



Substance Misuse Among Older Adults: An Overview of Psychosocial Interventions to Help Your Clients

AN ONLINE WORKSHOP FOR HEALTHCARE & OTHER PROFESSIONALS

When: Mon January 9th to Sun February 5th, 2017 (4 weeks)

ONLINE weekly at your discretion

Cost: \$240 (Students \$120) Registration Deadline: January 2nd, 2017

This workshop will be offered only if there is sufficient enrolment. Register online at www.aging.utoronto.ca

Course Objectives:

- Become familiar with differential approaches for concurrent disorders
- Be able to screen for addictions in older adults
- Develop skills to recognize types of addictions in older adults
- Be able to use geriatric, addiction-specific assessment tools

Outline:

Week 1: Addictions Overview

- Types of addictions in geriatric populations
- Stigma and barriers to treatment
- Rationale for specialized treatment
- Principles of harm reduction

Week 2: Assessment - How to ask the questions no one wants to ask

- Screening
- Assessment
- Geriatric specific tools

Week 3: Theory and Practice

- Stages of *Change Model*
- How to work with the pre-contemplative patient
- Counselling techniques

Week 4: Harm Reduction and Treatment Approaches with Special Subgroups

- Alcohol induced dementia
- Acquired brain injury
- Co-occurring mental health and addictions

Instructor: Marilyn White-Campbell, B.A., Dip. Grt

Marilyn is a geriatric addiction specialist and a Canadian Pioneer in the field of addictions treatment for older adults. As clinician and educator and researcher for over twenty five years, Marilyn works with concurrent disordered older adults in the community and in long term care. She is currently on Secondment to the Wellington Waterloo LHIN to build capacity in geriatric addictions in collaboration with COPA, CMHA Specialized Geriatric Services and SJHC Guelph Behavioral support team. She is Co-author of *Addictions Treatment for Older Adults*, she has presented nationally and internationally on the treatment of older adults with substance use disorders, and is the recipient of the Ontario Psychogeriatric Award of Excellence in 2011, nominated for the Service Awards for Geriatric Excellence (SAGE) in the category of Executive Senior Leadership Achievement in 2015 and for Team excellence in 2016.. She is the founder of the COPA College © program, a group based model of care and co-author of two physician pocket guides for the treatment of substance use disorders in the elderly.