

Recommended reading list from your health sciences library July 2020

With an ongoing thank you
to all our health care
workers
wherever you work



Agile

1. Janssen M, van der Voort H. **Agile and adaptive governance in crisis response: lessons from the COVID-19 pandemic.** Int J Inform Manage 2020; epub ahead of print [link](#)

Amyotrophic lateral sclerosis (ALS)

2. Vacca VM. **Amyotrophic lateral sclerosis: nursing care and considerations.** Nurs 2020;50(6):32-40 [abstract](#)

Aphasia

3. Wong S, Irish M, Hussain M, Hodges JR, Piguet O, Kumfor F. **Apathy and its impact on carer burden and psychological wellbeing in primary progressive aphasia.** J Neurl Sci 2020; epub ahead of print [abstract](#)

Caregivers

4. Migliaccio R, Bouziguesa A. **Dementia and COVID-19 lockdown: more than a double blow for patients and caregivers.** J Alzheimer's Dis Rep 2020;4(1):231-235 [link](#)

Climate and our environment

5. Wohlford S, Esteves-Fuentes N, Carter KF. **Reducing waste in the clinical setting: nurses at one organization improve environmental sustainability and realize cost savings.** Am J Nurs 2020;120(6):48-55 [abstract](#)

Clinical practice

6. Kramer DB, Lo B, Dickert NW. **CPR in the Covid-19 era — an ethical framework.** New Eng J Med July 9, 2020;383(2):epub ahead of print [link](#)
7. Kaminsky T, Ozalas SM, Brandt NJ. **Update on type 2 diabetes mellitus and older adults.** J Gerontol Nurs 2020;46(4):7 -12 [abstract](#)

Communication

8. Roland M, Everington S, Marshall M. **Social prescribing — transforming the relationship between physicians and their patients (with audio).** New Eng J Med July 9, 2020;383(2):97-99 [abstract](#)
9. Webkamigad S, Cote-Meek S, Pianosi B, Jacklin K. **Exploring the appropriateness of culturally safe dementia information with indigenous people in an urban northern Ontario community.** Can J Aging 2020;39(2):235-246 [abstract](#)

COVID-19 briefs

10. Berlin DA, Gulick RM, Martinez. **Severe Covid-19.** New Eng J Med 2020;epub ahead of print [link](#)
11. Bourouiba L. **A sneeze.** New Eng J Med 2020;video [link](#)
12. Canelli R, Connor CW, Gonzalez M, Nozari A, Ortega R. Barrier Enclosure during Endotracheal Intubation. New Eng J Med 2020;epub ahead of print [link](#)
13. Cohen AB. **Living in a COVID-19 world.** The Milbank Quarterly 2020;98(2):227-234 no abstract
14. Feldstein LR, Rose EB, Horwitz SM, Collins JP, Newhams MM, Son MBF, et al for the Overcoming COVID-19 Investigators, and the CDC COVID-19 Response Team. **Multisystem inflammatory syndrome in U.S. children and adolescents.** New Eng J Med June 29, 2020;epub ahead of print [link](#)
15. Hartzband P, Groopman J. **Physician burnout, interrupted.** New Eng J Med 2020;382(26):2485-2487 [link](#) with audio interview
16. Phipps M. **Far from home: a flight nurse cares for one of COVID-19's many peripheral victims.** Am J Nurs 2020;120(6):72 [link](#)
17. Rubin EJ, Baden LR, Morrissey S. **Audio interview: the challenges of safe reopening.** New Eng J Med June 24, 2020; [link](#)
18. Swiss Society of Intensive Care Medicine. **Recommendations for the admission of patients with COVID-19 to intensive care and intermediate care units (ICUs and IMCUs).** Swiss Med Weekly 2020;epub ahead of print: no abstract
19. Todd B. **Where are the masks? shortages of vital PPE during the COVID-19 pandemic (U.S).** Am J Nurs 2020;120(6):18-19 no abstract

