Evidence Informed Communication Strategies For Family Members Of Persons With Alzheimer's Disease

TRACED
Training in Communication Enhancement for Dementia

JEFF SMALL, PHD, UNIVERSITY OF BRITISH COLUMBIA
JOANN PERRY, PHD, UNIVERSITY OF BRITISH COLUMBIA
SUSAN LANE, MD CCFP (COE), NORTH EAST SPECIALIZED GERIATRIC CENTRE & NORTHERN ONTARIO SCHOOL OF MEDICINE

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OUTLINE OF PRESENTATION

I. Development of an evidence-based educational animation

II. TRACED
   A. Development
   B. Goals & Strategies

III. Questions and Comments

OBJECTIVES

1. To appreciate how research knowledge can be creatively communicated through whiteboard animation
2. To describe the process involved in developing an evidence-based communication training program
3. To take away ideas for using TRACED strategies and principles in your everyday communication
I. WHITEBOARD ANIMATION VIDEO

- Alzheimer’s Society of Ontario
- North East Specialized Geriatric Centre
- Thinklink Graphics team: Erica Bota, Disa Kauk, Robin Frigeri and David Schmidt
- Scott Yaphe
- Peter Keleghan
- Gordon Pinsent, CD LLD
- Braedon Garret
I. WHITEBOARD ANIMATION VIDEO

- College of Family Physicians of Canada Research and Education Foundation
- Jo-Anne Clarke, MD FRCPC
- J.B. Orange, PhD, Reg. CASLPO, SLP (c)
- Adam Day, PhD
KNOWLEDGE TRANSLATION

A dynamic and iterative process that includes synthesis, dissemination, exchange and ethically-sound application of knowledge to improve the health of Canadians, provide more effective health services and products and strengthen the health care system.

Canadian Institute for Health Research, http://www.cihr-irsc.gc.ca/e/29418.html
www.drsusanlane.com

Alzheimer’s Society of Ontario Video Library:
http://www.alzheimer.ca/en/on/We-can-help/Resources/Video-library
VIDEO

MAINTAINING the CONNECTION

COMMUNICATION TIPS for FAMILY MEMBERS of PERSONS with ALZHEIMER'S DISEASE
II. TRACED
Training in Communication Enhancement for Dementia

A. Development

Dr. JoAnn Perry (Nursing)

• Research on relational or “connecting” communication strategies

Dr. Jeff Small (Communication Sciences & Disorders)

• Research on cognitive-linguistic or “compensatory” communication strategies
Enhancing Relational Space for Families

Context

Relational Space
Key Strategies: Connecting, Compensating

Primary Family Caregiver

Family Member with Dementia
Communication

Sender

Receiver

Message (Verbal)

Message (Nonverbal)

Goals, Expectations, Attitudes

Context

Goals, Expectations, Attitudes

Relational Space
Communication is an interpersonal collaboration toward meeting mutually reinforcing personal goals*

• Information giving/receiving ("What")
• Interpersonal sensitivity ("How")
• Partnership building ("Why")

B. Goals and Strategies

TRACED Goals—To help family members

1) Become aware of their knowledge and skills around communication
2) Develop new knowledge and skills in using compensatory and connecting strategies in their everyday communication

How can we help caregivers bring about changes in their communication habits?

Compensatory Strategies help reduce the information processing demands on the person with dementia

Connecting Strategies affirm the person’s abilities, acknowledge a need for meaningful communication, and support the expression of self in everyday interactions.
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Examples of Strategies in Use

Reminiscing about a Trip

CP: What part of Australia did you really like the best? (*Partners and Invites. One idea open-ended question that doesn’t require recall of specific facts*)

PWD: Coast.

CP: The coast? That was the drive you mean? The drive that we took? (*One idea sentence. Facilitates by picking up and building on “coast”*)

PWD: Yeah.

CP: When we had the car? (*Partnering. One idea question, continues to build on “The drive”; No abrupt topic shift*)

PWD: Mmm hmm.

CP: Yeah, we drove from Cairns to… Brisbane, I think. (*One idea sentence*)

PWD: Yeah.

CP: Yeah. Stops along the way. (*Partnering in a way that includes PWD in story*)

PWD: ( )
Reminiscing about a Trip, cont’d

CP: Yeah. Nice country.

PWD: ((laughs)) Yeah.

CP: You like it? (One idea yes-no question that Invites PWD to share feelings)

PWD: Oh yeah. (>)

CP: What’d you really like about it? (One idea open-ended question that probes further into feelings)

PWD: The simplicity of the young--of the people.

CP: I like the people too. I like the weather. (One idea sentences; Partners and Honors PWD by acknowledging and affirming)

PWD: Yeah.
Discussing a visit to the doctor

CP: So we are going there tomorrow at 2:30. (*one idea sentence; provides information to remind date and time*)

PWD: Is that at Dr. [name of doctor]’s?

CP: Yes.

PWD: Well, that will be nice, because I’ve called upon him as a patient.

CP: As a patient, yes. (*Picking up on and affirming spouse’s comments*)

PWD: Yes and he was very good.

CP: Yes. What did you like about him? (*One idea open-ended question. Invites PWD to share feelings rather than recall specific information*)

PWD: The fact that he seemed sort of not just full of himself, but I think that he’s not having difficulty with other people.

CP: OK. Do you like him better than Mr. [name]? (*Facilitates. One idea yes/no question. Gives name to help PWD remember*)
ACKNOWLEDGEMENTS

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III. QUESTIONS & COMMENTS

http://elearningtags.com/lms/6-questions-to-ask-before-choosing-an-lms-capterra-blog/
CONTACT

• Jeff Small, PhD, Associate Professor, School of Audiology and Speech Sciences, University of British Columbia, 2177 Wesbrook Mall, Vancouver, BC V6T 1Z3. Email: jeffs@audiospeech.ubc.ca

• Jo Ann Perry, PhD, Associate Professor Emerita, UBC School of Nursing, T201 2211 Wesbrook Mall, Vancouver, BC V6T 2B5.

• Susan Lane, MD CCFP (CoE), Assistant Professor at the Northern Ontario School of Medicine, North East Specialized Geriatric Centre, 960D Notre Dame Avenue, Sudbury, ON P3A2T4. Email: info@drsuslanlane.com.
REFERENCES


RELATED COMMUNICATION TRAINING PROGRAMS, OTHER LITERATURE [Acronyms in brackets]


