

Evidence Informed Communication Strategies For Family Members Of Persons With Alzheimer's Disease



Training in Communication Enhancement for Dementia

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OUTLINE OF PRESENTATION

- I. Development of an evidence-based educational animation
- II. TRACED
 - A. Development
 - B. Goals & Strategies
- III. Questions and Comments

OBJECTIVES

1. To appreciate how research knowledge can be creatively communicated through whiteboard animation
2. To describe the process involved in developing an evidence-based communication training program
3. To take away ideas for using TRACED strategies and principles in your everyday communication

I. WHITEBOARD ANIMATION VIDEO

- Alzheimer's Society of Ontario
- North East Specialized Geriatric Centre
- Thinklink Graphics team: Erica Bota, Disa Kauk, Robin Frigeri and David Schmidt
- Scott Yaphe
- Peter Keleghan
- Gordon Pinsent, CD LLD
- Braedon Garret

I. WHITEBOARD ANIMATION VIDEO

- College of Family Physicians of Canada Research and Education Foundation
- Jo-Anne Clarke, MD FRCPC
- J.B. Orange, PhD, Reg. CASLPO, SLP (c)
- Adam Day, PhD

KNOWLEDGE TRANSLATION

A dynamic and iterative process that includes synthesis, dissemination, exchange and ethically-sound application of knowledge to improve the health of Canadians, provide more effective health services and products and strengthen the health care system.

KNOWLEDGE TRANSLATION

www.drSusanLane.com

Alzheimer's Society of Ontario Video Library:

<http://www.alzheimer.ca/en/on/We-can-help/Resources/Video-library>

VIDEO

MAINTAINING *the* CONNECTION

COMMUNICATION TIPS *for* FAMILY
MEMBERS *of* PERSONS *with*
ALZHEIMER'S DISEASE





TRACED

Training in Communication Enhancement for Dementia

A. Development

Dr. JoAnn Perry (Nursing)

- **Research on relational or “connecting” communication strategies**

Dr. Jeff Small (Communication Sciences & Disorders)

- **Research on cognitive-linguistic or “compensatory” communication strategies**

Enhancing Relational Space for Families

Context

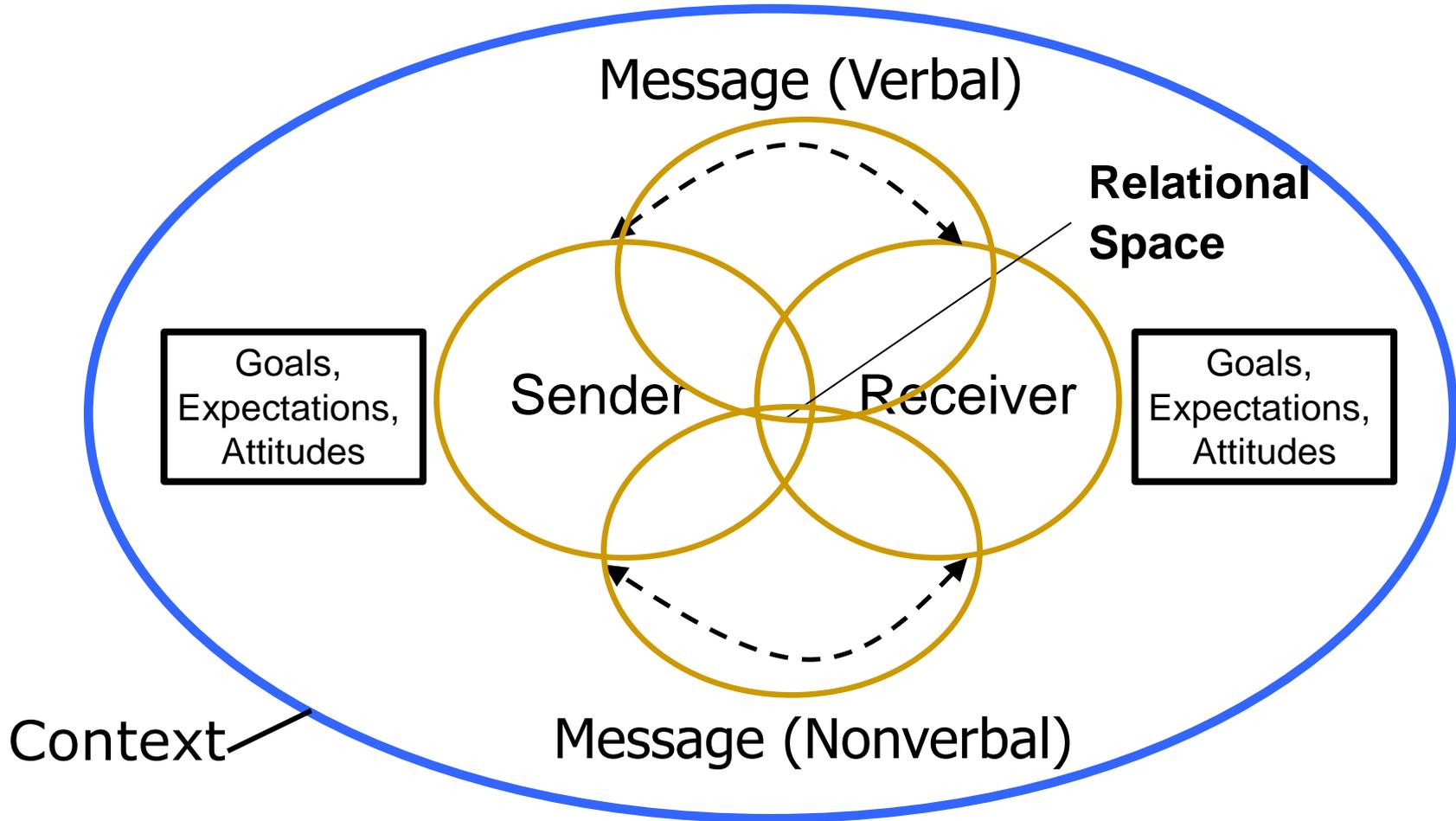
Relational Space
Key Strategies: Connecting, Compensating