COVID-19 second wave – new evidence

20. Bahl P, Doolan C, de Silva C, Chughtai AA, Bourouiba L, MacIntyre R. **Airborne or droplet precautions for health workers treating coronavirus disease 2019?** J Infect Dis 2020; epub ahead of print [link](#)
21. Bourouiba L. **Turbulent gas clouds and respiratory pathogen emissions potential implications for reducing transmission of COVID-19.** J Am Med Assoc 2020; epub ahead of print [link](#)
22. Correia G, Rodrigues L, Gameiro da Silva M, Gonçalves T. **Airborne route and bad use of ventilation systems as non-negligible factors in SARS-CoV-2 transmission.** Med Hypotheses August 2020; epub ahead of print [abstract](#)
23. Editors. **COVID-19: the worst may be yet to come.** Lancet July 2020; epub ahead of print [link](#)
24. Guo ZD, Wang Y, Zhang SF, Li X, Li C, et al. **Aerosol and surface distribution of severe acute respiratory syndrome coronavirus 2 in hospital wards, Wuhan, China, 2020.** Emerg Infect Dis July 2020; 26(7):1583-1591 [abstract](#)
25. Mick P, Murphy R. **Aerosol-generating otolaryngology procedures and the need for enhanced PPE during the COVID-19 pandemic: a literature review.** J Otolaryngol Head Neck Surg 2020; epub ahead of print [abstract](#)
26. Razzini K, Castrica M, Menchetti L, Maggi L, Negromi L, Orfeo NV, et al. **SARS-CoV-2 RNA detection in the air and on surfaces in the COVID-19 ward of a hospital in Milan, Italy.** Sci Total Environ June 2020; epub ahead of print [abstract](#)
27. Sommerstein R, Fux CA, Vuchard-Gysin D, Abbas M, Marshall J, Balmelli C, Troillet N, et al. **Risk of SARS-CoV-2 transmission by aerosols, the rational use of masks, and protection of healthcare workers from COVID-19.** Antimicrob Resist Infect Control July 2020; epub ahead of print [link](#)
28. Vogel L. **Is Canada ready for the second wave of COVID-19?** Can Med Assoc J June 2020; epub ahead of print [link](#)

Delirium

29. Agar MR. **Delirium at the end of life.** Age Ageing 2020; 49(3):337-340 [abstract](#)
30. Alkeridy WA, Almaghlouth I, Alrashed R, Alayed K, Binkhamis K, Alsharidi A, Liu-Ambrose T. **A unique presentation of delirium in a patient with otherwise asymptomatic COVID-19.** J Am Geriatr Soc 2020; epub ahead of print [abstract](#)

Dementia, care delivery and quality of life

31. Brown EE, Kumar S, Rajji TK, Pollock BG, Mulsant BH. **Anticipating and mitigating the impact of the COVID-19 pandemic on Alzheimer's disease and related dementias.** Am J Geriatr Psychiatry 2020; 28(7):712-721 [link](#)

32. Canevelli M, Bruno G, Cesari M. **Providing simultaneous COVID-19 sensitive and dementia-sensitive care as we transition from crisis care to ongoing care.** J Am Med Direct Assoc 2020; epub ahead of print [link](#)
33. Goodman-Casanova JM, Dura-Perez E, Guzman-Parra J, Cuesta-Vargas A, Mayoral-Cleries F. **Telehealth home support during COVID-19 confinement for community-dwelling older adults with mild cognitive impairment or mild dementia: survey study.** J Med Internet Res 2020;22(5): epub ahead of print [abstract](#)
34. Jacklin K, Walker J. **Cultural understandings of dementia in indigenous peoples: a qualitative evidence synthesis.** Can J Aging 2020;30(2):230-234 [abstract](#)
35. Pace J. **“Place-ing” dementia prevention and care in NunatuKavut, Labrador.** Can J Aging 2020;39(2):247-262 [abstract](#)
36. Tousi B. **Dementia care in the time of COVID-19 pandemic.** J Alzheimer’s Dis 2020; epub ahead of print [link](#) to preprint
37. Wu YT, Nelis SM, Quinn C, Martyr A, Jones IR, Victor CR, Knapp M, Henderson C, Hindle JV, Jones RW, Kopelman MD, Morris RG, Pickett JA, Rusted JM, Thom JM, Litherland R, Matthews FE, Clare L, on behalf of the IDEAL Programme team. **Factors associated with self- and informant ratings of quality of life, well-being and life satisfaction in people with mild-to-moderate dementia: results from the Improving the experience of Dementia and Enhancing Active Life programme.** Age Ageing 2020;49(3):446-452 [abstract](#)

