

Collaboration and Knowledge Exchange: Enhancing dementia care practice

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Introductions

A little about us...



Kristine Newman



Felicia White

Who is on the webinar today?

Let's take a look at the polls to learn more about each other...

Overview for today

- Background
- Objectives
- Building in Knowledge Exchange: practical tips
- Examples of how we incorporate knowledge exchange
- Hearing from you about your experiences

Background

Dementia is one of the largest global public health challenges with over 46 million people currently living with the disease worldwide*

564,000 Canadians are currently living with a form of dementia*

Immediate action must be taken to enhance practices in dementia care to help meet the needs of those affected by the disease

*Alzheimer's Disease International (2015)

* Alzheimer Society of Canada (2016)

Background

- International collaboration- how we became connected
- Needs expressed by nurses across Canada
- Publication through the Canadian Gerontological Nursing Association's *Perspectives* Journal
- Ongoing partnership

Objectives

This webinar will explore the relationship between collaboration, knowledge exchange and dementia awareness as well as practical “tips” and resources for enhancing dementia care.

Together we can be proactive in enhancing every day practice as we support people living with dementia by:

- Sharing knowledge and experience
- Having the willingness to learn from one another
- Raising awareness
- Taking action

Building in Knowledge Exchange

Knowledge Exchange: the mutual sharing of research and data knowledge and/or of practice- and experience-based knowledge for the purpose of improving practice*

Knowledge Transfer: the process of moving that knowledge into practice. These processes are successful when the research and practice-based evidence are clear and relevant*

*Rycroft-Malone, J. (2007)

Building in Knowledge Exchange

Practical Tips and Steps:

1) Assess:

- What is the gap you are seeing? What are your goals?
- What activities are you already involved in?
- What works well, what are the current challenges?
- What are the resource requirements?
- Who should be involved in your KE activities?
- What outlets are already available?
- Start where you are! It can be something simple.

Building in Knowledge Exchange

Practical Tips and Steps:

2) Enhance and Implement:

- Host or attend a workshop/ regular team meeting
- Invite colleagues from across sectors to already existing team meetings
- Become a Dementia Friend
- Join an online community of practice
- Try using workplace tools such as white boards to keep each other updated
- Have a resource section in the break room or nursing station where people can share materials and collaboration opportunities- Have a designated person showcase something each month from different sectors

Building in Knowledge Exchange

Practical Tips and Steps:

2) Communicate and re-assess

- Let your colleagues know what you are doing and how they can participate (if starting out as an individual knowledge exchange champion)
- Are your current KE activities helping to maximize time and resources?
- What can be improved upon?
- Who else can be included?

Building in Knowledge Exchange

How have we built in knowledge exchange?

- Identified some common interests in dementia care and practice
- Connected with each other's networks to expand reach
- Shared resources and experience to plan events, provide information to multiple clinical and community sectors and students and publish materials

Youth Dementia Awareness Symposium

Ryerson University Faculty of Community Services
Daphne Cockwell SCHOOL OF NURSING

Invites youth (13-18) in collaboration with
Alzheimer's Disease International **AGEWELL**

Youth Dementia Awareness Symposium

Dementia as a Cultural Phenomenon

According to Alzheimer's Disease International, Dementia is a collective name for a set of symptoms that are caused by disorders affecting the brain which can impact memory, thinking, behaviour, and emotion.

Are you between the ages of 13-18? Do you know a loved one who has Dementia? Are you interested in learning more about Dementia?
 Join us for this two-day international symposium to learn more about Dementia and its emerging issues!

SAVE THE DATE! Sat, Oct 1, 2016 & Sun, Oct 2, 2016
 Time: 9am-5pm

Cara Commons (Room 1-148), Ted Rogers School of Management, 55 Dundas St. West, Toronto, Ontario

Food will be provided
Free Admission for Youth (ages 13-18)

To Register: <https://dementiasymposium.eventbrite.com>
 Contact us at: dementiaawareness@ryerson.ca

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 sciences humaines du Canada

Canada

Purpose:

- Connect and engage youth early in their educational careers
- Combat harmful stereotypes
- Encourage more compassionate societies
- Help support older adults to live well

Learning Outcomes

Successes

- Ability to access resources and support not available before
- Nice team approach outside of the individual work environments; leading to opportunity to positively influence the current work environment
- Avoids re-creation

Challenges

- Fitting some activities into a regular business day can be difficult at times, however once practices are in place efficiencies are evident
- Buy-in from colleagues and leaders

Learning Outcomes

Considerations

- Never underestimate the power of awareness!
- Make realistic goals and timelines based on mutual priorities with others
- Share experiences with KE activities more broadly through existing groups and forums

Impact

Building and enhancing care practices across the continuum will ensure the right support is in place for people with dementia and their care partners

Also helps us to be aware of any dementia in the workplace amongst colleagues and how to support

Knowledge Exchange is a way to take action as we strive to create a better system of care

Conclusion

Together we can support those affected by dementia by collaborating through knowledge exchange and creating dementia awareness.

The goal is to create an integrated care approach across the continuum resulting in better care and the ability to enhance our practice.

Discussion

What are *your* thoughts and experiences?

- What KE activities do you currently partake in?
- What are your success stories and/or challenges
- How do you measure success?
- Where to begin? TODAY is a good start!
- What are some things you are working on that could benefit from KE activities?

Suggested Resources

- Alzheimer Disease International: <http://www.alz.co.uk/>
- Alzheimer Disease International: Dementia plans
<http://www.alz.co.uk/alzheimer-plans>
- Alzheimer Society Canada: <http://www.alzheimer.ca/en>
- Behavioural Supports Ontario: <http://brainxchange.ca/Public/Resource-Centre-Topics-A-to-Z/Behavioural-Supports-Ontario.aspx>
- Brain Xchange: <http://brainxchange.ca/>
- Dementia Friends: <https://www.dementiafriends.ca/>
- Gentle Persuasive Approaches: <https://www.ageinc.ca/>
- Nurse One: <https://www.nurseone.ca/en/tools/communities-of-practice>
- Partnerships in Dementia Care Alliance: <https://uwaterloo.ca/partnerships-in-dementia-care/>
- Perspectives Journal: http://www.cgna.net/Perspectives_Journal.html
- Seniors Health Knowledge Network:
<http://seniorshhealthknowledgenetwork.ca/>
- U-First! Training: <http://u-first.ca/>
- World Young Leaders of Dementia: <http://www.wyldementia.org/>

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Connect with us!

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