onen F, et al. **CPAP adherence may slow 1 year cognitive decline in older adults with mild cognitive impairment and apnea.** J Am Geriatr Soc 2019;67(3):558-564 [abstract](#)
37. Rodrigues LM, Smith AP, Sheets DJ, Hemond J. **The meaning of a visual arts program for older adults in complex residential care.** Can J Aging 2019;38(2):143-154 [abstract](#)

## Medication management

38. American Geriatrics Society (AGS) Panel to update the 2019 AGS Beers Criteria®. **American Geriatrics Society 2019 updated AGS Beers Criteria® for potentially inappropriate medication use in older adults.** J Am Geriatr Soc 2019;67(4):674-694 [abstract](#)

- 39.Chukwulebe SB, Kim HS, McCarthy DM, Courtney DM,, Lank PM, Gravenor SJ, Dresden SM. **Potentially inappropriate medication prescriptions for older adults with painful conditions and association with return emergency department visits.** J Am Geriatr Soc 2019;67(4):719-725 [abstract](#)
- 40.Corbett K, Dugan A, Vitale C, Gravel T. **Long-term effects of opioids on the cardiovascular system.** Nursing Made Incredibly Easy 2019;17(3):21-24 no abstract
- 41.Eggebrecht L, Nagler M, Göbel S, Lamparter H, Keller K, Wagner B, et al. **Relevance of polypharmacy for clinical outcome in patients receiving vitamin K antagonists.** J Am Geriatr Soc 2019;67(3):463-470 [abstract](#)
- 42.Ishida JH, McCulloch CE, Steinman MA, Grimes BA, Johansen KL. **Psychoactive medications and adverse outcomes among older adults receiving hemodialysis.** J Am Geriatr Soc 2019;67(3):449-454 [abstract](#)
- 43.Steinman MA, Fick DM. **Using wisely: a reminder on the proper use of the American Geriatrics Society Beers Criteria®.** (editorial) J Am Geriatr Soc 2019;67(4):644-646 no abstract
- 44.Wastesson JW, Morin L, Laroche ML, Johnell K. **How chronic is polypharmacy in old age? A longitudinal nationwide (Sweden) cohort study.** J Am Geriatr Soc 2019;67(3):455-462 [abstract](#)

## Mental health and addictions

- 45.Florang JE. **Caring for adolescents experiencing cyberbullying.** Nursing Made Incredibly Easy 2019;17(3):34-41 no abstract

## Multimorbidity

- 46.Boyd C, Smith CD, Masoudi FA, Blaum CS, Dodson JA, Green AR, et al. **Decision making for older adults with multiple chronic conditions: executive summary for the American Geriatrics Society Guiding Principles on the Care of Older Adults With Multimorbidity.** J Am Geriatr Soc 2019;67(4):665-673 [abstract](#)

## Nutrition

- 47.Pooler J, Hartline-Grafton H, DeBor M, Sudore RL, Seligman HK. **Food insecurity: a key social determinant of health for older adults.** (editorial) J Am Geriatr Soc 2019;67(3):421-424 no abstract

## Person centred care

- 48.Silén M, Skytt B, Engström M. **Relationships between structural and psychological empowerment mediated by person-centred processes**

**and thriving for nursing home staff.** Geriatr Nurs 2019;40(1):67-71  
[abstract](#)

## Practice change

49. Salinas D, Johnson SC, Conrady JA, Adams TL. **Sustaining nursing grand rounds through interdisciplinary teamwork and inter organizational partnership.** Am J Nurs 2019;119(4):41-48 [abstract](#)
50. Tucker SJ, Gallagher-Ford L. **EBP 2.0: from strategy to implementation.** Am J Nurs 2019;119(4):50-52 [abstract](#)

## Reflective practice

51. Sato HWA. **Reexamining resilience.** Am J Nurs 2019;119(4):53 no abstract

## Rehabilitation

52. Kwah LK, Green J, Butler J, Lam L. **Quality of clinical practice guidelines for management of limb amputations: a systematic review.** Phys Ther 2019;99(5):577-590 [abstract](#)
53. Loomer L, Downer B, Thomas KS. **Relationship between functional improvement and cognition in short-stay nursing home residents.** J Am Geriatr Soc 2019;67(3):553-557 [abstract](#)
54. Viscogliosi C, Desrosiers J, Belleville S. **Optimizing participation of older adults with cognitive deficits post-stroke: types of help and caregiver burden.** Can J Aging 2019;38(2):222-235 [abstract](#)
55. Wang M, Liao W, Chen X. **Effects of a short term mindfulness-based intervention on comfort of stroke survivors undergoing inpatient rehabilitation.** Rehab Nurs 2019;44(2):78-86 [abstract](#)

## Smoking cessation

56. Borelli B, O'Connor GT. **E-cigarettes to assist with smoking cessation.** New Eng J Med 2019;380(7):678-679 no abstract
57. Drazen JM, Morissey S, Champion EW. **The dangerous flavors of e-cigarettes.** New Eng J Med 2019;380(7):679-680 no abstract
58. Hajek P, Phillips-Waller A, Przulj D, Pesola F, Smith KM, Bisal N, et al. **A randomized trial of e-cigarettes versus nicotine-replacement therapy.** New Eng J Med 2019;380(7):629-637 [abstract](#)
59. Upson D, Stein JH, Gottlieb MA, et al. **E-cigarettes versus nicotine-replacement therapy for smoking cessation.** New Eng J Med 2019;380(20):1973-1975 abstract

## Technology

60. Vigilante K, Escaracage S, McConnell M. **Big data and the intelligence community – lessons for health care.** New Engl J Med 2019;380(20):1888-1890 [abstract](#)

## Work life

61. Schwartz F, Bjorklund P. **Quality improvement project to manage workplace violence in hospitals.** J Nurs Care Qual 2019;34(2):114-120 [abstract](#)
62. Sherman RO, Blum C. **Finding joy in the workplace: four steps to restoring purpose and meaning in health care.** Am J Nurs 2019;119(4):66-69 no abstract
63. Squires JE, Baumbusch J, Varin MD, MacDonald I, Chamberlain S, Bostrom AM, et al. **A profile of regulated nurses employed in Canadian long-term care facilities.** Can J Aging 2019;38(2):130-142 [abstract](#)
64. Vega H, Pope V. **How to overcome compassion fatigue.** Nursing Made Incredibly Easy 2019;17(3):52-54 no abstract

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## Emerging themes:

- Allison TA, Smith AK. **“Now I write songs”: growth and reciprocity after long-term nursing home placement.** Gerontol 2019; epub ahead of print [abstract](#)
- Cook C, Demorest SL, Schenk E. **Nurses and climate action: opportunities to lead national efforts.** Am J Nurs 2019;119(4):54-60 no abstract
- Pooler J, Hartline-Grafton H, DeBor M, Sudore RL, Seligman HK. **Food insecurity: a key social determinant of health for older adults.** (editorial) J Am Geriatr Soc 2019;67(3):421-424 no abstract
- Shelton W, Tenenbaum E, Costello K, Hoffman D. **Empowering patients with Alzheimer’s disease to avoid unwanted medical care: a look at the dementia care triad.** Am J Alzheimer’s Dis Oth Dement 2019;34(2):131-136 [abstract](#)

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## Links:

- American Journal of Nursing blog **Off the Charts** is at this [link](#)  
Alzheimer Society Canada [link](#)  
Alzheimer’s Society UK [link](#)  
Dementia Australia [link](#)  
Alzheimer’s Association US [link](#)

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