

## Recommended reading list from your health sciences library March 2019



In March we acknowledge  
**Music Therapy Month**  
Canadian Association of Music Therapists [link](#)  
**Brain Injury Awareness**  
Brain Injury Canada [link](#)  
**Nutrition Month 2019**  
Ambassador Toolkit [link](#)

### Acquired brain injury

1. Al-Dahhak R, Khoury R, Qazi E, Grossberg GT. **Traumatic brain injury, chronic traumatic encephalopathy and Alzheimer disease.** Clin Geriatr Med 2018; 34(4):617-635 [abstract](#)
2. Reuter-Rice K, Eads JK, Berndt S, Doser K. **The initiation of rehabilitation therapies and observed outcomes in pediatric traumatic brain injury.** Rehab Nurs 2018;43 (6):327-334 [abstract](#)

### Aphasia

3. Haley KL, Cunningham KT, Barry J, de Riesthal M. **Collaborative goals for communicative life participation in aphasia: the FOURC model.** Am J Speech Lan Pathology 2019;epb ahead of print [abstract](#)
4. Pitt R, Theodoros D, Hill AJ, Russell T. **the development and feasibility of an online aphasia group intervention and networking program – TeleGAIN.** Int J Speech Lan Pathol 2019;21(1):23-36 [abstract](#)

### Assessment

5. Moore A, Merrill E. **Evaluating older adult self-care capacity.** Nurs Made Incredibly Easy 2019;17(2):34-41 [abstract](#)
6. Sava AA, Delphin-Combe F, Krolak-Salmon P, Michael GA, Chainay H. **First-order affective theory of mind in persons with Alzheimer's disease and in healthy older adults.** Can J Aging 2019;38(1):100-110 [abstract](#)

7. Wang Z, Dong B. **Screening for cognitive impairment in geriatrics.** Clin Geriatr Med 2018;34(4):515-536 [abstract](#)

## Caregivers

8. Boyes RD, Bielska IA, Fong R, Johnson AP. **Caregiver out-of-pocket costs for octogenarian intensive care unit patients in Canada.** Can J Aging 2019;38(1):51-58 [abstract](#)
9. Carroll L, Chippior J, Karmali S, Sriram D, Ysseldyk R. **We are caregivers: social identity is associated with lower perceived stress among rural informal caregivers.** Can J Aging 2019;38(1):59-75 [abstract](#)
10. Liu H, Lou VWQ. **Transitioning into spousal caregiving: contribution of caregiving intensity and caregivers' multiple chronic conditions to functional health.** Age Ageing 2019;48(1):108-114 [abstract](#)

## Clinical practice

11. Faminu F. **Diabetes: setting and achieving glycemic goals.** Nursing 2019;49(3):49-54 [abstract](#)
12. Newman DK, Butcher HK. **Evidence based practice guideline: prompted voiding for individuals with urinary incontinence.** J Geront Nurs 2019;45(2):14-26 [abstract](#)

## Delirium

13. Hasemann W, Tolson D, Godwin J, Spirig R, Frei IA, Kressig RW. **Nurses' recognition of hospitalized older patients with delirium and cognitive impairment using the Delirium Observation Screening Scale: a prospective comparison study.** J Geront Nurs 2018;44(12):35-43 [abstract](#)
14. Han JH, Suyama J. **Delirium and dementia.** Clin Geriatr Med 2018;34(3):327-354 [abstract](#)

## Dementia - pathophysiology

15. McCleery J, Flicker L, Richard E, Quinn TJ. **When is Alzheimer's not dementia – Cochrane commentary on the National Institute on Ageing and Alzheimer's Association Research Framework for Alzheimer's disease.** Age Ageing 2019;48(2):174-177 [abstract](#)
16. Morley J. **An overview of cognitive impairment.** Clin Geriatr Med 2018;34(4):505-513 [abstract](#)
17. Morley JE, Farr SA, Nguyen AD. **Alzheimer disease.** Clin Geriatr Med 2018;34(4):591-601 [abstract](#)
18. Sanford AM. **Lewy Body dementia.** Clin Geriatr Med 2018;34(4):603-615 [abstract](#)

