The Lived Experienced Café dementia crossroads.ca



Join our next provincial TYPED LIVE CHAT!

The Provincial Behavioural Supports Ontario Lived Experience Advisory invites you to join us for a TYPED LIVE CHAT to discuss some of the best ways to deal with social isolation and safety issues that older adults face during the winter months in Ontario. We look forward to hearing your feedback. If you cannot attend the chat, you can email your observations to sosvald@alzking.com

Share your feedback!

"Living in Ontario, many older adults find the winter months difficult. The cold weather, darkness, ice and snow can result in isolation, changes in mood and safety concerns.

For our February Provincial live chat, we would like you to share your tips and tricks for staying active and positively engaged in meaningful activities in the winter months. Come prepared to share your suggestions and what has worked for you."

When: Wednesday, February 20, 2019, 7:00pm - 8:30pm

Where: On the Dementia Crossroads Lived Experience Café

website: http://dementiacrossroads.ca/chat.php

To learn more about the Behavioural Supports Ontario Lived Experience Advisory, please contact Sharon Osvald:

Email: sharon.osvald@nbrhc.on.ca Phone: 613-475-9943



