







Increasing Burden of Chronic Disease

"Minimizes the role of the role of the human capacity to cope autonomously with life's ever changing physical, emotional and social challenges and to function with fulfilment and a feeling of wellbeing with a chronic disease or disability."

BMJ 2011;343.d4163

What is health?

"...the ability to adapt and self-manage..." in the face of social, physical and emotional challenges

Source: BMJ 2011;343.d4163

Health System Perspective for Chronic Illness Management

Guidelines – use of explicit plans and protocols

- Practice Design re-organization of practice teams, visits & follow-up system to meet the needs of patients
- **Patient Empowerment** systematic attention to information and behavioural change needs of patients
- **Expert System** increased provider training and decision support through guidelines, interactions with experts and other tools

Information – info systems that support populationbased care and provide reminders and feedback Source: Showstack et al. The Future of Primary Care







Questions Every Community Should Keep Asking about Services for Older Adults (cont.)

- 4) Are long-term care and retirement homes part of the community? (e.g .what are the components of adequate quality of long-term care)
- 5) Is the hospital in the community? (e.g. hospital knowledge about community services (resources) for older adults)

Source: Tom Airie, Nottingham