Dementia prevention

38. Ganguili M, Beer JC, Zmuda JM, Ryan CM, Sullivan KJ, Chang CCH. **Aging, obesity and cognitive decline: a population based study.** J Am Geriatr Soc 2020;68(5): 991-998 [abstract](#)

Design and older age

39. Lipsitz LA. **When I’m 84: what should life look like in old age?** J Am Geriatr Soc 2020;68(5):967-969 [abstract](#)

Diversity

40. Klassen D, Lane A. **Older adults with Down syndrome transitioning into long-term care.** Can Nurs Home 2020;31(1):5-8 no abstract

Elder abuse and neglect

41. Makaroun LK, Bachrach RL, Rosland AM. **Elder abuse in the time of COVID-19 –increased risks for older adults and their caregivers.** Am J Geriatr Psychiatry 2020; epub ahead of print [link](#)

42. Wang B, Hoover DR, Beck T, Dong XQ. **A vulnerability risk index of self-neglect in a community dwelling older population.** J Am Geriatr Soc 2020;68(4):809-816 [abstract](#)

End of life care

43. Funnell S, Tanuseputro P, Letendre A, Bearskin LB, Walker J. **“Nothing About Us, without Us.” How community-based participatory research methods were adapted in an indigenous end-of-life study using previously collected data.** Can J Aging 2020;39(2):145-155 [abstract](#)
44. Cudjoe TKM, Boyd CM, Wolff JL, Roth DL. **Advance care planning: social isolation matters.** J Am Geriatr Soc 2020;68(4):841-846 [abstract](#)
45. Wakam GK, Montgomery JR, Biesterveld BE, Brown CS. **Not dying alone – modern compassionate care in the COVID-19 pandemic.** New Eng J Med 2020;382(24):e88 [link](#)

Ethics

46. Young HM, Fick DM. **Public health and ethics intersect at new levels with gerontological nursing in COVID-19 pandemic.** J Gerontol Nurs 2020;46(5):4-7 no abstract

Frailty, physical activity and fall prevention

47. Bartlett DB, Duggal NA. **Moderate physical activity associated with a higher naïve/memory T-cell ratio in healthy old individuals: potential role of IL15.** Age Ageing 49(3):368-373 [abstract](#)
48. First Nations Information Governance Centre¹ and Walker JD. **Aging and frailty in First Nations communities.** Can J Aging 2020;39(2):133-144 [abstract](#)
49. Frigault JS, Giles AR. **Culturally safe falls prevention program for Inuvialuit elders in Inuvik, Northwest Territories, Canada: considerations for development and implementation.** Can J Aging 2020;39(2):190-205 [abstract](#)
50. Pahor M, Guralnik JM, Anton SD, Ambrosius WT, Blair SN, Church TS, et al. **Impact and lessons from the Lifestyle Interventions and Independence For Elders (LIFE) clinical trials of physical activity to prevent mobility disability.** J Am Geriatr Soc 2020;68(4):872-881 [abstract](#)
51. Paskins Z, Ong T, Armstrong DJ. **Bringing osteoporosis up to date: time to address the identity crisis.** Age Ageing 49(3):329-331 no abstract
52. Talla MR, Gallacher SJ. **Osteoporosis: to treat or not to treat?** Age Ageing 2020;49(3):327-328 no abstract
53. Lai YJ, Yen YF, Chen LJ, Ku PW, Chen CC, Lin YK. **Association of exercise with all-cause mortality in older Taipei residents.** Age Ageing 2020;49(3):382-388 [abstract](#)