19. Tangalos EG, Petersen RC. **Mild cognitive impairment in geriatrics.** Clin Geriatr Med 2018;34(4):563-589 [abstract](#)

## Dementia, care delivery and quality of life

20. Murphy K, Liu WW, Goltz D, Fixsen E, Kirchner S, Hu J, White H. **Implementation of personalized music listening for assisted living residents with dementia.** Geriatr Nurs 2018;39(5):560-565 [abstract](#)
21. Rai H, Yates L, Orrell M. **Cognitive stimulation therapy for dementia.** Clin Geriatr Med 2018;34(4):653-665 [abstract](#)
22. Brustio PR, Liubicich ME, Chiabrero M, Rabaglietti E. **Dancing in the golden age: a study on physical function, quality of life and social engagement.** Geriatr Nurs 2018;39(6):635-639 [abstract](#)
23. Volicer L. **Behavioral problems and dementia.** Clin Geriatr Med 2018;34(4):637-651 [abstract](#)

## Dementia prevention

24. Little MO. **Reversible dementias.** Clin Geriatr Med 2018;34(4):537-562 [abstract](#)

## Elder abuse and neglect

25. Rosen T, Stern ME, Elman A, Mulcare MR. **Identifying and initiating intervention for elder abuse and neglect in the emergency department.** Clin Geriatr Med 2018;34(3):435-451 [abstract](#)

## Emergency department – age friendly

26. Bessey LJ, Radue RM, Chapman EN, Boyle LL, Shah MN. **Behavioral health needs of older adults in the emergency department.** Clin Geriatr Med 2018;34(3):469-489 [abstract](#)
27. Gleason LJ, Escue ED, Hogan TM. **Older adult emergency department pain management strategies.** Clin Geriatr Med 2018;34(3):491-504 [abstract](#)
28. Han JH, Suyama J. **Delirium and dementia.** Clin Geriatr Med 2018;34(3):327-354 [abstract](#)
29. Hogan TM, Malsch A. **Communication strategies for better care of older individuals in the emergency department.** Clin Geriatr Med 2018;34(3):387-397 [abstract](#)
30. Marr S, Hillier LM, Simpson D, Vinson S, Goodwill S, Jewell D, Hazzan AA. **Factors for self managing care following older adults' discharge from the emergency department: a qualitative study.** Can J Aging 2019;38(!):76–89 [abstract](#)

31. Melady D, Perry A. **Ten best practices for the older patient in the emergency department.** Clin Geriatr Med 2018;34(3):313-326 [abstract](#)
32. Perry A, Tejada JM, Melady D. **An approach to the older patient in the emergency department** Clin Geriatr Med 2018;34(3):299-311 [abstract](#)
33. Theou O, Campbell S, Maline ML, Rockwood K. **Older adults in the emergency department with frailty.** Clin Geriatr Med 2018;34(3):369-386 [abstract](#)
34. Vollbrecht M, Biese K, Hastings SN, Ko KJ, Preville LA. **Systems based practice to improve care within and beyond the emergency department.** Clin Geriatr Med 2018;34(3):399-413 [abstract](#)

## Ethics, end of life care and grief

35. Armstrong MJ, Alliance S, Corsentino P, DeKosky ST, Taylor A. **Cause of death and end of life experiences in individuals with dementia with Lewy bodies.** J Am Geriatr Soc 2019;67(1):67-73 [abstract](#)
36. Bell D, Ruttenberg MB, Chai E. **Care of geriatric patients with advanced illnesses and end-of-life needs in the emergency department.** Clin Geriatr Med 2018;34(3):453-467 [abstract](#)
37. Ludwick R, Baughman KR, Jarjoura D, Kropp DJ. **Advance care planning: an exploration of the beliefs, self-efficacy, education and practices of RNs and LPNs.** Am J Nurs 2018;118(12):26-33 [abstract](#)

