

Respect, Recovery, Resilience

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Objectives

1. Identify implications for seniors
2. Discuss how we can move the agenda forward for seniors with mental health and addictions issues

Agenda

12:05	Setting the Stage
12:10	Goal: Stop stigma and discrimination
12:20	Discussion
12:35	Provide timely, high quality, integrated, person-directed health and other human resources
12:45	Discussion

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Setting the Stage

Mental Health and Addictions All Party and Ministers' Advisory Reports

- Every Door is the Right Door
- Respect, Recovery, Resilience
- All Party Report

Policy Shifts (7 Wholes)

- Whole Population: Broad-based strategy (severe at RISK) community to individual
- Whole Person: treat people, not problem (chronic disease, recovery)
- Whole Life Span
- Whole Family: Relationship contract
- Whole System: Mental health, addictions, broad determinants
- Whole Government
- Whole Society

Mental Health & Addictions Advisory Group: Strategic Direction

- Person and family directed care, self management, peer support
- Prevention
- Early detection; living well with disability (wellness, recovery, harm reduction, trauma informed)
- Healthy communities (stigma, supportive places)
- System that evolves and integrates technology

Respect, Recovery, Resilience: Person-Directed Care

- Better Health

- Quality of life
- Social Inclusiveness
- Focus on prevention

- Better Care

- More people through primary care
- Fewer admission, re-admission
- High quality work force

- Better Value

- Integrated services, early detection
- More people through primary care
- Measurement and monitoring

Transforming Services: Basis for all services

- Focusing on quality improvements
- Making targeted investments
- Leveraging skills and resources
- Building business case for investment
- Taking a phased approach
- Ensuring leadership and accountability

Principles and Approaches for Moving Forward

- Person and caregiver directed care
- Broad population perspective
- Increased emphasis on active participation
 - Informed person working with health care team and living in community
 - The Triad
 - Self help, self management
 - Health promotion
 - Peer support
 - The Models
 - CDPM, wellness, recovery, harm reduction, trauma informed, community focus



**Goal: Stop Stigma and
Discrimination**



Triple Jeopardy

- Ageism, Mental Health & Addiction
- The Many Hidden Faces, the Collective Opportunity



Stigma: Get your own house in order

- Negative Attitudes
 - Failure of diagnosis
 - Lack of treatment, surgical conditions
 - Involving people in decisions
 - Premature placement

Benbow, S. (2000). *Hosp. Medicine*, 6(3)

Reflections

- Old..... 2 words to describe
- Mentally Ill..... 2 words to describe
- Addiction..... 2 words to describe
- Old, Mentally Ill and Substance Misuse..... 2 words to describe

Questions: Stigma

1. What would be your top two priorities to address stigma in an aging population? Think about areas that would have high impact and be easy to implement
2. How can we leverage this report and its directions to address stigma?

**Goal: Provide Timely, High
Quality, Integrated, Person-
Directed Health and Human
Services**



Questions: Integrated Care

1. What would be your top two priorities to improve services for an aging population? Think about areas that would have high impact and be easy to implement
2. How can we leverage this report and its directions to provide timely, high quality, person directed health and human services?