Health systems

54. Lewanczuk R, Chuck A, Todd K, Yiu V. **Value in healthcare: designing an integrated value-based healthcare system.** Healthcare Pap 2020;19(1):57-62 [abstract](#)

Living longer, living well

55. Cornect-Benoit A, Pitawanakwat K, Wiikwemkoong Unceded Territory Collaborating First Nation Community, Walker J. **Nurturing meaningful intergenerational social engagements to support healthy brain aging for Anishinaabe older adults.** Can J Aging 2020;39(2):263-283 [abstract](#)
56. Editors. **Wheelchair fitness.** Community (the Spirit of Spinal Cord Injury Ontario) 2020. online [link](#)
57. Hamilton-West K, Milne A, Hotham S. **New horizons in supporting older people's health and wellbeing: is social prescribing a way forward?** Age Ageing 2020;49(3):319-326 [abstract](#)
58. Ho LYW, Ng SSM. **Non-pharmacological interventions for fatigue in older adults: a systematic review and meta-analysis.** Age Ageing 49(3):341-351 [abstract](#)
59. Kerr J. **Enabled gardens.** Community (the Spirit of Spinal Cord Injury Ontario) 2020. online [link](#)
60. Petersen PB, Jørgensen CC, Kehlet H, on behalf of the Lundbeck Foundation Centre for Fast-track Hip and Knee Replacement Collaborative Group. **Fast-track hip and knee arthroplasty in older adults—a prospective cohort of 1,427 procedures in patients ≥85 years.** Age Ageing 2020;49(3):425-431 [abstract](#)
61. Rowe G, Straka S, Hart M, Callahan A, Robinson D, Robso G. **Prioritizing indigenous elders' knowledge for intergenerational well-being.** Can J Aging 2020;39(2):156-168 [abstract](#)
62. van den Brandt PA, Brandts L. **Alcohol consumption in later life and reaching longevity: the Netherlands Cohort Study.** Age Ageing 49(3):395-402 [abstract](#)

Loneliness and social isolation

63. Committee on the Health and Medical Dimensions of Social Isolation and Loneliness in older adults. **Social isolation and loneliness in older adults: opportunities for the health care system** (2020), National Academies Press [abstract](#)
64. Editors. **The importance of being connected.** Community (the Spirit of Spinal Cord Injury Ontario) 2020. online [link](#)
65. Hwang T-J, Rabheru K, Peisah C, Reichman W, Ikeda M. **Loneliness and social isolation during the COVID-19 pandemic.** Int Psychogeriatr 2020; epub ahead of print. [link](#)

66. Wu B. **Social isolation and loneliness among older adults in the context of COVID-19: a global challenge.** Glob Health Res Policy 2020; epub ahead of print [abstract](#)

Long term care

67. American Geriatrics Society. **American Geriatrics Society Policy Brief: COVID-19 and nursing homes.** J Am Geriatr Soc 2020;68(5):908-911 [abstract](#)
68. D'Adamo H, Yoshikawa T, Ouslander JG. **Coronavirus disease 2019 in geriatrics and long-term care: the ABCDs of COVID-19.** J Am Geriatr Soc 2020;68(5):912-917 [abstract](#)