Primary
Family
Caregiver

Family
Member with
Dementia



Communication



Communication is an interpersonal collaboration toward meeting mutually reinforcing personal goals*

- Information giving/receiving (“What”)
- Interpersonal sensitivity (“How”)
- Partnership building (“Why”)

*Street, R. L., Jr. (2003). Interpersonal communication skills in health care contexts. In J. O. Greene & B. R. Burlison (Eds.), *Handbook of communication and social interaction skills*. (pp. 909-933). Mahwah, NJ, US: LEA Publishers.



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B. Goals and Strategies

TRACED Goals—To help family members

- 1) Become **aware** of their knowledge and skills around communication
- 2) Develop new knowledge and skills in using compensatory and connecting strategies in their everyday communication

How can we help caregivers bring about changes in their communication habits?

Compensatory Strategies help reduce the information processing demands on the person with dementia

Connecting Strategies affirm the person's abilities, acknowledge a need for meaningful communication, and support the expression of self in everyday interactions.

CONNECTING

Encourage

Invite

Facilitate

Orchestrate

Partner & Honour

COMPENSATING

Sentence Structure

Questions and Memory

Speech Quality

Distractions

Repair

Nonverbal

Examples of Strategies in Use

Reminiscing about a Trip

CP: What part of Australia did you really like the best? (*Partners and Invites. One idea open-ended question that doesn't require recall of specific facts*)

PWD: Coast.

CP: The coast? That was the drive you mean? The drive that we took? (*One idea sentence. Facilitates by picking up and building on "coast"*)

PWD: Yeah.

CP: When we had the car? (*Partnering. One idea question, continues to build on "The drive"; No abrupt topic shift*)

PWD: Mmm hmm.

CP: Yeah, we drove from Cairns to... Brisbane, I think. (*One idea sentence*)

PWD: Yeah.

CP: Yeah. Stops along the way. (*Partnering in a way that includes PWD in story*)

PWD: ()

Reminiscing about a Trip, cont'd

CP: Yeah. Nice country.

PWD: ((laughs)) Yeah.

CP: You like it? (*One idea yes-no question that Invites PWD to share feelings*)

PWD: Oh yeah. ()>

CP: What'd you really like about it? (*One idea open-ended question that probes further into feelings*)

PWD: The simplicity of the young--of the people.

CP: I like the people too. I like the weather. (*One idea sentences; Partners and Honors PWD by acknowledging and affirming*)

PWD: Yeah.

Discussing a visit to the doctor

CP: So we are going there tomorrow at 2:30. (***one idea sentence; provides information to remind date and time***)

PWD: Is that at Dr. [name of doctor]'s?

CP: Yes.

PWD: Well, that will be nice, because I've called upon him as a patient.

CP: As a patient, yes. (***Picking up on and affirming spouse's comments***)

PWD: Yes and he was very good.

CP: Yes. What did you like about him? (***One idea open-ended question. Invites PWD to share feelings rather than recall specific information***)

PWD: The fact that he seemed sort of not just full of himself, but I think that he's not having difficulty with other people.

CP: OK. Do you like him better than Mr. [name]? (***Facilitates. One idea yes/no question. Gives name to help PWD remember***)

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III. QUESTIONS & COMMENTS



<http://elearningtags.com/lms/6-questions-to-ask-before-choosing-an-lms-capterra-blog/>

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