

Recommended reading list from your health sciences library April 2020



With a huge thank you
to our health care workers
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Thank You

Thomas M. **Is it even possible to focus on anything right now?** Harv Bus Rev
2020;98(3):pub ahead of print [abstract](#)

Access

1. Mattison CA, Wilson CA, Wang RH, Waddell K. **Enhancing equitable access to assistive technologies in Canada: insights from citizens and stakeholders.** Can J Aging 2020;39(1):69-88 [abstract](#)

Acquired brain injury

2. Siponkoski ST, Martínez-Molina N, Kuusela L, Laitinen S, Holma M, Ahlfors M, et al. **Music therapy enhances executive functions and prefrontal structural neuroplasticity after traumatic brain injury: evidence from a randomized controlled trial.** J Neurotrauma 2020;37(4):618-634 [abstract](#)

Aphasia

3. Ruggero L, Croot K, Nickels L. **How evidence-based practice (E³BP) informs speech-language pathology for primary progressive aphasia.** Am J Alzheimer's Dis Oth Dem 2020;35(1):pub ahead of print [abstract](#)

Caregivers

4. Bankole A, Anderson MS, Homdee N, Alam R, Lofton A, Fyffe N, Goins H, Newbold T, Smith-Jackson T, Lach J. **BESI: Behavioral and Environmental**

- Sensing and Intervention for dementia caregiver empowerment— phases 1 and 2.** Am J Alzheimer's Dis Oth Dem 2020;35:epub ahead of print [abstract](#)
5. Jensen EJ, Supiano KP, Luptak M, Anderson T, Beynon C. **Resilience in bereaved caregivers of persons with dementia.** J Gerontol Nurs 2020;46(1):30-36 [abstract](#)
 6. Kent EE, Ornstein KA, Dionne-Odom JN. **The family caregiving crisis meets an actual pandemic.** J Pain Sympt Man 2020:epub ahead of print [abstract](#)
 7. Krutter S, Schaffler-Schaden D, Essl-Maurer R, Wurm L, Seymer A, Kriechmayr C, Mann E, Osterbrink J, Flamm M. **Comparing perspectives of family caregivers and healthcare professionals regarding caregiver burden in dementia care: results of a mixed methods study in a rural setting.** Age Ageing 2020;49(2):199-207 [abstract](#)

Climate and our environment

8. Kleber J. **Reducing waste and increasing sustainability in health care settings.** Am J Nurs 2020;120(4):45-48 [abstract](#)

Clinical practice

9. Blazer DG. **Hearing loss: the silent risk for psychiatric disorders in late life.** Clin Geriatr Med 2020;36(2):201-209 [abstract](#)
10. Cacchione PZ. **Innovative care models across settings: Providing nursing care to older adults.** Geriatr Nurs 2020;41(1):16-20 [abstract](#)
11. Leavitt MA, Hain DJ, Keller KB, Newman D. **Testing the effect of a home health heart failure intervention on hospital readmissions, heart failure knowledge, self care and quality of life.** J Gerontol Nurs 2020;46(2):32-40 [abstract](#)
12. Weerahandi H, Bao H, Herrin J, Dharmarajan K, Ross JS, Jones S, Horwitz LI. **Home health care after skilled nursing facility discharge following heart failure hospitalization.** J Am Geriatr Soc 2020;68(1):96-102 [abstract](#)

Communication

13. Moyle W, Jones C, Murfield J, Liu F. **'For me at 90, its going to be difficult': feasibility of using iPad videoconferencing with older adults in long-term aged care.** Aging Mental Health 2020;24(2):349-352 [abstract](#)
14. Viret O, Schwarz J, Senn N, Mueller Y. **Discussing age-related functional decline in family medicine: a qualitative study that explores both patient and physician perceptions.** Age Ageing 2020;49(2):292-299 [abstract](#)

COVID-19 briefs

15. AJN Editors. **As we went to press COVID-19 continues to spread (US).** Am J Nurs 2020;120(4):15 [abstract](#)
16. Javid B, Weekes MP, Matheson NJ. **COVID-19: should the public wear face masks?** BMJ 2020:epub ahead of print [full text](#)

Delirium

17. Eeles E, England R, Teodorczuk A, Pandey S, Pinsker D, Armstrong A. **Delirium management: anything's possible.** Can J Aging 2020;39(1):89-97 [abstract](#)
18. Volland J, Fisher A, Drexler D. **Preventing and identifying hospital acquired delirium.** Nurs 2020;50(1):32-38 [abstract](#)