Medication management and patient safety

69. Curtin D, Jennings E, Daunt R, Curtin S, Randles M, Gallagher P, O'Mahony D. **De prescribing in older people approaching end of life: a randomized controlled trial using STOPPFrail criteria.** J Am Geriatr Soc 2020;68(4):762-769 [abstract](#)
70. Ouslander JG. **Improving drug therapy for patients with life-limiting illnesses: let's take care of some low hanging fruit.** J Am Geriatr Soc 2020;68(4):682-685 no abstract
71. Niznik JD, Zhao X, He M, Aspinall SL, Hanlon JT, Hanson LC, et al. **Risk for health events after de prescribing acetylcholinesterase inhibitors in nursing home residents with severe dementia.** J Am Geriatr Soc 2020;68(4):699-707 [abstract](#)
72. Pickering AN, Hamm ME, Dawdani A, Hanlon JT, Thorpe CT, Gellad WF, Radomski TR. **Older patient and caregiver perspectives on medication value and de prescribing: a qualitative study.** J Am Geriatr Soc 2020;68(4):746-753 [abstract](#)

Mental health and addictions

73. Brown KG, Capili B. **Opioid use disorder: pathophysiology, assessment and effective interventions.** Am J Nurs 2020;120(6):38-47 [abstract](#)
74. Sherman C. **Anxiety's connection to dementia: anxiety has been 'under the radar'.** Can Nurs Home 2020;31(1):15-16 no abstract
75. Stott DJ. **Alcohol and mortality in older people: understanding the J-shaped curve.** Age Ageing 49(3):332-333 no abstract
76. Vahia IV. **COVID-19, aging, and mental health: lessons from the first six months.** Am J Geriatr Psychiatry 2020;28(7):691-694 [link](#)

Music therapy

77. Naunheim MR, Bock J, Doucette PA, Hoch M, Howell I, Johns MM, et al. **Safer singing during the SARS-CoV-2 pandemic: what we know and what we don't.** J Voice 2020; epub ahead of print [link](#) to preprint

Nutrition, gut and oral health

78. Bassim C, Mayhew AJ, Ma J, Kanters D, Verschoor CP, Griffith LE, Raina P. **Oral health, diet, and frailty at baseline of the Canadian Longitudinal Study on Aging.** J Am Geriatr Soc 2020; 58(5):959-966 [abstract](#)
79. Red A, O'Neal PV. **Implementation of an evidence based oral care protocol to improve the delivery of mouth care in nursing home residents.** J Gerontol Nurs 2020;46(5):33-39 [abstract](#)
80. Ward RE, Orkaby AR, Chen J, Hshieh TT, Driver JA, Gaziano M, Djousse L. **Association between diet quality and frailty prevalence in the Physicians' Health Study.** J Am Geriatr Soc 2020;68(4):770-776 [abstract](#)

Pain

81. Ersek M, Nash PV, Hilgeman MM, Neradilek MB, Herr KA, Block PR, Collins AN. **Pain patterns and treatment among nursing home residents with moderate-severe cognitive impairment.** J Am Geriatr Soc 2020;68(4):794-802 [abstract](#)

Person centred care

82. Freeman S, Martin J, Nash C, Hausknecht S, Skinner K. **Use of a digital storytelling workshop to foster development of intergenerational relationships and preserve culture with the Nak'azdli First Nation: findings from the Nak'azdli Lha'hutit'en Project.** Can J Aging 2020;39(2):284-293 [abstract](#)
83. Hyslop B. **'Not safe for discharge'? Words, values, and person-centred care.** Age Ageing 49(3):334-336 [abstract](#)
84. Kusmaul N, Tucker GG. **Person-centered care in nursing homes: many stakeholders, many perspectives.** J Gerontol Nurs 2020;46(5):9-13 [abstract](#)

Addressing racism

85. Sequist TD. **The disproportionate impact of Covid-19 on communities of color.** NEJM Catalyst 2020; epub ahead of print [link](#)
86. Toronto Indigenous Health Advisory Circle, National Collaborating Centre for Determinants of Health, MUSKRAT Media. (2019). **The Toronto Indigenous Health Advisory Circle (TIHAC): Advancing self-determined indigenous health strategies.** Antigonish, NS: National Collaborating Centre for Determinants of Health, St. Francis Xavier University [link](#)
87. Temple JB, Kelaher M, Paradies Y. **Experiences of racism among older aboriginal and Torres Strait Islander people: prevalence, sources, and association with mental health.** Can J Aging 2020;39(2):178-189 [abstract](#)

