RESPONSIVE BEHAVIOUR

Person demonstrates behaviour we don't understand

Take a breath, **STOP** & think!

Objective examination of problem
(possible triggers, patterns, etc)

Examine own feelings, response to resistance

Consider the person: Physical Issues	**Consider the person : Psychological Issues**	**Consider the person: Cognitive Issues**	**Consider the environment: Physical/Social Environmental Issues**
Disease, brain damage Pain, other discomfort Medication issues Impaired motor skills Functional ability	Fear Depression Helplessness Anxiety Previous personality	Difficulty processing information Inability to make choices/express wishes Confusion	Multiple distractions Unfamiliar routine Inconsistency of tasks/caregivers

Physical Issues	**Psychological Issues**	**Cognitive Issues**	**Environmental Issues**
Treat physical problems Assess meds Adapt tasks to meet capabilities	Respond to feelings Involve in task whenever possible Allow time for participation Provide encouragement Try to understand the person	Simple steps, communicated clearly Reduce/remove choices Know person's preferences	Take fresh look at environment Reduce distractions Maintain consistency in routine/caregiver when possible

Monitor effectiveness of interventions

Behaviour improves

Behaviour remains

Reassess

Document & communicate

Adapted from: "Dementia: A Systematic Approach to Understanding Behaviour ", **S. Davidson***, in* Geriatrics & Aging*, 2007, 10(2), pp. 104-107*