



National Project

- Advance Care Planning in Canada: National Framework and Implementation
- Is a project of the Canadian Hospice Palliative Care Association
- In its third year
- Overseen by a national Task Group – interprofessional and representing many jurisdictions



June 6, 2011

Advance Care Planning in Canada

National Task Group ACP Experts/Communications experts Alberta Health Services - Calgary Area Canadian Bar Association Canadian Cancer Society Canadian Hospice Palliative Care Association Canadian Lung Association Canadian Medical Association • CNA: Palliative Care Nurses Interest Group Canadian Society of Palliative Care Physicians • CARENET • College of Family Physicians of Canada Fraser Health, British Columbia • Funders: The GlaxoSmithKline Foundation and Speak Up The Canadian Partnership Against Cancer Advance Care Planning in Canada Slide 4 June 6, 2011

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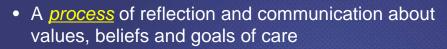




Advance Care Planning: Definition

Advance Care Planning (ACP) is a process of reflection and communication. It is a time when a person (who is capable) reflects on their values and wishes, and lets others know their future health and personal care preferences in the event that they become incapable of consenting to or refusing treatment or other care.

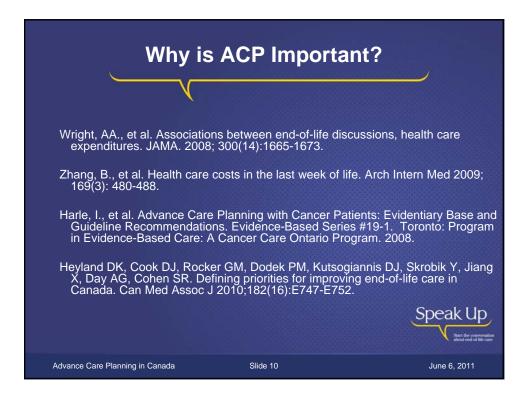




- A <u>process</u> of planning for a time when a person cannot make their own medical decisions
- A <u>process</u> that involves discussions with healthcare professionals and significant others
- A <u>process</u> that may result in an advance directive







Why is ACP Important?

Individuals who engage in advance care

planning and/or appointed a substitute decision maker:

- Are much more likely to have their end-of-life wishes known and followed
- Have family members who had significantly less stress and depression
- Are more satisfied, as were their families and substitute decision makers
- Have fewer life-sustaining procedures and lower rates of intensive care unit (ICU) admissions
- Have a better quality of life and death

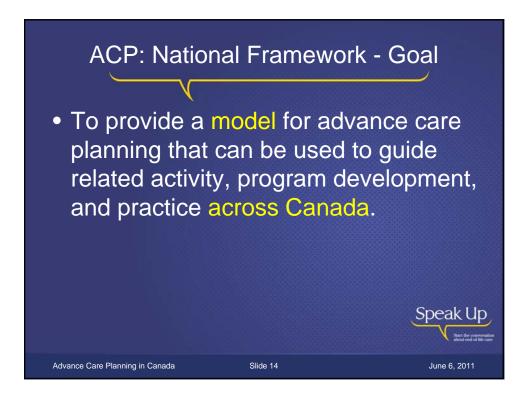


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Have less costly care in last weeks of life
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ACP Framework: Overview

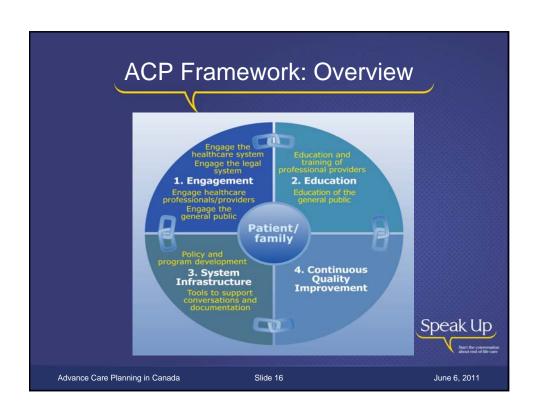
The National Framework for advance care planning in Canada is based on a model that features the patient and family at its centre, and is composed of four basic building blocks—engagement; education; system infrastructure; and continuous quality improvement.