Reconciliation

88. Ballard M, Coughlin J, Martin D. **Reconciling with minoaywin: First Nations elders' advice to promote healing from forced displacement.** Can J Aging 2020;39(2): 169-177 [abstract](#)

Reflective practice

89. Robertson ML, Colburn JL. **Grace, connection and hard conversations: primary care geriatrics in the COVID era.** J Am Geriatr Soc 2020;68(5):932-933 no abstract
90. Simvani L, **The COVID-19 pandemic: experiences of a geriatrician-hospitalist caring for older adults.** J Am Geriatr Soc 2020;68(5):934-935 no abstract

Rehabilitation

91. Lisk R, Yeong K, Enwere P, Jenkinson J, Robin J, Irvin-Sellers M, et al. **Associations of 4AT with mobility, length of stay and mortality in hospital and discharge destination among patients admitted with hip fractures.** Age Ageing 49(3):411-417 [abstract](#)

Resilience

92. Kessler D. **Helping your team heal: leaders must recognize people's grief and assist them in finding meaning.** Harv Bus Rev 2020;98(4):53-55 no abstract
93. Laskowski-Jones L, Wicks RJ. **Resilience in a time of crisis.** Nurs 2020;50(6):49-51 [link](#)
94. Tedeschi RG. **Growth after trauma: five steps for coming out of a crisis stronger.** Harv Bus Rev 2020;98(4):127-131 [abstract](#)

Technology

95. Babic B, Chen DL, Evgeniou T, Fayard AL. **A better way to onboard AI.** Harv Bus Rev 2020;98(4):56-65 [abstract](#)
96. Powell KR, Deroche CB, Carnahan EJ, Alexander GL. **Exploring resident care information technology use and nursing home quality.** J Gerontol Nurs 2020;46(4):15-20 [abstract](#)

Transformational leadership – emerging from the crisis

97. Ignatius A. **What is the next normal going to look like?** Harv Bus Rev 2020;98(4):48-52 no abstract
98. Lingo EL, McGinn KL. **A new prescription for power: spend less time exerting control and more time mobilizing energy and commitment.** Harv Bus Rev 2020;98(4):66-75 [abstract](#)
99. Scoblic JP. **Learning from the future: how to make robust strategy in times of deep uncertainty.** Harv Bus Rev 2020;98(4):38-47 no abstract

Work life

100. Barnes M, Sax PE. **Challenges of “Return to Work” in an ongoing pandemic.** New Eng J Med June 2020;382(25):epub ahead of print [link](#)
101. Bolino MC, Kelemen TK, Matthews SH. **Rethinking work schedules? Consider these 4 questions.** Harv Bus Rev 2020;epub ahead of print [abstract](#)
102. Carucci R. **How to prepare yourself for a return to the workplace.** Harv Bus Rev 2020;epub ahead of print [abstract](#)
103. Cross R, Singer J, Dillon K. **Don’t let micro-stresses burn you out.** Harv Bus Rev 2020;epub ahead of print [abstract](#)
104. Vanajan A, Bültmann U, Henkens K. **Why do older workers with chronic health conditions prefer to retire early?** Age Ageing 49(3):403-410 [abstract](#)

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Useful links

BrainXchange News July 2020 [link](#)

The Alzheimer Society Canada [link](#)

The Alzheimer Society of Waterloo Wellington [link](#)

American Journal of Nursing Off The Charts [link](#)

World Health Organization **Coronavirus disease (COVID-19) pandemic** [link](#)

Centers for Disease Control and Prevention [link](#) and the [link](#) for the newsletter

Johns Hopkins Center for Disease Health Security [link](#)

RGP Toronto COVID-19 resources [link](#)

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