

VISION:

A society where all persons with dementia and their partners in care live meaningful lives across the progression of the illness through active personal and community engagement.

GUIDING PRINCIPLES:

A Relationship-Based Approach: The level of care of people with dementia is affected by the interactions of at least three parties—the person with dementia, their families and other partners in care, and service providers.

Ethical Principle of “Do No Harm”, where harm includes neglect, undue restraint and paternalism (overprotectiveness).

Citizenry Rights include the right to: autonomy and self-determination; interdependence; full engagement in life; and respect and dignity.

Respect for Diversity and Inclusiveness of all kinds and in all settings.

Fairness in Eligibility and Accessibility, where services are based on the real and changing needs of the person with dementia and their families.

Accountability to optimize quality of life for people with dementia and their families by all of society, by government, by service providers and by individuals.

Some Dementia Facts

Age is the greatest risk factor for Alzheimer’s disease – the most common form of dementia.

More than 160,000 in Ontario have dementia today, and that number will spike over the next five years.

Almost two-thirds of people with dementia are women.



Alzheimer Society
ONTARIO

Alzheimer Knowledge Exchange

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PLANNING FOR PEOPLE WITH ALZHEIMER’S DISEASE AND RELATED DEMENTIAS:

A GUIDE FOR COMMUNITY SERVICES

With the aging population, the number of people with dementia is rising rapidly. Most will live at home and use local services.

Are you ready?

Based on:

An Alzheimer’s Disease and Related Dementias (ADRD) Planning Framework (2006), and Toolkit to accompany the ADRD Planning Framework (2007)

Developed by Ontario’s Roundtable on Future Planning for People Affected by Alzheimer Disease and Related Dementias

Available from the Alzheimer Knowledge Exchange
www.akeontario.org

THREE PLANNING PILLARS

CREATING AN INFORMED SOCIETY

Do you incorporate awareness of dementia and dementia care into your:

- formal planning (e.g. strategic plan, service plan, media plan)?
- everyday activities and job descriptions?

Are you aware of the resources and services available in your community to support people with dementia and their families?

Do you enable people in your organization to have basic knowledge of and training in interacting with people with dementia and their families?

Do you share information about dementia and dementia care with others in the community?

Are you able to provide information about your services to people with dementia and their families regardless of their language, religion, ethnicity, culture, sexuality or place of residence?

CREATING ENABLING AND SUPPORTIVE ENVIRONMENTS

What can you do to maximize physically supportive surroundings for people with dementia, e.g. in the:

- physical accommodation, layout and sensory environment of their homes and community service centres (e.g. adult day programs, supportive housing, libraries, waiting rooms)?
- ability of people with dementia to remain involved in their community (e.g. signage, access to buildings, dementia-friendly transportation, family public washrooms)?

Do you treat people with dementia with respect and dignity? Do you accept their preferences?

Are your programs and services responsive to the needs of people with dementia and their families?

Do you provide workplace supports for employees who:

- have early stage dementia?
- are caregivers of people with dementia?

CREATING PERSONAL, SOCIAL AND SYSTEM CONNECTEDNESS

What can you do to enable people with dementia and their families to participate in social and spiritual activities in the community?

Do you work with representatives of people with diverse backgrounds in developing appropriate programs and services for people with dementia?

Do you provide opportunities for people with dementia and their families to give input into the planning and delivery of your services?

Do you have strong partnerships with other service providers in your community? Do you work together to:

- identify and minimize service gaps for people with dementia and their families?
- advocate to government and the LHINs for policy and funding changes that may be needed to provide these services?

HELPFUL RESOURCES

on the Alzheimer Knowledge Exchange www.akeontario.org

ADRD Planning Framework and accompanying **Toolkit**.

Alzheimer Society of Canada — www.alzheimer.ca

Dementia Networks — local networks and champions that facilitate people and resources coming together to improve dementia care and services.

First Link — linking those newly diagnosed with dementia and their families with local supports and resources. http://alzheimerott.org/first_link/index.htm

Murray Alzheimer Research and Education Program (MAREP) — www.marep.uwaterloo.ca

P.I.E.C.E.S. — Training for those working in long-term care homes, CCACs and contracted agencies of CCACs. www.piecescanada.com

Psychogeriatric Resource Consultants

Public Education Coordinators, at Alzheimer Society of Ontario chapters

Seniors Health Research Transfer Network (SHRTN) — Links caregivers, researchers and policy makers involved in community and long-term care for seniors www.shrtn.on.ca

U-First! — Education program for supervisors and frontline workers. www.u-first.ca