

# Behavioural Support and Transition Units

Ontario Best Practice Collaborative  
Exchange

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# Welcome

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# Overview

1. Collaborative Goals
2. Session Goals
3. Ground Rules
4. Introductions
5. Background
6. Group Discussion
7. Report Back
8. Reflection and Next Steps

# Collaborative Goals

- \* Learn about existing successes, challenges and person-centred approaches
- \* Gather input on significance of these practices (what themes emerge, what do they tell us about what matters?)
- \* Develop critical elements for Behavioural Support and Transition Units ('Transition Units')
- \* Share critical elements

# Session Goals

- \* Share ideas about key considerations for Transition Units
- \* Think about next steps for 'critical elements'

# Suggested Ground Rules

1. Respect others' ideas and suggestions
2. One person speaks at a time
3. Use plain language and avoid jargon/acronyms
4. State points clearly and concisely
5. Honour confidentiality
6. Have fun!

# Introductions

- \* Name
- \* Role(s)
- \* One sentence: Interest in topic

# Background

- \* Behavioural Support and Transition Units
  - \* Enhanced short-term support for behaviours
  - \* Development of care plan to support return home
  - \* Located in a hospital or long-term care home

# Background

## \* Goals of Transition Units:

- To reduce inappropriate length of stay in hospital
- To prevent avoidable emergency room visits and hospitalizations
- To send or return residents to a care home after successful treatment
- To enhance knowledge and expertise of care homes

# Background

- \* 6 Long-term care specialized Behavioural Support Transition Units (BSTUs) in Ontario
  - \* Baycrest, Toronto
  - \* Cummer Lodge, Central
  - \* Hogarth Manor, North West
  - \* Sheridan Villa, Mississauga Halton
  - \* Peter D. Clarke, Ottawa
  - \* Linhaven, Hamilton
- \* Other BSTUs
  - \* Quinte, Belleville, South East

# Group Discussion

- \* Key considerations for:
  - \* The journey
    - \* Before admission
    - \* On admission
    - \* During the stay
    - \* Going home
  - \* Human resources skills mix
  - \* Supportive Environment
  - \* Continuous improvement and evaluation/sustainability
- \* Key considerations may include success factors, challenges, person-centred strategies

# Report Back

- \* 2 key ideas from your table

# Reflection and Next Steps

- \* What do you think of what has been discussed so far?
- \* How do we make sure the critical elements are shaped by an understanding of lived experience?
- \* How do we engage those with Lived Experience even further into this process?
- \* What are our next steps / vision for future activities to move best practices on this topic forward?