



## Join our next provincial TYPED LIVE CHAT!

The Provincial Behavioural Supports Ontario Lived Experience Network Advisory invites you to join us for a TYPED LIVE CHAT to discuss how to connect in a meaningful way during the holiday season. In the context of Behavioural Supports Ontario, Lived Experience refers to being an older adult living with dementia, mental illness, substance use and/or other neurological disorder or being a care partner of someone living with one or more of the above conditions.

**When:** Wednesday December 14 2016, 6:30pm - 8:00pm

**Where:** On the Dementia Crossroads Lived Experience Café  
website: <http://dementiacrossroads.ca/chat.php>

## Share your feedback!

**"What are the ways that you create meaningful engagement around the holidays when supporting someone living with dementia or mental illness?"**

- a) How have your holiday traditions changed/been modified to meet current needs?
- b) What are some practical tips and strategies that you've found to be successful (e.g. reduced size and length of time with family gatherings etc.)?
- c) What are some of your key lessons learned and most valued supports during this time?

**To learn more about the Behavioural Supports Ontario Lived Experience Network Advisory, please contact Sharon Osvald:**

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Behavioural Supports Ontario  
Soutien en cas de troubles du comportement en Ontario



**Ontario**  
Ministry of  
HEALTH AND  
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