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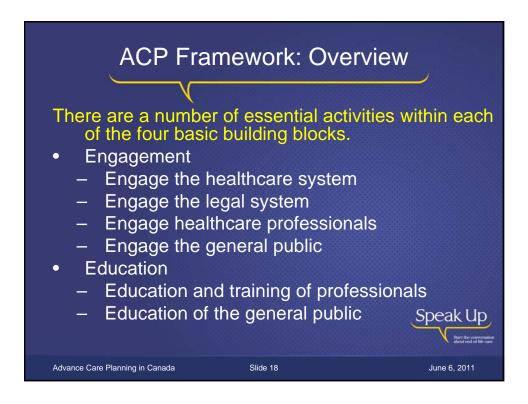
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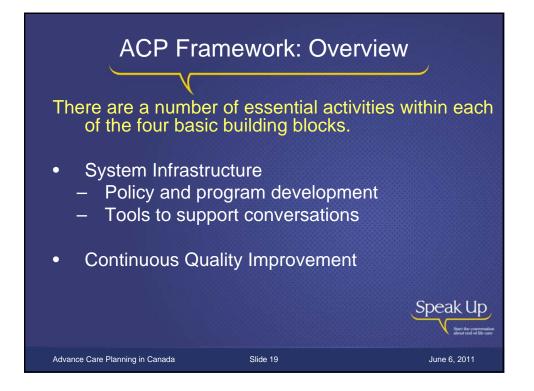
Speak Up

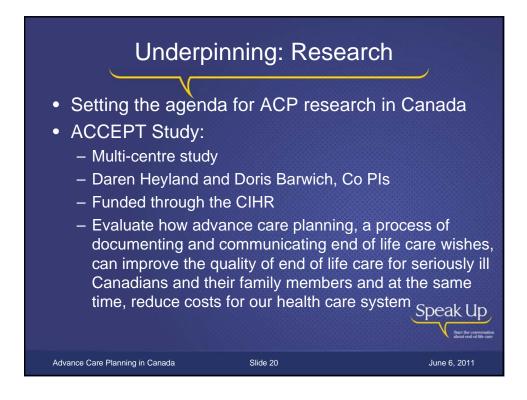
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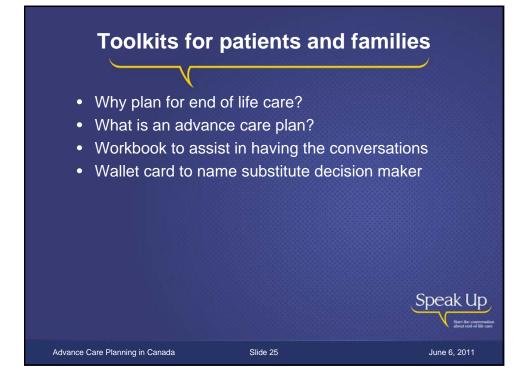










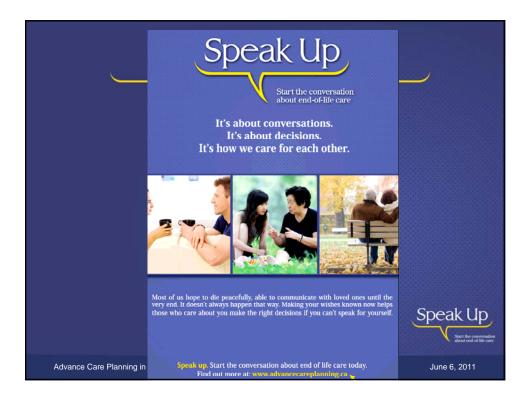




Toolkits for agencies – get involved!

