

OTN Geriatric Addiction Rounds

The Canadian Guidelines for Benzodiazepine Receptor Agonist (BZRA) Use Disorders Among Older Adults: A Case Based Approach



Keynote – Dr. Christopher Kitamura, MD, FRCPC

Dr. Christopher Kitamura is a staff geriatric psychiatrist at Baycrest Health Sciences. He is a lecturer in the Division of Geriatric Psychiatry at the University of Toronto. He is a working group member in the creation of the Canadian Guidelines for Benzodiazepine Receptor Agonist Use Disorders Among Older Adults. He is involved in research to optimize the use of benzodiazepine receptor agonists in long-term care. Dr. Kitamura's academic interests include late life addictions, optimal medication use, and has presented nationally and internationally in the area of sleep disorders in older adults. His other clinical interests include cognitive behaviour therapy and the integration of telemedicine in clinical care and education.

Learning Objectives:

1. Review BZRAs and appropriate use.
2. Review recommendations for preventing, assessing, and treating BZRA use disorders among older adults.
3. Apply the recommendations to common case vignettes.

WHEN: December 17th 2019, Noon — 1pm

WHERE: Via OTN & Webcast (*live & archived*)

OTN INFO: OTN Event #151407075

WEBCAST: Available at <http://webcast.otn.ca/mywebcast?id=151407075>

WHO SHOULD ATTEND: Addiction Counsellors and Outreach Workers, IGSW's, SGS, Social Workers, RN's, GEM's, NP's, BSO/CRBT, PRC's, LHIN Care Coordinators, Family Physicians, Hospitals, and Long Term Care Homes.

OPTIONS FOR REGISTRATION:

1. Connect with your organization's OTN Coordinator and provide them with this event ID: #151407075
2. Call OTN directly at **1-855-654-0888** and ask their customer service representative to set you up. They need to know YOUR OTN camera number and the Event ID
3. Connect LIVE on the day of the session via webcasting: <http://webcast.otn.ca/mywebcast?id=151407075> (Note: You **MUST** have Silverlight on your personal computer in order to view live)
4. View the event later via ARCHIVED Webcast on the OTN website



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