

People, Partners & Possibilities

Transforming dementia care in the community



Existing Resource List

The *People, Partners & Possibilities: Transforming dementia care in the community* event hosted by the Alzheimer Society of Ontario and the Ontario College of Family Physician has this focal question:

What must we do to increase primary care's capacity to respond effectively to the needs of community-dwelling people living with dementia and their care partners along their journey?

To help to begin to understand this, a pre-event survey was sent to people living with dementia and care partners as well as a variety of health and other service providers. People were asked to share resources they find useful so we could build a list that could benefit people from across all sectors and regions.

On the following pages is a representation of what was shared, we acknowledge there may be many more resources and tools and have provided links where possible. This list includes examples of tools, models, services and human resources.

Visit www.akeresourcecentre.org/primarycare for other materials related to primary care and dementia including symposium materials.

Organizations/Networks and Models

Alzheimer Society

<http://www.alzheimer.ca/en/on>

- "10 by 20: Ontario action plan for dementia"
- "The Rising Tide"
- Alzheimer Society staff embedded in the CCAC teams
- Counselling
- Dementia education and awareness
- First Link
- Frontline support for caregivers and persons with dementia
- Guides toolkits, literature
- Medic Alert and Safely Home (wandering registry)
- Minds in Motion
- Public education coordinators
- Support groups
- Visitor programs

(Services and programs are offered in Local Society locations-See link to find your local office):

<http://www.alzheimer.ca/on/postal-code>

Alzheimer Knowledge Exchange/ Canadian Dementia Resource and Knowledge Exchange

<http://www.akeresourcecentre.org/>

- Resources
- Webinars

Baycrest

- Behavioural support to LTC and community

<http://www.baycrest.org/care/care-programs/behavioural-support-for-seniors-program-bssp/>

Behavioural Supports Ontario

<http://www.akeresourcecentre.org/BSO>

CCAC

<http://oaccac.com/>

- Bathing and respite care
- Occupational Therapy services home safety (for persons with dementia and Caregivers)

College of Family Physicians of Canada (Resources and training models)

<http://www.cfpc.ca/Home/>

Family Health Teams

http://www.health.gov.on.ca/en/pro/programs/fht/fht_progress.aspx

Geriatric Assessment and Intervention Network clinics

(In various regions through Local Health Integration Network)

Geriatric psychiatry consultation service

Health Links

<http://www.health.gov.on.ca/en/pro/programs/transformation/community.aspx>

Home for Life (volunteer organization) www.homeforlifesgb.com
Local Dementia Networks http://www.akeresourcecentre.org/DementiaNetworks
Murray Alzheimer Research and Education Program - University of Waterloo (MAREP) https://uwaterloo.ca/murray-alzheimer-research-and-education-program/ <ul style="list-style-type: none"> • By Us, For Us Guides: • Changing Melodies Forum:
Ottawa area physician dementia network http://physicians.champlainedmentianetwork.org/
OTN geriatric and geriatric psychiatry services
Primary care collaborative models
Primary Care Memory Clinics in Ontario <ul style="list-style-type: none"> • Dr. Linda Lee primary care memory clinic model
Reitman Centre http://www.mountsinai.on.ca/care/psych/patient-programs/geriatric-psychiatry/the-reitman-centre-training-institute-for-health-professionals
Regional Geriatric Programs http://rgps.on.ca/
Registered Nurses Association of Ontario http://rnao.ca/ <ul style="list-style-type: none"> • Best Practice Guidelines, Fact Sheets • E-Learning Module http://elearning.rnao.ca/login/index.php
Specialized geriatric services
Tertiary clinics in larger centres
Victorian Order of Nurses – Ontario <ul style="list-style-type: none"> • SMILE program http://www.von.ca/pdf/SMILE%20Program%20Brochure.pdf
<u>Research</u>
Best practices for primary care and dementia i.e. Driving and dementia http://www.akeresourcecentre.org/Driving
<u>Human Resources</u>
A Lead Physician(s) within a region
Community-based geriatric assessment team
Dialogue with Physicians (face to face) on supporting this population
Family Physician
Friends-who supported both of us through the journey
Geriatric Emergency Management Nurses
Gerontologists - hospital based, with teams of supportive and trained members

Local geriatricians
Pharmacists
Private caregivers
Personal Support Workers - private and government funded
Psychogeriatric Resource Consultants http://www.akeresourcecentre.org/PRCs
Primary Care Psychogeriatric Resource Consultants and kit http://www.mountsinai.on.ca/care/psych/patient-programs/geriatric-psychiatry/prc-dementia-resources-for-primary-care/dementia-toolkit-for-primary-care
Volunteers and Coordinators of Volunteers
<u>Other Tools and Training</u>
Canadian Dementia Guidelines for Family Physicians
Care of the Elderly Certification
Comprehensive Memory Assessments with Interdisciplinary Expertise
Dementia Education (CME/non CME)
Dementia Newsletter for Physicians
GiiC toolkit: http://giic.rgps.on.ca/
Kingston Caregiver Stress Scale (KCSS) http://www.providencecare.ca/clinical-tools/Kingston-Scales/Kingston%20Scales/2013-KCSS-Assessment-Form.pdf
Mainpro C workshops http://www.cfpc.ca/mainprocevents/
PC-DATA by Dr. Dallas Seitz http://rgps.on.ca/files/Seitz%20RGP%20Education%20Day%20May1.pdf
Screening tools to identify behavioural issues
<u>Other Services (Community)</u>
Aphasia Institute in Toronto http://www.aphasia.ca/
BestPATH http://www.hqontario.ca/bestpath
Brainfit program http://www.baycrest.org/research/rotman-research-institute/centre-for-brain-fitness/
Cognition screening (assessment and training programs)
Community - cultural groups to increase awareness via family unit
DARTS
Dementia alliance programs in Halton area
Dementia Art programs and Art therapy (some are in collaboration between Alzheimer Society and SPRINT ADP)
Dementia Day Program for daytime caregiver respite

E-consultation services
Elder mediation programming
Holly Blossom Synagogue care giver support program
In home respite
LifeLine
Local initiatives including social workers through Red Cross
Long-term care respite beds for short to medium-term caregiver respite
Meals on Wheels
Memory Cafes for persons with dementia
Nora's House respite
Outreach services
PERCs
Police/EMS education on dementia and cognitive impairment
Primary care offered through Community Health Centre
Residents First
SBSU at Sheridan Villa in Mississauga
Seniors day programming
Sit and Fit programs
Specialized day programs such as "Italian day" and "men's program" are very helpful
The Sunnyside Home Community Alzheimer Program (Kitchener)
WENDAT services