Dementia, care delivery and quality of life

19. Gerlach LB, Kales HC. **Managing behavioral and psychological symptoms of dementia.** Clin Geriatr Med 2020;36(2):315-327 [abstract](#)
20. Miyawaki CE, Brohard C, Chen NW, Rubin A, Willoughby S. **Can family caregivers provide life review to reduce depression in older adults with dementia?** J Geront Nurs 2020;46(2):41-48 [abstract](#)
21. Park J, Howard H, Tolea MI, Galvin JE. **Perceived benefits of using non pharmacological interventions in older adults with Alzheimer's disease or dementia with Lewy bodies.** J Geront Nurs 2020;46(1):37-46 [abstract](#)
22. Poole M, Davis N, Robinson L. **Massive Open Online Courses: enhancing caregiver education and support about dementia care towards and at end of life.** Age Ageing 2020;49(2):171-174 [abstract](#) [MOOC link](#)
23. Wittenberg R, Hu B, Jagger C, Kingston A, Knapp M, Comas-Herrera A, King D, Rehill A, Banerjee S. **Projections of care for older people with dementia in England: 2015 to 2040.** Age Ageing 2020;49(2):264-269 [abstract](#)

Dementia prevention

24. Akimoto H, Negishi A, Oshima S, Wakiyama H, Okita M, Horii N, Inoue N, Ohshima S, Kobayashi D. **Antidiabetic drugs for the risk of Alzheimer disease in patients with type 2 DM using FAERS.** Am J Alzheimer's Dis Oth Dem 2020;35(1):epub ahead of print [abstract](#)
25. Deal JA, Power MC, Palta P, Alonso A, Schneider ALC, Perryman K, Bandeen-Roche K, Sharrett AR. **Relationship of cigarette smoking and time of quitting with incident dementia and cognitive decline.** J American Geriatrics Society 2020;68(2):337-345 [abstract](#)

Design thinking

26. Nelson R. **Nursing innovation: empowering nurses to solve workplace challenges using design thinking.** Am J Nurs 2020;120(3):18-19 no abstract

Elder abuse and neglect

27. Myhre J, Saga S, Malmedal W, Ostaszkiwicz J, Nakrem S. **Elder abuse and neglect: an overlooked patient safety issue. A focus group study of nursing home leaders' perceptions of elder abuse and neglect.** BMC Health Serv Res 2020; epub ahead of print [abstract](#)

Environment and dementia

28. Garner IW, Holland CA. **Age-friendliness of living environments from the older person's viewpoint: development of the Age-Friendly Environment Assessment Tool.** Age Ageing 2020;49(2):193-198 [abstract](#)
29. Milaney K, Kamran H, Williams N. **A portrait of late life homelessness in Calgary, Alberta.** Can J Aging 2020;39(1):42-51 [abstract](#)

Ethics

30. Bivens M. **The dishonesty of informed consent rituals.** New Eng J Med 2020;382(12):1089-1091 no abstract
31. Grigorovich A, Kontos P. **Problematizing sexual harassment in residential long-term care: the need for a more ethical prevention strategy.** Can J Aging 2020;39(1):117-127 [abstract](#)
32. Holmes SM, Hansen H, Jenks A, Stonington SD, Morse M, Greene JA, Walloo KA, Marmot MG, Farmer PE. **Misdiagnosis, mistreatment and harm – when medical care ignores social forces.** New Eng J Med 2020;382(12):1083-1088 no abstract

Frailty, physical activity and fall prevention

33. Bérubé M, Pasquotti T, Klassen B, Brisson A, Tze N, Moore L. **Implementation of the best practice guidelines on geriatric trauma care: a Canadian perspective.** Age Ageing 2020;49(2):227-232 [abstract](#)
34. Kendell C, Lawson B, Puyat JH, Urquhart R, Kazanjian A, Johnston G, Straus SE, Durand P, Juneau L, Turgeon AF, Légaré F, Aubin M, Rochette L, AMC Giguere. **Assessing the quality of care provided to older persons with frailty in five Canadian provinces, using administrative data.** Can J Aging 2020;39(1):52-68 [abstract](#)
35. Li Y, Xue QL, Odden MC, Chen X, Wu C. **Linking early life risk factors to frailty in old age: evidence from the China Health and Retirement Longitudinal Study.** Age Ageing 2020;49(2):208-217 [abstract](#)

36. McGuire R, Honaker J, Pozehl B, Hertzog M. **BASIC training: a pilot study of balance/ strengthening exercises in heart failure.** Rehab Nurs 2020;45(1):30-38 [abstract](#)
37. Wu H, Liu M, Zhang Q, Liu L, Meng G, Bao X, Gu Y, Zhang S, Sun S, Wang X, Zhou M, Jia Q, Song K, Niu K. **Reference values for handgrip strength: data from the Tianjin Chronic Low-Grade Systemic Inflammation and Health (TCLSIH) cohort study.** Age Ageing 2020;49(2):233-238 [abstract](#)