## Frailty, physical activity and fall prevention

38. Arai H, Satake S, Kozaki K. **Cognitive frailty in geriatrics.** Clin Geriatr Med 2018;34(4):667-675 [abstract](#)
39. Cai H, Li G, Jiang S, Yin H, Liu P, Chen L. **Effect of low-intensity, Kinect™-based Kaimai-style qigong exercise in older adults with type 2 diabetes.** J Geront Nurs 2019;45(2):42-52 [abstract](#)
40. Carpenter CR, Cameron A, Ganz DA, Liu S. **Older adult falls in emergency medicine – a sentinel event.** Clin Geriatr Med 2018;34(3):355-367 [abstract](#)
41. Guccione AA, Neville BT, George SZ. **Optimization of movement: a dynamical systems approach to movement systems as emergent phenomena.** Phys Ther 2019;99(1):3-9 [abstract](#)
42. Mora JC, Valencia WM. **Exercise and older adults.** Clin Geriatr Med 2018;34(1):145-162 [abstract](#)
43. Reas ET, Laughlin GA, Bergstrom J, Kritz-Silverstein D, Richard EL, et al. **Lifetime physical activity and late life cognitive function: the Rancho Bernardo study.** Age Ageing 2019;48(2):241-246 [abstract](#)

44. Shellington EM, Gill DP, Shigematsu R, Petrella RJ. **Innovative exercise as an intervention for older adults with knee osteoarthritis: a pilot feasibility study.** Can J Aging 39(1):111-121 [abstract](#)
45. Smith EM, Shah AA. **Screening for geriatric syndromes: falls, urinary/fecal incontinence and osteoporosis.** Clin Geriatr Med 2018;34(1):55-67 [abstract](#)
46. Walston J, Buta B, Xue QL. **Frailty screening and interventions: considerations for clinical practice.** Clin Geriatr Med 2018;34(1):25-38 [abstract](#)

## Living longer, living well

47. Friedman SM, Mulhausen P, Cleveland ML, CollPP, Daniel KM, Hayward AD, Shah K, Skudlarska B, White HK. **Healthy aging: American Geriatrics Society white paper executive summary.** J Am Geriatr Soc 2019;67(1):17-20 [abstract](#) [full text white paper](#)
48. Gladman JRF. **Personal growth and development in old age – a clinician’s perspective.** Age Ageing 2019;48(1):8-10 [abstract](#)
49. Silver MP. **The unbearable lightness of being retired.** Can J Aging 2019;38(1):21-34 [abstract](#)
50. Szabo A, Allen J, Stephens C, Alpass F. **Is retirement associated with physical health benefits? A longitudinal investigation with older New Zealanders.** Age Ageing 2019;48(2):267-272 [abstract](#)
51. Yang M, Thomas J, Zimmer R, Cleveland M, Hayashi JL, Colburn JL. **Ten things every geriatrician should know about house calls.** J Am Geriatr Soc 2019;67(1):139-144 [abstract](#)

## Medication management and patient safety

52. Aspinall SL, Springer SP, Zhao X, Cunningham FE, Thorpe CT, Semla TP, et al. **Central nervous system medication burden and risk of recurrent serious falls and hip fractures in Veterans Affairs nursing home residents.** J Am Geriatr Soc 2019;67(1):74-80 [abstract](#)
53. Chou J, Tong M, Brandt NJ. **Combating polypharmacy through deprescribing potentially inappropriate medications.** J Geront Nurs 2019;45(1):9-15 [abstract](#)
54. Cooper D, McFarland M, Petrilli F, Shells C. **Reducing inappropriate antibiotics for urinary tract infections in long-term care: a replication study.** J Nurs Care Qual 2019;34(1):16-21 [abstract](#)
55. Dresden SM, Allen K, Lyden AE. **Common medication management approaches for older adults in the emergency department.** Clin Geriatr Med 2018;34(3):415-433 [abstract](#)