- · Campaign kit
- Templates for posters, ads, news releases
- Bookmarks
- Wallet cards
- Broadcast PSA script
- FAQs on advance care planning
- Articles for newsletters or websites





Toolkits for Professionals

- About advance care planning
- Tools to get the conversation going
- Tools to facilitate advance care planning

Speak Up

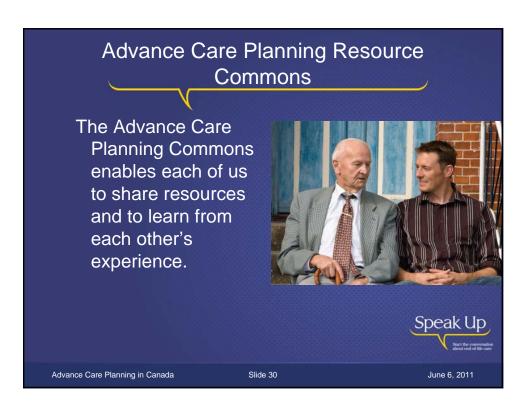
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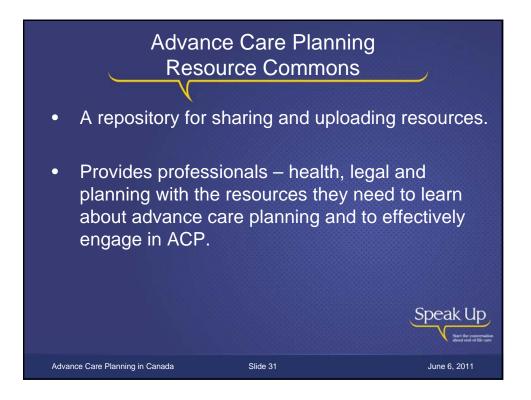
• Resources in different jurisdictions

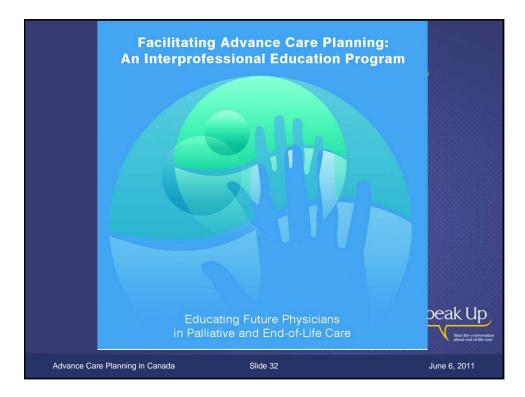
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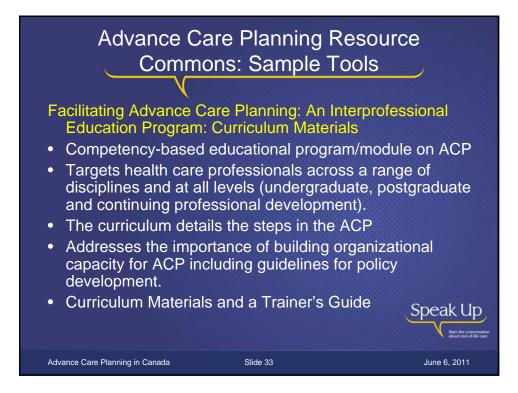
• References/research materials

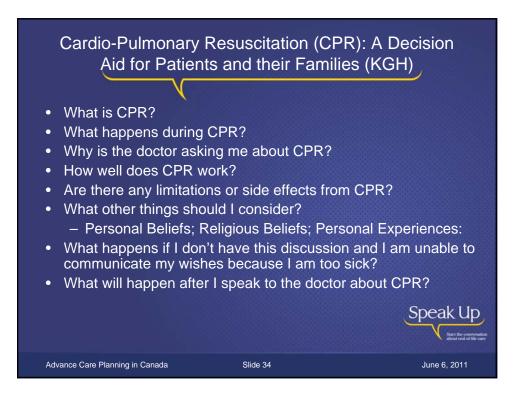
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Start the conversation about end-of-life care

It's about a conversation. It's about choices. It's how we care for each other.

www.advancecareplanning.ca