

Behavioural Support and Transition Units

Ontario Best Practice Collaborative
Exchange

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Welcome

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Overview

1. Collaborative Goals
2. Session Goals
3. Ground Rules
4. Introductions
5. Background
6. Group Discussion
7. Report Back
8. Reflection and Next Steps

Collaborative Goals

- * Learn about existing successes, challenges and person-centred approaches
- * Gather input on significance of these practices (what themes emerge, what do they tell us about what matters?)
- * Develop critical elements for Behavioural Support and Transition Units ('Transition Units')
- * Share critical elements

Session Goals

- * Share ideas about key considerations for Transition Units
- * Think about next steps for 'critical elements'

Suggested Ground Rules

1. Respect others' ideas and suggestions
2. One person speaks at a time
3. Use plain language and avoid jargon/acronyms
4. State points clearly and concisely
5. Honour confidentiality
6. Have fun!

Introductions

- * Name
- * Role(s)
- * One sentence: Interest in topic

Background

- * Behavioural Support and Transition Units
 - * Enhanced short-term support for behaviours
 - * Development of care plan to support return home
 - * Located in a hospital or long-term care home

Background

* Goals of Transition Units:

- To reduce inappropriate length of stay in hospital
- To prevent avoidable emergency room visits and hospitalizations
- To send or return residents to a care home after successful treatment
- To enhance knowledge and expertise of care homes

Background

- * 6 Long-term care specialized Behavioural Support Transition Units (BSTUs) in Ontario
 - * Baycrest, Toronto
 - * Cummer Lodge, Central
 - * Hogarth Manor, North West
 - * Sheridan Villa, Mississauga Halton
 - * Peter D. Clarke, Ottawa
 - * Linhaven, Hamilton
- * Other BSTUs
 - * Quinte, Belleville, South East

Group Discussion

- * Key considerations for:
 - * The journey
 - * Before admission
 - * On admission
 - * During the stay
 - * Going home
 - * Human resources skills mix
 - * Supportive Environment
 - * Continuous improvement and evaluation/sustainability
- * Key considerations may include success factors, challenges, person-centred strategies

Report Back

- * 2 key ideas from your table

Reflection and Next Steps

- * What do you think of what has been discussed so far?
- * How do we make sure the critical elements are shaped by an understanding of lived experience?
- * How do we engage those with Lived Experience even further into this process?
- * What are our next steps / vision for future activities to move best practices on this topic forward?