Living longer, living well

38. Baldassar L, Wilding R. **Migration, aging, and digital Kinning: the role of distant care support networks in experiences of aging well.** Geront 2020;60(2):313-321 [abstract](#)
39. Pfeiffer ML. **How to care for adults with low back pain in the primary care setting.** Nursing 2020;50(2):48-55 [abstract](#)

Medication management and patient safety

40. Basnet P, Acton GJ, Requeijo P. **Psychotropic medication prescribing practice among residents with dementia in nursing homes: a person-centered care approach.** J Geront Nurs 2020;46(2):9-17 [abstract](#)
41. Cohen SP, Baber ZB, Buvanendran A, McLean LTCBC, Chen Y, Hooten WM, et al. **Pain management best practices from multispecialty organizations during the COVID-19 pandemic and public health crises.** Pain Med 2020; epub ahead of print [abstract](#)

Mental health and addictions

42. Larsen PD. **Vaping and adolescents: the next public health crisis.** Rehab Nurs 2020;45(1):1-2 no abstract
43. Quail MT. **Nicotine toxicity: protecting children from e-cigarette exposure.** Nurs 2020;50(1):44-48 [abstract](#)
44. Ramos C, Stanley MA. **Anxiety disorders in late life.** Clin Geriatr Med 2020;36(2): 237-246 [abstract](#)
45. Shanafelt T, Rip J, Trockel M. **Understanding and addressing sources of anxiety among health care professionals during the COVID-19 pandemic.** J Am Med Assoc 2020; epub ahead of print [abstract](#)

Music therapy

46. Brancatisano O, William AB, Thompson F. **Why is music therapeutic for neurological disorders? *The Therapeutic Music Capacities Model.*** Neuro Biobehav Rev 2020;112:600-615 [abstract](#)
47. Street A, Zhang J, Pethers S, Wiffen L, Bond K, Palmer H. **Neurologic music therapy in multidisciplinary acute stroke rehabilitation: Could it be feasible and helpful?** Topics Stroke Rehab 2020; epub ahead of print [abstract](#)

Nutrition, gut and oral health

48. Coll PP, Lindsay A, Meng J, Gopalakrishna A, Raghavenfra S, Bysani P, O'Brien D. **The prevention of infections in older adults: oral health.** J Am Geriatr Soc 2020;68(2):411-416 [abstract](#)
49. Mentis JC, Gaspar PM, Smith M, Maas R. **Evidence based practice guideline: Hydration management.** (University of Iowa College of Nursing) J Geront Nurs 2020;46(2):19-30 [abstract](#)

Person centred care

50. Aronson L. **Age, complexity, and crisis — a prescription for progress in pandemic.** New Engl J Med 2020: epub ahead of print [full text](#)
51. DeSouza K, Pit SW, Moehead A. **Translating facilitated multimodal online learning into effective person-centred practice for the person living with dementia among health care staff in Australia: an observational study.** BMC Geriatr 2020;20(1): epub ahead of print [abstract](#)
52. Nicol GE, Piccirillo JF, Mulsant BF, Lenze EJ. **Action at a distance: geriatric research during a pandemic.** J Am Geriatr Soc 2020; epub ahead of print [abstract](#)

Reflective practice

53. McEnroe-Petite DM. **Caring for patients who are homeless.** Nursing2020; 50(3):24-31 [abstract](#)
54. Rushton CH, Bunting A, Bunting GL. **Preserving integrity and staying power as a nurse in a pandemic.** Am J Nurs 2020: Web blog Offthecharts [link](#)
55. Younas A. **Self awareness: a tool for providing culturally competent care.** Nursing2020;50(2):61-63 [abstract](#)

Rehabilitation

56. Byrd EM, Jablonski RJ, Vance DE. **Understanding anosognosia for hemiplegia after stroke.** Rehab Nurs 2020;45(1):3-15 [abstract](#)
57. Coary R, Skerritt C, Carey A, Rudd S, Shipway D. **New horizons in rib fracture management in the older adult.** Age Ageing 2020;49(2):161-167 abstract
58. Fox S, Antony RM, Foey MJ, O'Sullivan D, Timmons S. **Healthcare professionals' and patients' views of discussing sexual well-being post stroke.** Rehab Nurs 2020;45(1):16-22 [abstract](#)
59. Li G, Yuan W, Liu G, Qiao L, Zhang Y, Wang Y, Wang W, Zhao M, Wang Y, Wang J. **Effects of radial extracorporeal shockwave therapy on spasticity of upper-limb agonist/antagonist muscles in patients affected by stroke: a randomized, single-blind clinical trial.** Age Ageing 2020;49(2):246-252 [abstract](#)