56. Ricciardi R, Shofer M. **Nurses and patients: natural partners to advance patient safety.** J Nurs Care Qual 2019;34(1):1-3 no abstract
57. Thompson W, Lundby C, Graabæk T, Nielsen DS, Ryg J, Søndergaard J, Pottegård A. **Tools for deprescribing in frail older persons and those with limited life expectancy: a systematic review.** J Am Geriatr Soc 2019;67(1):172-180 [abstract](#)
58. Zullo AR, Gray SL, Holmes HM, Marcum ZA. **Screening for medication appropriateness in older adults.** Clin Geriatr Med 2018;34(1):39-54 [abstract](#)

## Mental health and addictions

59. Girardi A, Curran MS. **The comorbidity of chronic pain and depression.** Nurs Made Incredibly Easy 2019;17(2):50-54 [abstract](#)
60. Perkins A. **Toxic stress in children: impact over a lifetime.** Nurs Made Incredibly Easy 2019;17(2):42-49 [abstract](#)

## Music therapy

61. Le Danseur M, Crow AD, Stutzman SE, Villareal MD, Olson DM. **Music as therapy to alleviate anxiety during inpatient rehabilitation for stroke.** Rehab Nurs 2019; 44(1):29-34 [abstract](#)
62. Murphy K, Liu WW, Goltz D, Fixsen E, Kirchner S, Hu J, White H. **Implementation of personalized music listening for assisted living residents with dementia.** Geriatr Nurs 2018;39(5):560-565 [abstract](#)

## Nutrition, gut and oral health

63. Fernandez SSM, Ribeiro SML. **Nutrition and Alzheimer disease.** Clin Geriatr Med 2018;34(4):677-697 [abstract](#)
64. Mendonca N, Granic A, Hill TR, Siervo M, Mathers JC, Kingston A, Jagger C. **Protein intake and disability trajectories in very old adults: The Newcastle 85+ Study.** J Am Geriatr Soc 2019;67(1):50-56 [abstract](#)
65. Sykes P, Norris I, Cook M, Woods A, Boughton R, Chilcott K, Walsh K. **Mealtime assistance ... from chaos to calm.** J Nurs Care Qual 2019;34(1):80-85 [abstract](#)

## Person centred care

66. Behrens LL, McGhan G, Abbott KM, Fick DM, Kolanowski AM, Buck HG, Roes M, Heid AR, Spector A, Van Haitsma K. **Mapping core concepts of person-centered care in long term services and supports.** J Geront Nurs 2019; 45(2):6-13 [abstract](#)
67. Godley M, Jenkins JB. **Decreasing wait times and increasing patient satisfaction: a Lean Six Sigma approach.** J Nurs Care Qual 2019;34(1):61-65 [abstract](#)

- 68.Schenk EC, Bryant RA, Van Son CR, Odom-Maryon T. **Perspectives on patient and family engagement with reduction in harm: the forgotten voice.** J Nurs Care Qual 2019;34(1):73-79 [abstract](#)

## Reflective practice

- 69.Meyer EC. **Little sparrow: discovering the healing value of a garden sanctuary.** Am J Nurs 2019;119(2):72 no abstract

## Rehabilitation

- 70.Goodwin VA, Allan LM. **'Mrs Smith has no rehab potential': does rehabilitation have a role in the management of people with dementia?** Age Ageing 2019;48(1):5-7 no abstract
- 71.Kristensen MT, Ozturk B, Rock ND, Ingeman A, Palm H, et al. **Regaining pre-fracture basic mobility status after hip fracture and association with post discharge mortality and readmission – a nationwide register study in Denmark.** Age Ageing 2019;48(2):278-284 [abstract](#)
- 72.Lundberg M, Archer KR, Larsson C, Rydwick E. **Prehabilitation: the Emperor's New Clothes or a new arena for physical therapists?** Phys Ther 2019;99(2):127-130 no abstract
- 73.Stout NL, Silver JK, Alfano CM, Ness KK, Gilchrist LS. **Long-term survivorship care after cancer treatment: a new emphasis on the role of rehabilitation services.** Phys Ther 2019;99(1):10-13 [abstract](#)
- 74.Zadro JR, Shirley D, Simic M, Mousavi SJ, Cefrnja D, Maka K, Sung J, Ferreira P. **Video-game-based exercises for older people with chronic low back pain: a randomized controlledtable trial (GAMEBACK).** Phys Ther 2019;99(1):14-27 [abstract](#)

## Technology

- 75.Munanga A. **Cybercrime: a new and growing problem for older adults.** J Geront Nurs 2019;45(1):3-5 no abstract

## Transformational leadership

- 76.Bason C, Austin RD. **The Right Way to Lead Design Thinking.** Harv Bus Rev 2019;97(2):82-91 [abstract](#)
- 77.Buckingham M, Goodall A. **The feedback fallacy: why feedback rarely does what it's meant to.** Harv Bus Rev 2019;97(2):92-101 [abstract](#)
- 78.Kwan LB. **The collaboration blind spot.** Harv Bus Rev 2019;97(2):66-73 [abstract](#)
- 79.Pisano GP. **The hard truth about innovative cultures.** Harv Bus Rev 2019; 97(1):62-71 [abstract](#)

## Work life

80. Chamberlain SA, Hoben M, Squires JE, Cummings GG, Norton P, Estabrooks CA. **Who is (still) looking after mom and dad? Few improvements in care aides' quality-of-work life.** Can J Aging 2019;38(!):35-50 [abstract](#)
81. Perregrini M. **Combating compassion fatigue: how to recharge your battery.** Nursing 2019;49(2):50-54 [abstract](#)
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## Emerging themes

- Al-Dahhak R, Khoury R, Qazi E, Grossberg GT. **Traumatic brain injury, chronic traumatic encephalopathy and Alzheimer disease.** Clin Geriatr Med 2018; 34(4):617-635 [abstract](#)
- Liu H, Lou VWQ. **Transitioning into spousal caregiving: contribution of caregiving intensity and caregivers' multiple chronic conditions to functional health.** Age Ageing 2019;48(1):108-114 [abstract](#)
- McCleery J, Flicker L, Richard E, Quinn TJ. **When is Alzheimer's not dementia – Cochrane commentary on the National Institute on Ageing and Alzheimer's Association Research Framework for Alzheimer's disease.** Age Ageing 2019;48(2):174-177 [abstract](#)
- Brustio PR, Liubicich ME, Chiabrero M, Rabaglietti E. **Dancing in the golden age: a study on physical function, quality of life and social engagement.** Geriatr Nurs 2018;39(6):635-639 [abstract](#)
- Hogan TM, Malsch A. **Communication strategies for better care of older individuals in the emergency department.** Clin Geriatr Med 2018;34(3):387-397 [abstract](#)
- Guccione AA, Neville BT, George SZ. **Optimization of movement: a dynamical systems approach to movement systems as emergent phenomena.** Phys Ter 2019,99(1):3-9 [abstract](#)
- Yang M, Thomas J, Zimmer R, Cleveland M, Hayashi JL, Colburn JL. **Ten things every geriatrician should know about house calls.** J Am Geriatr Soc 2019;67(1):139-144 [abstract](#)
- Le Danseur M, Crow AD, Stutzman SE, Villareal MD, Olson DM. **Music as therapy to alleviate anxiety during inpatient rehabilitation for stroke.** Rehab Nurs 2019; 44(1):29-34 [abstract](#)
- Munanga A. **Cybercrime: a new and growing problem for older adults.** J Geront Nurs 2019;45(1):3-5 no abstract
- Perregrini M. **Combating compassion fatigue: how to recharge your battery.** Nursing 2019;49(2):50-54 [abstract](#)
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## Useful links

The CDC's **Healthy Brain Initiative Road Map**, 2019, [link](#)

From the Canadian Academy of Health Sciences: **Improving the quality of life and care of persons living with dementia and their caregivers**. 2019, [link](#)

From the Public Health Agency of Canada: National Dementia Conference: **Inspiring and Informing a National Dementia Strategy for Canada**. 2018, [link](#)

**The Alzheimer Society Canada** [link](#)

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