60. Street A, Zhang J, Pethers S, Wiffen L, Bond K, Palmer H. **Neurologic music therapy in multidisciplinary acute stroke rehabilitation: Could it be feasible and helpful?** Topics Stroke Rehab 2020; epub ahead of print [abstract](#)
61. Yildirim M, Sen S. **Mirror therapy in the management of phantom limb pain.** Am J Nurs 2020;120(3):41-46 [abstract](#)

Technology

62. Alvarez EA, Garrido M, Ponce DP, Pizarro G, Córdova AA, Vera F, Ruiz R, Fernández R, Velásquez JD, Tobar E, Salech F. **A software to prevent delirium in hospitalised older adults: development and feasibility assessment.** Age Ageing 2020;49(2):239-245 [abstract](#)

Transformational leadership

63. Stoller JK. **Reflections on leadership in the time of COVID-19.** BMJ Leader 2020; epub ahead of print [abstract](#)
64. Sluss D, Powley E. **Build your team's resilience – from home.** Harv Bus Rev 2020;98(3): epub ahead of print [abstract](#)

Work life

65. Bond MJ, Birkholz LJ. **What if the bully is the manager.** Nursing 2020;50(3):48-52 [abstract](#)
66. Fleming K, Mazzatta GR, Matarese K, Eberle J. **Compassion fatigue and the ART model.** Nursing 2020;50(3):58-61 [abstract](#)
67. Thomas M. **Is it even possible to focus on anything right now?** Harv Bus Rev 2020;98(3): epub ahead of print [abstract](#)

Emerging themes

- Aronson L. **Age, complexity, and crisis – a prescription for progress in pandemic.** New Engl J Med 2020; epub ahead of print [full text](#)
- Baldassar L, Wilding R. **Migration, aging, and digital Kinning: the role of distant care support networks in experiences of aging well.** Geront 2020;60(2):313-321 [abstract](#)
- Cacchione PZ. **Innovative care models across settings: Providing nursing care to older adults.** Geriatr Nurs 2020;41(1):16-20 [abstract](#)
- Cohen SP, Baber ZB, Buvanendran A, McLean LTCBC, Chen Y, Hooten WM, et al. **Pain management best practices from multispecialty organizations during the COVID-19 pandemic and public health crises.** Pain Med 2020; epub ahead of print [abstract](#)

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Kent EE, Ornstein KA, Dionne-Odom JN. **The family caregiving crisis meets an actual pandemic.** J Pain Sympt Man 2020:epub ahead of print [abstract](#)

Larsen PD. **Vaping and adolescents: the next public health crisis.** Rehab Nurs 2020;45(1):1-2 no abstract

Moyle W, Jones C, Murfield J, Liu F. **'For me at 90, its going to be difficult': feasibility of using iPad videoconferencing with older adults in long-term aged care.** Aging Mental Health 2020;24(2):349-352 [abstract](#)

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lindsay.ogilvie@sjhcq.ca

For your latest current COVID-19
evidence
look for the next issue of
your recommended reading list

Useful links

The Alzheimer Society Canada [link](#)

The Alzheimer Society of Waterloo Wellington [link](#)

American Journal of Nursing Off The Charts [link](#)

CDC [link](#) and some tips – caring for ourselves:

Stress during an infectious disease outbreak can include

- Fear and worry about your own health and the health of your loved ones
- Changes in sleep or eating patterns
- Difficulty sleeping or concentrating
- Worsening of chronic health problems
- Increased use of alcohol, tobacco, or other drugs

Taking care of yourself, your friends, and your family can help you cope with stress. Helping others cope with their stress can also make your community stronger.

Things you can do to support yourself

- Take breaks from watching, reading, or listening to news stories, including social media. Hearing about the pandemic repeatedly can be upsetting.
- Make time to unwind. Try to do some other activities you enjoy.
- Connect with others. Talk with people you trust about your concerns and how you are feeling.

And the [link](#) to sign up for the CDC COVID-19 newsletter

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And the People Stayed Home.

And the people stayed home.

And read books, and listened, and rested, and exercised, and made art, and played games, and learned new ways of being, and were still. And listened more deeply. Some meditated, some prayed, some danced. Some met their shadows. And the people began to think differently.

And the people healed. And, in the absence of people living in ignorant, dangerous, mindless, and heartless ways, the earth began to heal.

And when the danger passed, and the people joined together again, they grieved their losses, and made new choices, and dreamed new images, and created new ways to live and heal the earth fully, as they had been healed.

Kitty O'Meara, Madison, Wisconsin, 2020.

